

## EYFS PSED/HeartSmart/British Values Overview – EYFS (Reception)

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<b>Christian Values – Compassion and Love</b>	love to do together  Activity PSED - MR	family is different  Activity PSED – MR	we can show we care  Activity PSED - MFB		when we offer our help  Activity PSED - MR	community for their help  Activity PSED - SC	British Value – Mutual Respect
<b>Other Events</b>	<b>Personal Hygiene &amp; Handwashing (Ongoing), Safer Internet Day, Children's Mental Health Week</b>						
Don't Rub It In, Rub It Out (I Am A Good Friend)  <b>Christian Values – Forgiveness and Love</b>	<b>Super Friends</b> Discussing what makes a super friend  Activity PSED - MR	<b>Musical Friends</b> Game to show the importance of including others  Game PSED - MR	<b>Listening Ears</b> Game to encourage children to listen to one another  Game PSED – MFB	<b>Soft words, hard words</b> Thinking about the types of words we use and how they make others feel Activity PSED – MR	<b>If I met the Scrapman</b> Being kind to others even when their behaviour is unkind Activity PSED - MR	<b>Grumpy Frog Story</b> Exploring saying sorry through story  Story PSED - MFB	Living Together and Getting Along       British Value – Rule of Law
<b>Other Events</b>	<b>Personal Hygiene &amp; Handwashing (Ongoing), Sun Safety, Dental Health, Healthy Eating</b>						
Fake Is A Mistake (I Tell The Truth)  <b>Christian Values – Faith and Love</b>	<b>Boris and the Scrapman's lies</b> Children to differentiate between lies and truth  Activity PSED - MFB	<b>Cheer up Boris!</b> Write or draw a postcard for Boris using kind and encouraging words  Activity PSED - MFB	<b>How Rabbit got his long ears</b> Story to explore the importance of telling the truth  Activity PSED - MR	<b>Hat Game</b> Pretending to be someone else is fun but being me is better  Activity PSED – SC/SA	<b>Thankful Heart</b> Circle time to think about what the children are thankful for  Circle Time PSED – SC/SA	<b>Tell me about you</b> Sharing and celebrating differences in our homes and families Show & Tell PSED – SC/SA	We All Have A Voice       British Value - Democracy
<b>Other Events</b>	<b>Personal Hygiene &amp; Handwashing (Ongoing),</b>						
No Way Through, Isn't True (I Can Do It!)  <b>Christian Values – Hope and Love</b>	<b>Boris in the kitchen</b> Considering how we can move forward from mistakes we make	<b>I can challenge</b> Series of challenges for children to practise and complete	<b>Stuck!</b> Circle time to consider what to do when the children are stuck	<b>When I grow up</b> Game and discussion around what children want to do when they grow up	<b>Magnetic Maze</b> Activity to demonstrate persevering to find a way through	<b>Changing Caterpillars</b> Considering change through the life cycle of the caterpillar	



Unit	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7	Living In The Wider World (Inc British Values)
Get Heartsmart (Meet Boris)  <b>Christian Values – Thankfulness and Love</b>	<b>Get HeartSmart</b> Introduction to HeartSmart  HS Film R&HE – CF3, MW1 PSHE – H2, R2	<b>Power</b> How we can use our power in positive and negative ways  Activity R&HE – CF3, CF5 PSHE – R2, R12	<b>Feelings Bingo</b> Understanding our emotions  Game R&HE – PSHE –	<b>What goes in, Must come out – Worms!</b> What we put in our hearts is what comes out  Activity R&HE – MW1 PSHE – H2	<b>Guess Who?</b> Who we are grateful for in our class and why  Game R&HE – CF1, CF2 PSHE – R9	<b>Healthy Choices</b> Helping Boris make good choices to keep healthy  Game R&HE – MW1, PH1 PSHE –	<b>Get HeartSmart reflection</b> Circle time – What we have learned about Get HeartSmart Worksheet R&HE – CF3, MW1 PSHE – R2, P4	<b>Living In The Wider World – Lesson 1</b> What are class rules? (BV)
<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), Bi-annual Dogs Trust, Dog Safety, European School Sports Day, Nasal flu spray, R-Y6 Height & Weight Screening, Y1 – All About Me, JED World of Work							
Don't forget To Let Love In (I Am Special)  <b>Christian Values – Respect and Love</b>	<b>Don't forget to let love in</b> Introduction to the 1 <sup>st</sup> HeartSmart principle  HS Film R&HE – RR4, MW1 PSHE – R1, R4	<b>Pants!</b> Learning about appropriate and innapropriate contact  Worksheet R&HE – BS3, BS4 PSHE – R10	<b>Truth or Lies</b> Differentiating between truths and lies about us  Activity R&HE – MW1 PSHE – H3	<b>Would you rather?</b> Game of preference  Game R&HE – CF3 PSHE – L8	<b>Marshmallow test</b> Learning that there is a choice in spending and saving  Activity R&HE – NA PSHE – L7	<b>Taking care of me</b> Ways to take care of ourselves everyday  Activity R&HE – HP4, HP5 PSHE – H1, H6, H7, H11	<b>Don't forget to let love in reflection</b> Circle time – What we have learned about Don't forget to let love in Worksheet R&HE – RR4, MW1 PSHE – H4, R1	<b>Living in the Wider World – Lesson 2</b> Where does our money come from?

