

WINTER/SPRING MENU 2019/20



**Meat Free
Monday**

**Traditional
Tuesday**

**World Food
Wednesday**

**Thursday
Favourites**

**Fish
Friday**

Vegetarian Quiche
Vegetarian Risotto
Jacket Potato Selection
Sliced Baguette
Diced Potatoes
Garden Peas
Raspberry Sorbet with
Seasonal Fruit

Baked Sausages, Yorkshire
Pudding & Gravy
Quorn Strips & Salad in
a Tortilla Boat
Jacket Potato Selection
Mashed Potatoes
Carrots & Swede
Shortbread Bite & Fruit

Marinated Chicken Naan
Loaded Mac n Cheese
Sandwich Selection
Crusty Bread
Mini Corn on the Cob
Jelly & Fruit

Homemade Lamb Curry
Veggie Chilli con Carne
Sandwich Selection
Brown Rice
Beetroot & Carrots
Melon Boat

Birds Eye Gluten Free
Fish Fingers
Quorn Burger in a Bun
Pasta & Sauce
Chips
Garden Peas
Seasonal Fruit Sponge
with Custard

Week 2

Homemade Pizza Slices
Vegeballs in Sauce
Jacket Potato Selection
Baked Jacket Wedges
Mini Corn on the Cob
Dessert Whip with Fruit

Traditional Lancashire Hotpot
Cauliflower & Broccoli
Cheese Bake
Pasta & Sauce
Sliced Baguette
Sweetcorn Salsa
Cheese & Crackers with
Carrot & Cucumber Sticks

Spaghetti Bolognese
Vegetarian Sausage Roll
& Tomato Sauce
Sandwich Selection
Garlic Bread
Mashed Potatoes
Carrots
Oat Crunchie with Fruit Slices

Roast Dinner with
all the Trimmings
Mediterranean Quorn
Sandwich Selection
Roast & Mashed Potatoes
Broccoli
Fruity Frozen Yoghurt

Seaside Salmon
All in One Veggie Rice
Jacket Potato Selection
Baked Jacket Wedges
Garden Peas
Seasonal Fruit Crumble
with Custard

Week 3

Homemade Pizza Slices
Mediterranean Pasta Bake
Jacket Potato Selection
Diced Potatoes
Tomato Bread
Mixed Vegetables
Peach Melba

Roast Dinner with
all the Trimmings
Hot Filled Tortilla Boat
Sandwich Selection
Roast & Mashed Potatoes
Cabbage & Carrots
Cheese & Crackers with
Carrot & Cucumber Sticks

Homemade Chicken Pie
Cheese & Bean Enchilada
Sandwich Selection
Crusty Baguette
Green Beans
Parsnip & Apple Cake
with Custard

Baked Sausages & Gravy
Cheese & Potato Quesadilla
Pasta & Sauce
Baked Jacket Wedges
Sweetcorn
Fruit Salad with Fruity
Frozen Yoghurt

Tempura Fish
Quorn Dippers
Jacket Potato Selection
Chips
Garden Peas
Homemade Muffin

The Fresh Fayre Gang - making your school dinners taste great!