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St Clement's CofE Primary School

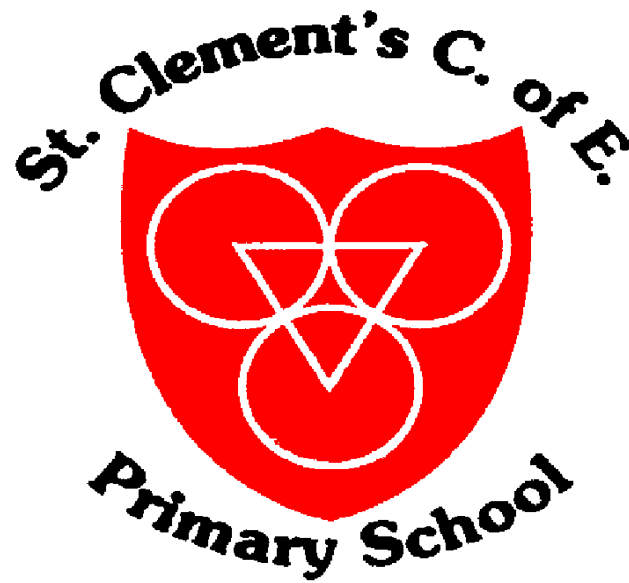
PE Policy

24 May 2021

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St Clement's C of E Primary School

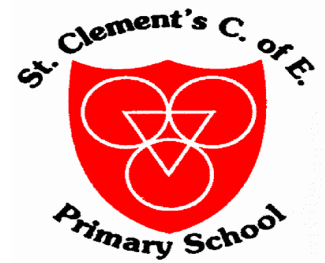


Physical Education (PE) Policy

Reviewed by CT (AHT / PE Lead): May 2021

Approved by JP (Head): May 2021

Due for review: May 2022



Growing Together To Let Our Light Shine

Mission Statement

We encourage and inspire children to aim high and challenge themselves in everything they do.

As a compassionate, Christian school, we are strong in our faith. We believe in love and forgiveness and are thankful for the opportunities we have to live and learn in our community.

(REVIEWED JULY 2019)

Our Christian Values Reflected In This Policy

Faith

Hope

Love

Respect

Thankfulness

Compassion

Forgiveness

(September 2017)

DDA STATEMENT

At St. Clement's we will aim to:

- **Promote equality of opportunity between disabled people and others.**
- **Eliminate discrimination that is unlawful under the Act.**
- **Eliminate harassment of disabled pupils that is related to their disabilities.**

- **Promote positive attitudes towards disabled people.**
- **Encourage participation by disabled people in public life.**
- **Take account of a disabled person's disabilities, even when that involves treating a disabled person more favourable than another person.**

PHYSICAL EDUCATION POLICY

Purpose

We study PE to develop the knowledge, skills and capabilities necessary for mental, emotional, social and physical wellbeing. We want children to have developed a life-long love of physical activity and to understand the importance of physical exercise on their overall health, now and in the future.

We will provide an engaging and challenging curriculum that allows all students to achieve through a variety of opportunities and experiences. We want children to develop the skills of teamwork, leadership, resilience and cooperation, understanding fairness and promoting a sense of good sportsmanship.

We want all children to leave St Clements with a positive attitude towards physical activity having experienced a wide range of sports and having developed a wide range of skills.

Aims

Our aims in teaching PE are that all children will:

- Be physically active and find enjoyment in physical activity.
- Develop physical skills, habits and interest that will promote a healthy lifestyle and good posture.
- Develop their thinking and social and emotional skills through PE.
- Find a lasting sense of purpose, achievement and fulfilment in physical activity.
- Develop positive attitudes and embed character through the development of fair play, perseverance, sporting behaviour and the ability to cope with success and failure.
- Gain self-esteem through the acquisition of physical competence and poise.
- Learn the importance of exercise in maintaining a healthy life.
- Be given opportunities to participate in a broad range of activities that are given equal value
- Understand the need for safe practice in physical activities and know how to achieve this.
- Develop the ability to evaluate their own and others' performance in order to be the best they can be!

Key Objectives

In every PE lesson children will:

- Develop their physical, cognitive and social and emotional skills.

- Apply their skills appropriately to a variety of activities.
- Think about how they and others have performed and learn how to improve.
- Understand the relationship between exercise and health and develop a positive attitude to exercise.
- Work with others appropriately.
- Develop an understanding of safe practice

Curriculum Time

EYFS

EYFS pupils will have access to outdoor play each day and a weekly dance lesson to support their physical development. In Reception, the children will have the opportunity to develop their fundamental movement skills further through:

- a) Autumn term -continuous provision plus net games (autumn 1) and invasion games (autumn 2).
- b) Spring term -continuous provision plus one dance lesson (spring 1) and one gymnastics lesson (spring 2).
- c) Summer term -continuous provision plus athletics (summer 1) and invasion games (summer 2).

Key Stage 1

Pupils will have a minimum of 1 hour of PE each week, taught by a coaching company (Sport First Coaching) to develop their fundamental movement skills through:

- a) Autumn term- Net games (autumn 1) and invasion games (autumn 2).
- b) Spring term- Dance (spring 1) and gymnastics (spring 2).
- c) Summer term- Athletics (summer 1) and striking and fielding (summer 2).