<b>Other Events</b>	<b>Personal Hygiene &amp; Handwashing (Ongoing), UK Parliament Week, Ethos Day, Anti Bullying Week, Road Safety Week, Local Charity for Christmas Support, Children in Need, Y1 – All About Me, JED World of Work</b>							
<p>Too Much Selfie Isn't Healthy (I Love Others)</p> <p><b>Christian Values – Compassion and Love</b></p>	<p><b>Too much selfie isn't healthy!</b> Introduction to the 2<sup>nd</sup> HeartSmart principle</p> <p>HS Film R&amp;HE – CF2, CF3 PSHE – R1, R2</p>	<p><b>Who's missing?</b> Developing an awareness of our surroundings and the people around us</p> <p>Activity R&amp;HE – CF1 PSHE – L4</p>	<p><b>The smartest giant in town</b> How can we help others? How have others helped us?</p> <p>Story R&amp;HE – CF2, CF3 PSHE – L1</p>	<p><b>Who looks after me</b> Who looks after us? How can we show them our appreciation?</p> <p>Activity R&amp;HE – F1, F2, F4 PSHE – H13</p>	<p><b>Teamwork – Monsters University</b> Working as a team to reach an end goal</p> <p>Film Clip R&amp;HE – CF2 PSHE – L3</p>	<p><b>Helping Boris</b> Discussing simple rules to help keep us safe online</p> <p>Worksheet R&amp;HE – OR2, OR3, ISH1 PSHE – H12</p>	<p><b>Too much selfie isn't healthy reflection</b> Circle time – What we have learned about Too much selfie isn't healthy</p> <p>Worksheet R&amp;HE – CF2, CF3 PSHE – R1, R2</p>	<p><b>Living Together and Getting Along (My role and the role of others in society)</b> <b>British Value – Rule of Law</b></p> <p><b>Living In The Wider World – Lesson 3 What is the environment?</b></p>
<b>Other Events</b>	<b>Personal Hygiene &amp; Handwashing (Ongoing), Safer Internet Day, Children's Mental Health Week, JED World of Work</b>							
<p>Don't Rub It In, Rub It Out (I Am A Good Friend)</p> <p><b>Christian Values – Forgiveness and Love</b></p>	<p><b>Don't rub it in, rub it out</b> Introduction to the 3<sup>rd</sup> HeartSmart principle</p> <p>HS Film R&amp;HE – CF4, RR2</p>	<p><b>Goldilocks and Baby Bear</b> Thinking about the motive behind our behaviour, how our behaviour affects others and how to make amends</p> <p>Activity R&amp;HE – RR1, CF5</p>	<p><b>Forgiveness Fizz</b> Discussion around how forgiveness can help hard situations disappear</p> <p>Activity R&amp;HE – CF4 PSHE – R1</p>	<p><b>Chalk Faces</b> Different ways we can handle negative emotion effectively</p> <p>Activity R&amp;HE – MW2, MW3, MW4</p>	<p><b>Disappointed Robots</b> Exploring different ways to handle disappointment</p> <p>Activity R&amp;HE – MW3 PSHE – H3, H4</p>	<p><b>Builders and Wreckers</b> How the words we use can build others up or knock them down</p> <p>Activity R&amp;HE – MW8, RR6</p>	<p><b>Don't rub it in, rub it out reflection</b> Circle time – What have we learned about Don't rub it out, rub it in?</p> <p>Worksheet R&amp;HE – CF4, RR2</p>	<p><b>Making it Fair</b> <b>British Value - Democracy</b></p>

	PSHE – H2	PSHE –R2, R4		PSHE – R6, R7		PSHE – R11, R14	PSHE – H2	
<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), National School's Autism Awareness Week, IMatter Keeping Safe Resources, JED World of Work							
Fake Is A Mistake (I Tell The Truth)  <b>Christian Values – Faith and Love</b>	<b>Fake is a mistake</b> Introduction to the 4 <sup>th</sup> HeartSmart principle  HS Film R&HE – CF2 PSHE – R1	<b>The best me</b> Being yourself is the best you, you can be  Activity R&HE – NA PSHE – L8	<b>Don't hide what's inside!</b> Don't hide your true thoughts and feelings  Activity R&HE – CF3, F4 PSHE – R1, R5	<b>Mask Making</b> Thinking about who we can trust to talk to when we are sad or mad  Activity R&HE – CF5, BS6, BS7, BS8 PSHE –H13, H4	<b>Telephone Whispers</b> How small lies can have a big impact  Game R&HE – CF2 PSHE – R4, R2	<b>Smile!</b> Looking at the importance of good oral hygiene and dental health  Worksheet R&HE – HP4 PSHE – H1	<b>Fake is a mistake</b> reflection Circle time – What we have learned about Fake is a mistake! Worksheet R&HE – CF2 PSHE – R1	<b>Only One You</b> <b>British Value – Individual Liberty</b>
<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), Sun Safety, Dental Health, Healthy Eating, IMatter Relationships and Sex Education Resources Y1-6, JED World of Work							
No Way Through, Isn't True (I Can Do It!)  <b>Christian Values – Hope and Love</b>	<b>No way through isn't true!</b> Introduction to the final HeartSmart principle  HS Film R&HE – MW2 PSHE – H3, H4	<b>Mission Possible</b> Learning from our experiences and trying again  Activity R&HE – MW4 PSHE – H3, R7	<b>Tummy Talk</b> Trusting our instincts. Good secrets v bad secrets  Activity R&HE – BS5, BS6 PSHE – R3, H15	<b>Seeds of potential</b> There is potential in us all  Activity R&HE – RR1 PSHE – L1, L4, H9	<b>Hearts that dream</b> Creating Dreamboards to capture our hopes and dreams  Activity R&HE – MW6 PSHE – H2	<b>Love a lot, Miss a lot</b> Circle time and activity around people, animals and things we have lost Worksheet R&HE – MW2, MW3, MW9 PSHE – H5, R1	<b>No way through isn't true reflection</b> Circle time – What we have learned  Worksheet R&HE – MW1 PSHE – H3, H4	<b>Everyone is Special</b> <b>British Value – Mutual Respect and Tolerance</b>

Other Events	Personal Hygiene & Handwashing (Ongoing), Enterprise, Transition to New Classes, JED World of Work
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Unit	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7	Living in the Wider World (inc British Values)
Get Heartsmart  <b>Christian Values – Thankfulness and Love</b>	<b>Get HeartSmart</b> Introduction to HeartSmart  HS Film R&HE – CF3, MW1 PSHE – H2, R2	<b>Power Plus</b> Describing how we can use our power in positive and negative ways  Activity R&HE – CF3 PSHE – L1	<b>Heart Decisions</b> Considering the reputations we would like to have  Activity R&HE – CF2, MW4 PSHE – H2	<b>Bright Hearts</b> What is in our hearts, is played out in our words and actions  Activity R&HE – MW3, MW4 PSHE – H2	<b>Love Map</b> Identifying special people and how they show us love  Worksheet R&HE – F1, F3 PSHE – R9	<b>Boris Face Plate</b> Creating a robot face from healthy food  Activity R&HE – HE2, HE3 PSHE – H1	<b>Get HeartSmart reflection</b> Circle Time – What we have learned about Get HeartSmart Worksheet R&HE – CF3, MW1 PSHE – R2, R4	
<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), Bi-annual Dogs Trust, Dog Safety, European School Sports Day, Nasal flu spray, R-Y6 Height & Weight Screening, JED World of Work							
Don't forget To Let Love In  <b>Christian Values – Respect and Love</b>	<b>Don't forget to let love in</b> Introduction to the 1 <sup>st</sup> HeartSmart principle  HS Film R&HE – RR4, MW1 PSHE – R1, R4	<b>I am cubes</b> Recognising and celebrating our strengths and ways in which we are all unique  Worksheet R&HE – RR4 PSHE – H3	<b>Trash or truth</b> Learning to differentiate between the truths and lies that we hear or speak about ourselves Activity R&HE – RR4, RR5 PSHE – L3	<b>Meaning of my name</b> Writing an acrostic poem for your name by selecting words that describe you  Activity R&HE – NA PSHE – L8	<b>Boundin</b> Discussion around how being thankful for what we have, changes our attitude  Film Clip R&HE – MW6 PSHE – H3	<b>Heartbeat</b> Noting the difference in our heart rate after physical activity. Loving ourselves means looking after ourselves Activity R&HE – PH1, PH2, PH3 PSHE – H1	<b>Don't forget to let love in reflection</b> Circle time – What we have learned about Don't forget to let love in!  Worksheet R&HE – RR4, MW1 PSHE – H4, R1	Living Together and Getting Along (What are the rules?) British Values – Rule of Law and Democracy



<b>Other Events</b>	<b>Personal Hygiene &amp; Handwashing (Ongoing), UK Parliament Week, Ethos Day, Anti Bullying Week, Road Safety Week, Local Charity for Christmas Support, Children in Need, JED World of Work</b>							
<p>Too Much Selfie Isn't Healthy (I Love Others)</p> <p><b>Christian Values – Compassion and Love</b></p>	<p><b>Too much selfie isn't healthy!</b> Introduction to the 2<sup>nd</sup> HeartSmart principle</p> <p>HS Film R&amp;HE – CF2, CF3 PSHE – R1, R2</p>	<p><b>Spot the difference</b> Be aware of surroundings and the people around you</p> <p>Activity R&amp;HE – CF1 PSHE – L4</p>	<p><b>Secret Kindness Agents</b> Looking for opportunities to do something kind for others</p> <p>Activity R&amp;HE – CF3, RR2 PSHE – R4</p>	<p><b>Everyday heroes</b> Thinking about people who look after us in our community</p> <p>Activity R&amp;HE – RR1, RR5, BS8 PSHE – L10</p>	<p><b>We all fit together</b> Looking at how we are the same and how we are different</p> <p>Activity R&amp;HE – RR1, RR5 PSHE – L9, R8</p>	<p><b>HeartSmart on the playground, HeartSmart Online</b> Rules for keeping safe online</p> <p>Worksheet R&amp;HE – OR2, OR3, OR5, ISH7 PSHE – H12, H14, H15</p>	<p><b>Too much selfie isn't healthy Reflection</b> Circle time – What we have learned about too much selfie isn't healthy! Worksheet R&amp;HE – CF2, CF3 PSHE – R1, R2</p>	<p><b>Making it Fair</b> <b>British Value – Democracy and Rule of Law</b></p> <p><b>Living in the Wider World – lesson 1 What groups and communities am I part of?</b></p>
<b>Other Events</b>	<b>Personal Hygiene &amp; Handwashing (Ongoing), Safer Internet Day, Children's Mental Health Week, JED World of Work</b>							
<p>Don't Rub It In, Rub It Out (I Am A Good Friend)</p> <p><b>Christian Values – Forgiveness and Love</b></p>	<p><b>Don't rub it in, Rub it out!</b> Introduction to the 3<sup>rd</sup> HeartSmart principle</p> <p>HS Film R&amp;HE – CF4, RR2 PSHE – H2</p>	<p><b>That's what friends are for (Shrek)</b> Saying sorry and offering forgiveness between friends Film Clip R&amp;HE – CF4 PSHE – R6</p>	<p><b>Balloon Spoons</b> Demonstrating how holding onto unforgiveness can make us feel</p> <p>Activity R&amp;HE – MW3, MW4 PSHE – H4</p>	<p><b>Let the ouch out</b> Reflecting on helpful ways to deal with hurt</p> <p>Worksheet R&amp;HE – MW7, MW9 PSHE – H4, H5</p>	<p><b>Traffic Lights</b> Ways to handle negative emotion</p> <p>Activity R&amp;HE – MW3, MW9 PSHE – H4, H13</p>	<p><b>Crumpled Hearts</b> Demonstrating the consequences of teasing or bullying</p> <p>Activity R&amp;HE – MMW8, RR6, BS7 PSHE – R13, R14</p>	<p><b>Don't rub it in, Rub it out Reflection</b> Circle Time – What we have learned about Don't Rub it in, Rub it out! Worksheet R&amp;HE – CF1, CF2, CF3, CF4 &amp; CF5 PSHE – H2</p>	<p><b>My Many Coloured Day</b> <b>British Values – Individual Liberty</b></p>

<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), National School's Autism Awareness Week, IMatter Keeping Safe Resources Y1-6, JED World of Work							
<p>Fake Is A Mistake (I Tell The Truth)</p> <p><b>Christian Values – Faith and Love</b></p>	<p><b>Fake is a Mistake!</b> Introduction to the 4<sup>th</sup> HeartSmart Principle</p> <p>HS Film R&amp;HE – CF2 PSHE – R1</p>	<p><b>Grains of Sand</b> There never has and never will be another one of me</p> <p>Activity R&amp;HE – NA PSHE – L8</p>	<p><b>The truth about me</b> Not all the thoughts we have about ourselves are true</p> <p>Discussion R&amp;HE – MW1, MW4 PSHE – R4, R12</p>	<p><b>Real is a big deal</b> Discussing how different emotions feel</p> <p>Worksheet R&amp;HE – MW2, MW3 PSHE – H4, R1</p>	<p><b>Nice to meet you!</b> Looking at ways to be polite when meeting others</p> <p>Game R&amp;HE – RR3 PSHE – R8</p>	<p><b>Sun Safe!</b> Thinking of ways to stay safe in the sun</p> <p>Activity R&amp;HE – HP2 PSHE – H1</p>	<p><b>Fake is a Mistake Reflection</b> Circle time – What we have learned about Fake is a Mistake! Worksheet R&amp;HE – CF2 PSHE – R1</p>	<p>Living in the Wider World – lesson 2 How do we make choices about spending money?</p>
<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), Sun Safety, Dental Health, Healthy Eating, IMatter Relationships and Sex Education resources Y1 – Y6, JED World of Work							
<p>No Way Through, Isn't True (I Can Do It!)</p> <p><b>Christian Values – Hope and Love</b></p>	<p><b>'No way through isn't true'</b> Introduction to the final HeartSmart principle</p> <p>HS Film R&amp;HE – MW2 PSHE – H3, H4</p>	<p><b>Road Signs</b> Finding alternative solutions to problems</p> <p>Activity R&amp;HE – MW2 PSHE – H3</p>	<p><b>Ways to say</b> Looking at seemingly impossible situations in different ways</p> <p>Activity R&amp;HE – MW2, MW4 PSHE – H4</p>	<p><b>Rainbows from rain</b> Overcoming challenges and difficulties</p> <p>Activity R&amp;HE – MW2, MW4 PSHE – H3</p>	<p><b>Imagine a bright future</b> Imagining 'What if...' in a positive way</p> <p>Activity R&amp;HE – MW1 PSHE – H1, H2</p>	<p><b>Energy Detectives</b> Looking for signs of energy and thinking about ways to conserve it</p> <p>Activity R&amp;HE – NA PSHE – L1, L5</p>	<p><b>'No way through isn't true' Reflection</b> Circle time – What we have learned about 'No way through' isn't true! Worksheet R&amp;HE – MW2 PSHE – H3, H4</p>	<p>Welcome to Our Class British Values – Mutual respect, tolerance and diversity</p> <p>Living in the Wider World – lesson 3 How can we look after the environment?</p>