Key Stage 2

Pupils will have a minimum of 1 hour each week, taught by a coaching company (Sport First Coaching) to further develop a broader range of skills through:

- a) Autumn term- Net games (autumn 1) and invasion games (autumn 2).
- b) Spring term- Dance (spring 1) and gymnastics (spring 2).
- c) Summer term- Athletics (summer 1) and striking and fielding (summer 2).

In year 4, pupils will be taught swimming at Wright Robinson College on a weekly basis.

School Dress Policy

- All children from Reception to Year 6 are expected to change for PE. However, during the period of uncertainty regarding COVID-19, children will come to school dressed for PE and wear their kit all day. This will be reviewed as further restrictions are eased.
- School PE kit is blue shorts and red t-shirt. For outdoor PE, pumps/trainers must be worn.
- In the interests of safety, children must remove all jewellery and hair should be tied back.

STAFF- Should wear correct footwear-pumps/trainers with no dangling jewellery/ties/lanyards. If possible, appropriate sporting kit is desirable.

Strategies to support children who do not bring kit.

P.E is an essential part of the curriculum and to ensure that all children can participate, supplies of spare swimwear, shorts, t-shirts and footwear should be provided. If a child forgets their kit, the class teacher notes the name and a standard letter is sent to parent/carers requesting that their child brings their kit. If this occurs on three occasions, parents/carers will be contacted directly by the teacher. If the situation continues, the teacher must notify the PE subject leader and parents will be contacted. Children with special circumstances will have a kit provided by school. Again, due to COVID restrictions, this will not be possible straightaway, however it will be reviewed when possible.

Health and Safety

Continental Sports inspect all PE equipment indoor and outdoor annually and carry out any necessary repairs. Teachers, coaches and LO's are expected to report to the PE subject leader or the Health and Safety Officer if any faults are found on equipment or spaces used by the children involved in PE and extra-curricular activities. The school caretaker carries out daily grounds checks and a full inspection of equipment on a weekly basis to ensure safety.

Teachers and coaches are expected to check the hall and outside area before the start of the lesson. If in the interim, there are any concerns these should be reported to the PE subject leader.

From Reception to Year 6, all children should be taught the correct safety procedure according to their age, ability and physical development. They should be taught to return the equipment to its appropriate position. Children will also be encouraged to risk assess their own working areas in order to prepare them for physical activities outside school and in later life.

Strategies for the Use of Resources

All practical equipment is organised centrally and is the responsibility of the whole staff team. Any concerns about resources should be reported to the PE subject leader. These include:

- Hall-gymnastic equipment, apparatus, and plans are displayed.
- The hall is equipped with a sound/IT system.
- Storage of PE equipment. (N.B It is the teacher's/coaches responsibility to ensure that all resources are returned to the correct place with the appropriate resources in each box.)

Inclusion in Physical Education

All children participate fully in all lessons. Additional advice for inclusion may be sought from the PE subject leader and the SEND lead.

The Scheme of Work is an excellent, flexible tool to use for differentiation. Visual cues are also used to assist with understanding and skill development along with video analysis. Support staff may be involved in the planning of the lesson when working with children with additional needs. Children who need additional support along with children who need additional challenge are planned for and given differentiated tasks and learning objectives.

Recording Pupil Progress

PE has always been an important part of the curriculum for any child and as such we treat the assessment of PE the same as any other subject in school. During PE sessions, the coach will continue to differentiate for the ability of pupils here and use this information to liaise with the PE lead/class teacher to input onto Target Tracker as an overall 'step' assessment. This will happen three times over the course of an academic year - Christmas, Easter and Summer.

Over the course of the next academic year, we will also be trialling the use of Target Tracker statements as a way of further assessing the skills and knowledge of the children.

Monitoring:

At St Clement's monitoring occurs in the following ways,

- Scrutiny of planning by PE subject leader and feedback given.
- Lesson Observation and Feedback - by SLT and PE subject leader/Lead Practitioner
- Pupil interviews

Cross -curricular links

PE supports and develops learning in all areas of the curriculum. Small group physical interventions support the development of gross and fine motor skills as well as English and Maths. In PE lessons many links are made for example,

Maths - measuring, timing in athletics, directions, angles, symmetry in gymnastics

English - speaking and listening, written recordings, dance links with genres of writing

Art - use of pictures as a visual stimulus

Geography - use of maps and directions

History - through dance activities

Computing - recording and charting progress

Music - understanding through composition skills

Professional Development

The Sport premium funding is being used to share good practice from the external companies that deliver both lessons and after school clubs in school. Curriculum support to up skill class teachers is allocated on a needs led basis and spread through all key stages. All staff attend professional development opportunities in order to extend their skills.

Enrichment

St Clement's offer opportunities for all children to engage in structured physical activities supervised by Lunchtime organisers. We take part in lots of competitions and festivals; both in school and out of school. We plan days specific to sports (e.g. sports day and European School Sports Day). We invite local companies into school to deliver assemblies and activities to engage children in sports both in and outside of school. We offer an extensive programme of structured sports activities after school. We work closely with the community to provide this varied programme and it is delivered by school staff, external providers and local clubs. This is presented to parents on a half-termly basis for the children to make their selections.

Updated May 2021

Next review date - May 2022