Other Events	Personal Hygiene & Handwashing (Ongoing), Enterprise, Transition to New Classes, JED World of Work
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Get Heartsmart (Meet Boris)  <b>Christian Values – Thankfulness and Love</b>	<b>Get HeartSmart</b> Introduction to HeartSmart  HS Film R&HE – CF1, CF3, MW1 PSHE – H2, R2	<b>Batteries</b> Looking at ways we can be positive (kind) and negative (unkind) to one another Activity R&HE – CF1, CF2 PSHE – R2	<b>Inside Out</b> Recalling memories and associating a feeling with them  Film Clip R&HE – MW3, MW4 PSHE – H7	<b>Guard your Heart</b> Thinking about the things we need to guard our hearts from Game R&HE – CF5 PSHE – R3	<b>My Squad</b> Listing the people in our lives we are grateful for  Worksheet R&HE – F1, CF1 PSHE – R4	<b>Full or empty?</b> Thinking of the benefits of living a healthy lifestyle  Worksheet R&HE – PH1, PH3, PH4	<b>Get HeartSmart reflection</b> What we have learned about Get HeartSmart!  Worksheet R&HE – CF3, MW1 PSHE – H1, R2	<a href="#">Democracy for All – Lesson 1 + Lesson 2</a> <a href="#">British Values – Rule of Law and Democracy</a>  <a href="#">Living in the Wider World – lesson 1</a> <a href="#">How do rules and laws protect me?</a>
<b>Other Events</b>	<b>Personal Hygiene &amp; Handwashing (Ongoing), Bi-annual Dogs Trust, Dog Safety, European School Sports Day, Nasal flu spray, R-Y6 Height &amp; Weight Screening, JED World of Work</b>							
Don't forget To Let Love In (I Am Special)  <b>Christian Values – Respect and Love</b>	<b>Don't forget to let love in!</b> Introduction to the first HeartSmart principle  HS Film R&HE – RR4, MW1 PSHE – H1, R2	<b>Wear it with pride</b> Learning to accept the encouragement given to us by others  Activity R&HE – CF1, CF3 PSHE – L8	<b>Love is...</b> Considering what love is and what it isn't  Worksheet R&HE – F6, CF2, CF5 PSHE – L4	<b>Moana</b> Comparing 'Te Fiti' before and after she 'let love in'  Film Clip R&HE – MW2, MW4, MW7 PSHE – R1	<b>Growing gratitude</b> Listing things we are grateful for and why  Activity R&HE – RR3 PSHE – H1	<b>Love yourself</b> Making good choices to keep our hearts healthy  Activity R&HE – HE1, HE2 PSHE – H1, H3	<b>Don't forget to let love in Reflection</b> What we have learned about Don't forget to let love in!  Worksheet R&HE – RR4, MW1 PSHE – H1, H7	<a href="#">Free to be me – Lesson 1</a> <a href="#">British Value – Individual Liberty</a>

<b>Other Events</b>	<b>Personal Hygiene &amp; Handwashing (Ongoing), UK Parliament Week, Ethos Day, Anti Bullying Week, Road Safety Week, Local Charity for Christmas Support, Children in Need, JED World of Work</b>							
<p>Too Much Selfie Isn't Healthy (I Love Others)</p> <p><b>Christian Values – Compassion and Love</b></p>	<p><b>Too much selfie isn't healthy</b></p> <p>Introduction to the 2<sup>nd</sup> HeartSmart principle</p> <p>HS Film R&amp;HE – CF2, CF3 PSHE – R1, R2</p>	<p><b>Flip your phone</b></p> <p>How can you be #unselfie and doing something kind for others?</p> <p>Worksheet R&amp;HE – CF3, RR2 PSHE – R7</p>	<p><b>What's your emergency</b></p> <p>How to respond in an emergency</p> <p>Activity R&amp;HE – BFA1 PSHE – H15</p>	<p><b>Elizabeth Everest</b></p> <p>Honouring others for their kindness</p> <p>Activity R&amp;HE – RR5 PSHE – R7</p>	<p><b>No man is an island</b></p> <p>Working together, listening to one another and respecting other's views</p> <p>Game R&amp;HE – CF2, CF3 PSHE – L8</p>	<p><b>Padlocked Privacy</b></p> <p>Discussing why it is important to keep personal information private</p> <p>Worksheet R&amp;HE – OR3, OR5 PSHE – H22</p>	<p><b>Too much selfie isn't healthy Reflection</b></p> <p>What have we learned about Too much selfie isn't healthy!</p> <p>Worksheet R&amp;HE – CF2, CF3 PSHE – R1, R2</p>	<p><b>Welcoming New People (Something Else) – Lesson 1 + 2</b></p> <p><b>British Value – Mutual Tolerance and Respect for Diversity</b></p>
<b>Other Events</b>	<b>Personal Hygiene &amp; Handwashing (Ongoing), Safer Internet Day, Children's Mental Health Week, Domestic Abuse Programme, JED World of Work</b>							
<p>Don't Rub It In, Rub It Out (I Am A Good Friend)</p> <p><b>Christian Values – Forgiveness and Love</b></p>	<p><b>Don't rub it in, Rub it out</b></p> <p>Introduction to the 3<sup>rd</sup> HeartSmart principle</p> <p>HS Film R&amp;HE – CF4, RR2 PSHE – H1</p>	<p><b>Magic Water</b></p> <p>Demonstrating the effects of saying sorry</p> <p>Discussion R&amp;HE – CF4, CF5, RR3 PSHE – R7, R12</p>	<p><b>Play it out</b></p> <p>Considering different ways to respond to scenarios</p> <p>Worksheet R&amp;HE – CF4 PSHE – R2</p>	<p><b>Balloon Blast</b></p> <p>Demonstrating the benefits of letting go of hurt</p> <p>Activity R&amp;HE – CF4, MW2 PSHE – R12</p>	<p><b>Marble Jar</b></p> <p>Discussion around how trust is built and betrayed</p> <p>Film Clip R&amp;HE – CF2, CF5 PSHE – R3</p>	<p><b>Who am I?</b></p> <p>Recognising and challenging stereotypes</p> <p>Worksheet R&amp;HE – RR7 PSHE – R16</p>	<p><b>Don't rub it in, Rub it out reflection</b></p> <p>What we have learned about Don't rub it in, Rub it out!</p> <p>R&amp;HE – CF4, RR2 PSHE – H1, H7</p>	<p><b>Living in the Wider World – lesson 2 What is the difference between my local British communities and global communities?</b></p>

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Unit	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7	Living in the Wider World (inc British Values)
Get Heartsmart (Meet Boris)  <b>Christian Values – Thankfulness and Love</b>	<b>Get HeartSmart</b> Introduction to HeartSmart  HS Film R&HE – CF1, CF3, MW1 PSHE – H2, R2	<b>Words have Power</b> Demonstrating consequences of the words we use about ourselves and others  Activity R&HE – MW8, RR5, RR6 PSHE – R7	<b>Reap what you sow</b> Suggesting ways we can grow a desired characteristic e.g kindness  Activity R&HE – CF2 PSHE – R11	<b>Wily wolf</b> Thinking about and discussing how we know who we can trust  Discussion R&HE – BS1, BS5 PSHE – R21, H23	<b>Family Recipe</b> Thinking about the characteristics that make a healthy family life  Activity R&HE – F2 PSHE – R4	<b>Healthy Minds</b> Recognising what positively and negatively affects our mental health  Worksheet R&HE – MW1, MW10 PSHE – H1, H14	<b>Get HeartSmart reflection</b> What we have learned about Get HeartSmart  Worksheet R&HE – CF1, CF3, MW1 PSHE – H1, R2	<a href="#">Democracy for All – Lesson 1 + Lesson 2</a> <a href="#">British Values – Rule of Law and Democracy</a>
<b>Other Events</b>	<b>Personal Hygiene &amp; Handwashing (Ongoing), Bi-annual Dogs Trust, Dog Safety, European School Sports Day, Nasal flu spray, R-Y6 Height &amp; Weight Screening, JED World of Work</b>							
Don't forget To Let Love In (I Am Special)  <b>Christian Values – Respect and Love</b>	<b>Don't forget to let love in!</b> Introduction to the first HeartSmart principle  HS Film R&HE – RR4, MW1	<b>Heart to heart</b> Looking at ways we feel loved  Activity R&HE – F1, F3, F4	<b>Brilliant me ball</b> Celebrating our strengths and achievements  Activity R&HE – RR4 PSHE – H5	<b>One in a million</b> Comparing measurement to determine our uniqueness  Activity R&HE – NA PSHE – H5	<b>Don't agree with I don't like me</b> Highlighting things about our bodies we are grateful for  Activity R&HE – MW4 PSHE – H1	<b>Hands Up!</b> Creating a catchy rhyme/song or rap to remind others about the importance of hand washing Activity R&HE – HP5 PSHE – H12	<b>Don't forget to let love in reflection</b> What we have learned about Don't forget to let love in!  Worksheet R&HE – RR4, MW1	<a href="#">Campaign to support the crayons – Lesson 1 + 2</a> <a href="#">British Value - Democracy</a>

	PSHE – H1, R2	PSHE – R2					PSHE – H1, H7	
<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), UK Parliament Week, Ethos Day, Anti Bullying Week, Road Safety Week, Local Charity for Christmas Support, Children in Need, JED World of Work, Domestic Abuse Programme							
Too Much Selfie Isn't Healthy (I Love Others)  <b>Christian Values – Compassion and Love</b>	<b>Too much selfie isn't healthy!</b> Introduction to the 2 <sup>nd</sup> HeartSmart principle  HS Film R&HE – CF2, CF3 PSHE – R1, R2	<b>What's missing?</b> Being aware of surroundings and people around you  Game R&HE – CF1 PSHE – L7, H23	<b>Guess my feelings</b> Suggesting how someone is feeling based on their facial expressions and body language  Activity R&HE – MW2, MW3 PSHE – R1	<b>Unseen heroes</b> Thinking about and thanking the unseen heroes of our local community  Activity R&HE – RR5, BS8 PSHE – H23	<b>Teamwork makes the dream work!</b> Recognising that we sometimes need help from others and working together to achieve a shared goal Game R&HE – CF2, CF3 PSHE – R11, R12	<b>True Smartphone</b> Developing an awareness of ways to use mobile phones and tablets responsibly  Worksheet R&HE – ISH2, ISH7 PSHE – H24	<b>Too much selfie isn't healthy Reflection</b> What we have learned about Too much selfie isn't healthy!  R&HE – PSHE –	Living in the Wider World – lesson 1 What are the rights of the child?  Living in the Wider World – lesson 2 How do we look after our money?
<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), Safer Internet Day, Children's Mental Health Week, JED World of Work							
Don't Rub It In, Rub It Out (I Am A Good Friend)  <b>Christian Values – Forgiveness and Love</b>	<b>Don't rub it in, Rub it out</b> Introduction to the 3 <sup>rd</sup> HeartSmart principle  HS Film R&HE – CF4, RR2	<b>Saying sorry</b> Discussing ways to fix broken friendships  Discussion R&HE – CF4, CF5, RR3	<b>Pass through the pain barrier</b> Discussing what forgiveness is and the value of forgiving others Discussion R&HE – CF4, MW3	<b>Good stress, bad stress</b> Talking about different types of stress and ways to manage negative stress Activity R&HE – MW5, MW9	<b>Boundaries</b> Learning about personal boundaries  Discussion R&HE – RR8, BS1	<b>Be Kind online</b> Recognising and dealing with online abuse  Worksheet R&HE – ISH1, ISH5, ISH7	<b>Don't rub it in, rub it out</b> What we have learned in Don't rub it in, Rub it out  Worksheet R&HE – CF4, RR2	Free to be Me – Lesson 2 & 3 British Value – Individual Liberty  Living in the Wider World – Lesson 3 What is sustainability?



	PSHE – H1	PSHE – R12	PSHE – H1	PSHE – H6	PSHE – R21	PSHE – R18	PSHE – H1, H7	
<b>Other Events</b>	<b>Personal Hygiene &amp; Handwashing (Ongoing), National School's Autism Awareness Week, IMatter Keeping Safe Resources Y1-6, JED World of Work</b>							
Fake Is A Mistake (I Tell The Truth)  <b>Christian Values – Faith and Love</b>	<b>Fake is a mistake!</b> Introduction to the 4 <sup>th</sup> HeartSmart principle  HS Film R&HE – CF2 PSHE – H1	<b>Human BEings not DOings</b> Celebrating one another for who we are not what we do  Activity R&HE – RR1, CF3 PSHE – H1, H5	<b>Voice of Love</b> Who speaks into our lives and are they using the voice of love?  Worksheet R&HE – F2, CF3 PSHE – H1, R10	<b>Speak Truth</b> Having the courage to tell the truth isn't always easy  Story R&HE – CF5 PSHE – R2, H13	<b>Dare to be different</b> When dares are fun and when they are not. Thinking of ways to say no to dares Activity R&HE – RR8, BS1, BS5 PSHE – R15, H10	<b>Risky Business</b> Learning the facts and risks associated with smoking  Activity R&HE – DAT1 PSHE – H17	<b>Fake is a mistake reflection</b> What we have learned about Fake is a mistake  Worksheet R&HE – CF2 PSHE – R2	<b>We Are Britain – Lesson 3 – 7 British Values – Mutual Tolerance and Respect for Diversity</b>
<b>Other Events</b>	<b>Personal Hygiene &amp; Handwashing (Ongoing), Sun Safety, Dental Health, Healthy Eating, IMatter Relationships and Sex Education resources Y1-Y6</b>							
No Way Through, Isn't True (I Can Do It!)  <b>Christian Values – Hope and Love</b>	<b>'No way through' isn't true</b> Introduction to the final HeartSmart principle  HS Film R&HE – MW2 PSHE – H6, H7	<b>Endurance Expedition</b> Thinking about the skills and attitudes needed to meet a challenge  Activity R&HE – MW3, MW4 PSHE – H7	<b>Habits – help or hinder?</b> Considering the habits we need to develop or change to reach our goals  Worksheet R&HE – MW4, MW5 PSHE – H16	<b>Just keep swimming</b> How to persevere and hold onto hope  Film Clip R&HE – MW3, MW4 PSHE – H7, R2	<b>Dreamers</b> Dreaming of the future  Activity R&HE – NA PSHE – H5	<b>Changing me!</b> Key facts about the changes that take place in puberty between 9 - 11  Worksheet R&HE – CAB1 PSHE – H8, H13	<b>'No way through' isn't true</b> What we have learned about 'No way through' isn't true  Worksheet R&HE – MW2 PSHE – H6, H7	<b>Encouraging Difference (Giraffes can't Dance) Lesson 2 &amp; (Happy Feet) Lesson 3 British Values – Respect for Diversity, Individual Liberty</b>

Other Events	Personal Hygiene & Handwashing (Ongoing), Enterprise, Transition to New Classes, JED World of Work
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Unit	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7	Living in the Wider World (inc British Values)
Get Heartsmart (Meet Boris)  <b>Christian Values – Thankfulness and Love</b>	<b>Get HeartSmart</b> Introduction to HeartSmart  HS Film R&HE – CF1, CF3, MW1 PSHE – H2, R2	<b>Boss v Leader</b> Considering how powerful people lead others  Activity R&HE – RR1, BS4 PSHE – L6	<b>Lion Heart</b> Describing the heart reputation we would like  Activity R&HE – CF2, RR1 PSHE – H5	<b>Watch what you watch watch</b> Discussing how to know what we should and shouldn't watch Worksheet R&HE – ISH2, ISH4 PSHE – H2	<b>Letter of thanks</b> Writing letters of thanks to people who support and encourage us  Activity R&HE – F1, F2, F4 PSHE – R4	<b>Sleep Well</b> Thinking about the importance of good quality sleep for health  Discussion R&HE – HP3 PSHE – H2	<b>Get HeartSmart reflection</b> What we have learned about Get HeartSmart  Worksheet R&HE – CF1, CF3, MW1 PSHE – H1, R2	<a href="#">People Equal Poem/Performing the poem – Lesson 1</a>  <a href="#">Exploring the meaning of equality using the People Equal Poem – Lesson 2</a>  <a href="#">British Values – Mutual tolerance and respect for diversity</a>
<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), Bi-annual Dogs Trust, Dog Safety, European School Sports Day, Nasal flu spray, R-Y6 Height & Weight Screening, JED World of Work, Bikeability,							
Don't forget To Let Love In (I Am Special)  <b>Christian Values – Respect and Love</b>	<b>Don't forget to let love in!</b> Introduction to the 1 <sup>st</sup> HeartSmart principle	<b>Gunner</b> Making the connection between Gunner's story and don't forget to let love in!	<b>Make the right voice choice</b> Considering the way the words we listen to about ourselves make us feel	<b>Under pressure</b> Thinking about diff. sources of pressure, including from our friends,	<b>Allocating Resources</b> Recognising that resources can be allocated in different ways and these	<b>Help!</b> Who to go to for help and how to keep asking until help is given	<b>Don't forget to let love in Reflection</b> What we have learned in Don't forget to let love in!	<a href="#">Living in the Wider World – lesson 1 How and why do we make and change rules?</a>

	HS Film R&HE – RR4, MW1 PSHE – H1, R2	Activity R&HE – CF2 PSHE – R11	Activity R&HE – F6, CF5, MW1 PSHE – H1	and ways we can respond Activity R&HE – BS5, BS8 PSHE – H13, H14	choices affect others Activity R&HE – NA PSHE – L15	Activity R&HE – BS6, BS7, BS8 PSHE – H23	Worksheet R&HE – RR4, MW1 PSHE – H1, H7	
<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), UK Parliament Week, Ethos Day, Anti Bullying Week, Road Safety Week, Local Charity for Christmas Support, Children in Need, JED World of Work, Domestic Abuse Programme							
Too Much Selfie Isn't Healthy (I Love Others)  <b>Christian Values – Compassion and Love</b>	<b>Too much selfie isn't healthy!</b> Introduction to the 2 <sup>nd</sup> HeartSmart principle  HS Film R&HE – CF2, CF3 PSHE – R1, R2	<b>When I'm feeling lonely...</b> What we can do when we feel lonely  Activity R&HE – MW7, OR4 PSHE – H1	<b>Read my lips</b> Listening to what others say  Game R&HE – RR1, RR2 PSHE – R10	<b>Honour</b> Thinking of people who deserve honour and suggesting ways to honour them  Activity R&HE – RR5 PSHE – L9, L11	<b>Great Groups</b> To investigate the purpose and role of different groups (inc. pressure groups)  Activity R&HE – NA PSHE – L10	<b>Be aware what you share</b> Developing an awareness of what you should and shouldn't share online Activity R&HE – OR1, OR4, ISH3 PSHE – H25	<b>Too much selfie isn't healthy Reflection</b> What we have learned about Too much selfie isn't healthy! Worksheet R&HE – CF2, CF3 PSHE – R1, R2	<b>Individual Liberty – Lesson 1 and Individual Liberty (Supporting other peoples' liberty) Lesson 2</b>  <b>British Value – Individual Liberty</b>
<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), Safer Internet Day, Children's Mental Health Week, JED World of Work							
Don't Rub It In, Rub It Out (I Am A Good Friend)  <b>Christian Values –</b>	<b>Don't rub it in, Rub it out!</b> Introduction to the 3 <sup>rd</sup> HeartSmart principle	<b>Different perspective</b> Developing simple strategies to resolve conflict	<b>Nelson Mandela</b> Describing what Nelson Mandela's life teaches us about forgiveness	<b>Emotions don't drive!</b> How to handle our emotions	<b>I did not I am</b> Discussing how we respond to our own mistakes	<b>Bully Busting</b> Recognising bullying in all its forms and thinking about strategies to deal with bullying	<b>Don't rub it in, Rub it out Reflection</b> What we have learned about Don't rub it in, Rub it out!	<b>Democracy for All – Lesson 1</b> <b>British Value – Democracy</b>

<b>Forgiveness and Love</b>	HS Film R&HE – CF4, RR2 PSHE – H1	Activity R&HE – CF4, RR2 PSHE – R7, R12, L8	Discussion R&HE – MW1 PSHE – R2	Activity R&HE – MW2, MW3 PSHE – H6	Discussion R&HE – MW3 PSHE – H1	Worksheet R&HE – RR6, MW8 PSHE – R18	Worksheet R&HE – CF4, RR2 PSHE – H1, H7	
<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), National School's Autism Awareness Week, IMatter Keeping Safe Resources Y1-6, JED World of Work							
Fake Is A Mistake (I Tell The Truth)  <b>Christian Values – Faith and Love</b>	<b>Fake is a mistake!</b> Introduction to the 4 <sup>th</sup> HeartSmart principle  HS Film R&HE – CF2 PSHE – R2	<b>Time to get real</b> How images we see online and in the media don't always represent reality  Discussion R&HE – OR1, OR4, ISH6 PSHE – H4, L17, L18	<b>No need to hide what's inside</b> Exploring how shame can make us want to hide how we really feel  Activity R&HE – CF3, MW2, MW3 PSHE – H7, H14, R9	<b>Soft shells</b> Knowing who we can trust to be vulnerable and open with  Film Clip R&HE – CF2, BS1, BS8 PSHE – R2, R21	<b>Hearts that welcome feedback</b> How feedback can help us grow  Activity R&HE – CF1, CF3 PSHE – R1, R7, R12	<b>Decisions, Decisions!</b> Finding out about the risks associated with alcohol for young people  Activity R&HE – DAT1 PSHE – H17	<b>Fake is a mistake Reflection</b> What we have learned about Fake is a mistake!  Worksheet R&HE – CF2 PSHE – R2	<b>Rules and Laws – Lesson 1 British Value – Rule of Law</b>
<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), Sun Safety, Dental Health, Healthy Eating, IMatter Relationships and Sex Education Y1-6, JED World of Work, Y5&Y6 – Changing Adolescent Bodies Sessions with school nurse							
No Way Through, Isn't True (I Can Do It!)	<b>'No way through' isn't true</b> Introduction to the final Heart Smart principle	<b>Egg in the flask</b> Demonstrating that 'No way through' isn't true	<b>Success isn't always what you see</b> How the successes we achieve on the inside can	<b>Hope Light</b> Looking at the power of Hope and how it can keep us going	<b>Period Relay</b> Key facts about the menstrual cycle	<b>What am I?</b> How to look after ourselves during puberty	<b>'No way through' isn't true Reflection</b> What we have learned about 'No way	<b>Living in the Wider World – lesson 2 What is fair trade?</b>  <b>Living in the Wider World –</b>

PSED/HeartSmart/British Values Overview – Year Five

<b>Christian Values – Hope and Love</b>	HS Film R&HE – MW2 PSHE – H6, H7	Activity R&HE – MW4 PSHE – H7	often be greater than those seen on the outside Worksheet R&HE – MW4 PSHE – H1, H5	Activity R&HE – MW1, MW4 PSHE – H1, H5	Worksheet R&HE – CAB2 PSHE – H13	Game R&HE – CAB1, CAB2 PSHE – H13	through’ isn’t true!  Worksheet R&HE – MW2 PSHE – H6, H7	<b>Lesson 3 How can I combine sustainability with fair trade using my enterprise skills?</b>
<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), Enterprise, Transition to New Classes, Happy Being Me – Body Image work, Y5 & Y6 NSPCC Programme (Biannual after SATS) Relationships education, JED World of Work							

Unit	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7	Living in the Wider World (inc British Values)
Get Heartsmart (Meet Boris)  <b>Christian Values – Thankfulness and Love</b>	<b>Get HeartSmart</b> Introduction to HeartSmart  HS Film R&HE – CF1, CF3, MW1 PSHE – H2, R2	<b>Powerful Poses</b> Demonstrate that our body language can be used to help us feel more powerful Activity R&HE – RR4, MW6 PSHE – H6	<b>Stone trainers</b> Comparing our hearts to trainers – how do we keep our hearts soft but strong  Worksheet R&HE – MW1, MW3, MW4 PSHE – H1	<b>Secret Scenarios</b> Recognising when it is right to keep a secret and when a secret should be shared Discussion R&HE – BS2, BS5 PSHE – R9, H14	<b>Tying the knot</b> Recognising the importance of commitment in marriage  Activity R&HE – F5 PSHE – R5	<b>Healthy food, healthy heart</b> Learning about the Eatwell plate and how to plan a healthy meal  Activity R&HE – HE2 PSHE – H3	<b>Get HeartSmart reflection</b> What we have learned about Get HeartSmart  Worksheet R&HE – CF1, CF3, MW1 PSHE – H1, R2	<a href="#">Democracy for All – Lesson 2</a> <a href="#">British Value – Democracy</a>
<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), Bi-annual Dogs Trust, Dog Safety, European School Sports Day, Nasal flu spray, R-Y6 Height & Weight Screening, Bonfire Safety – Fire Service Visit, JED World of Work							
Don't forget To Let Love In (I Am Special)  <b>Christian Values – Respect and Love</b>	<b>Don't forget to let love in</b> Introduction to the 1 <sup>st</sup> HeartSmart principle  HS Film	<b>What are you worth?</b> Working out what we are worth  Activity R&HE – RR4	<b>People say I am</b> Encouraging one another with kind and positive words & accepting the words spoken about us  Activity R&HE – CF3	<b>Thumbs up</b> Recalling significant events and people in our lives so far  Activity	<b>Gratitude Jar</b> Thinking of the things we are grateful for each week  Activity R&HE – MW1	<b>Signs to spot</b> Identifying early signs of illness  Activity R&HE – HP1	<b>Don't forget to let love in Reflection</b> What we have learned about Don't forget to let love in!  Worksheet	<a href="#">Living in the Wider World – lesson 1</a> <a href="#">Why is it important to be critical of the media online and offline?</a>

	R&HE – RR4, MW1 PSHE – H1, R2	PSHE – H5	PSHE – H5	R&HE – F1, F3, CF1 PSHE – R4	PSHE – H1	PSHE – NA	R&HE – RR4, MW1 PSHE – H1, H7	
<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), UK Parliament Week, Ethos Day, Anti Bullying Week, Road Safety Week, Local Charity for Christmas Support, Children in Need, Y3-Y6 Domestic Abuse Programme, Y6 Cenotaph Remembrance Visit, Jed World of Work							
Too Much Selfie Isn't Healthy (I Love Others)  <b>Christian Values – Compassion and Love</b>	<b>Too much selfie isn't healthy!</b> Introduction to the 2 <sup>nd</sup> HeartSmart principle  HS Film R&HE – CF2, CF3 PSHE – R1, R2	<b>All the same, all different</b> Demonstrating ways we are different and ways we are the same  Game R&HE – CF3, RR1, RR5 PSHE – L11	<b>Listen up!</b> Practising being a good listener  Activity R&HE – CF4, RR1 PSHE – R10	<b>You go before me</b> Thinking of ways the generations before us have overcome challenges that we benefit from Activity R&HE – RR5 PSHE – L11	<b>Growing together</b> Considering ways we can be a good friend and support one another  Activity R&HE – CF2, CF3 PSHE – R10	<b>Social media – good or bad?</b> Discussing the benefits and dangers of social media  Discussion R&HE – ISH2, ISH3, ISH4 PSHE – H22, H24	<b>Too much selfie isn't healthy</b> <b>Reflection</b> What we have learned about Too much selfie isn't healthy  Worksheet R&HE – CF2, CF3 PSHE – R1, R2	<b>Rules and Laws – Lesson 2</b> <b>British Values</b>
<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), Safer Internet Day, Children's Mental Health Week, JED World of Work							
Don't Rub It In, Rub It Out (I Am A Good Friend)  <b>Christian Values – Forgiveness and Love</b>	<b>Don't rub it in, Rub it out</b> Introduction to the 3 <sup>rd</sup> HeartSmart principle  HS Film	<b>Work it out</b> Developing strategies to resolve conflict and disputes  Activity	<b>Power of forgiveness – Jimmy Mizen's parents</b> Discussing how we benefit when we choose to forgive others Discussion	<b>Way to say</b> Exploring how our tone and body language communicates more than our words  Activity	<b>Bit by bit</b> Discussing how to build trust between friends  Activity	<b>Deep Impact</b> Considering the impact of bullying  Activity	<b>Don't rub it in, Rub it out</b> <b>Reflection</b> What we have learned about Don't rub it in, Rub it out!  Worksheet	<b>Living in the Wider World – lesson 2</b> <b>How do people manage money?</b>



	R&HE – CF4, RR2 PSHE – H1	R&HE – CF4, RR2 PSHE – R12	R&HE – MW1 PSHE – R12	R&HE – RR2, OR1 PSHE – R2	R&HE – CF2, CF5 PSHE – R9, R21	R&HE – RR6, MW8 PSHE – R14	R&HE – CF4, RR2 PSHE – H1, H7	
<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), National School's Autism Awareness Week, IMatter Keeping Safe resources Y1-6), JED World of Work							
Fake Is A Mistake (I Tell The Truth)  <b>Christian Values – Faith and Love</b>	<b>Fake is a mistake!</b> Introduction to the 4 <sup>th</sup> HeartSmart principle  HS Film R&HE – CF2 PSHE – R2	<b>This is me!</b> Being proud of who we are  Discussion R&HE – NA PSHE – H6, H7, R16	<b>HeartSmart Self-talk</b> Catching negative self-talk and replacing it with positive self-talk  Discussion R&HE – MW1 PSHE – H1, H6, H7	<b>Boundaries for Respect</b> Learning how to use boundaries to establish respectful friendships  Activity R&HE – BS1, RR2 PSHE – R3, R10, R18	<b>Vaccines – Facts vs fake news!</b> Finding out facts about vaccinations  Activity R&HE – HP6, ISH6 PSHE –	<b>Fix it, Find out, Fit in!</b> Find out facts about legal and illegal substances and their risks  Activity R&HE – DAT1 PSHE – H17	<b>Fake is a mistake Reflection</b> What we have learned about Fake is a mistake!  Worksheet R&HE – CF2 PSHE – R2	<b>Individual Liberty – Lessons 3 – 5</b> (Staying free and avoiding peer pressure, Exploring Human Rights & Exploring my individual liberties and my values) British Value – Individual Liberty
<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), Sun Safety, Dental Health, Healthy Eating, IMatter Relationships and Sex Education resources Y1-6, JED World of Work, Y5-Y6 Changing Adolescent Bodies sessions with school nurse, Kooth – Online counselling							
No Way Through, Isn't True (I Can Do It!)  <b>Christian Values – Hope and Love</b>	<b>'No way through' isn't true</b> Introduction to the final HeartSmart principle  HS Film R&HE – MW2	<b>The bridge to yet</b> Demonstrating that 'No way through' isn't true  Activity R&HE – MW3	<b>Self-awareness</b> Thinking about how we are feeling, why we feel that way and what we need  Activity	<b>Hearts filled with hope</b> Looking at the power of Hope and how it can keep us going  Activity R&HE – MW4	<b>Where the magic happens</b> Learning to step out of our comfort zones  Activity R&HE – MW4	<b>Under construction – the teenage brain!</b> How the brain changes during puberty  Activity R&HE – CAB1	<b>'No way through' isn't true Reflection</b> What we have learned about 'No way through' isn't true! Worksheet R&HE – MW2	<b>Lesson 3 &amp; 4 - People Equal Poem,</b> Illustrating the poem, Writing a class People Equal poem British Value – Mutual Tolerance and

## PSED/HeartSmart/British Values Overview – Year Six

	PSHE – H6, H7	PSHE – H1, H5, H7	R&HE – MW1, MW3, MW4 PSHE – H2, H16	PSHE – H1, H7	PSHE – H8, H9	PSHE – H13	PSHE – H6, H7	respect for diversity Living in the Wider World – lesson 3 What do I want to be?
<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), Enterprise, Transition to New Classes, Money Sense, Enterprise, JED World of Work, Y5-Y6 NSPCC programme (Biannual after SATS), First Aid, Real Love Rocks, Pyramid transition to high school, MMC Transition to high school lessons.							