

Nursery PSHE Overview

Unit	IMatter & British Values						
Get Heartsmart (Meet Boris)  <b>Christian Values – Thankfulness and Love</b>		<b>My HeartSmart Toolbelt</b> Looking at Boris’ special tools to learn what it means to be HeartSmart  Activity PSED – SC/SA	<b>Becoming Boris</b> Using junk materials to dress up as Boris  Activity PSED - MR	<b>Fill Boris’ Toolbox</b> Roll a dice to find the missing tools from Boris’ toolbox  Game PSED - MR	<b>How do they feel?</b> Learning to read facial expressions and body language to understand how someone is feeling Activity PSED – MFB	<b>My heart is full</b> Talking about the things we love and how they make us feel  Activity PSED – MFB	<b>Heart Hunt</b> Looking for hidden hearts  Game PSED – MR
<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), European School Sports Day, Nasal flu spray, R-Y6 Height & Weight Screening, World Mental Health Day (10.10.21) Black History Month (October)						
Don’t forget To Let Love In (I Am Special)  <b>Christian Values – Respect and Love</b>		<b>I am loved!</b> Learning that each of us is loved, special and important  Circle Time PSED – SC/SA	<b>My favourite things</b> Thinking about our favourite things and how they are all different  Activity PSED – SC/SA	<b>My heart!</b> Talking about how we demonstrate different emotions  Activity PSED - MFB	<b>Twinkle Twinkle</b> Thinking about what makes out friends special  Game PSED – MR	<b>Who am I?</b> Children to find different objects they like  Activity PSED – SC/SA	<b>EYFS has talent</b> Demonstrating our different skills and talents  Activity PSED – SC/SA
<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), UK Parliament Week, Ethos Day, Anti Bullying Week (15 to 19.11.21), Road Safety Week (15 to 21.11.21), Local Charity for Christmas Support, Children in Need, Human Rights Day (10.12.21) EYFS: People Who Help Us – Fire Service, Nurse, Dentist, Midwife etc						

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<p>Too Much Selfie Isn't Healthy (I Love Others)</p> <p><b>Christian Values – Compassion and Love</b></p>		<p><b>I love to...</b> Discussion about who you love and what you love to do together</p> <p>Activity PSED - MR</p>	<p><b>Parachute families</b> Game to demonstrate how everyone's family is different</p> <p>Activity PSED – MR</p>	<p><b>Sorting Feeling</b> Looking at ways people express how they are feeling and ways we can show we care</p> <p>Activity PSED - MFB</p>	<p><b>How do you do?</b> Exploring ways to show care and affection for others</p> <p>Game PSED - MR</p>	<p><b>Helpful Hearts</b> Thinking about how we show others we care when we offer our help</p> <p>Activity PSED - MR</p>	<p><b>Thank you for helping me</b> Thanking members of the school community for their help</p> <p>Activity PSED - SC</p>
<p><b>Other Events</b></p>	<p>Personal Hygiene &amp; Handwashing (Ongoing), World Religion Day (17.1.22), Safer Internet Day (8.2.22), Children's Mental Health Week (7-13.2.22), LGBT History Month (February)</p>						
<p>Don't Hold On To What's Wrong (I Am A Good Friend)</p> <p><b>Christian Values – Forgiveness and Love</b></p>		<p><b>Super Friends</b> Discussing what makes a super friend</p> <p>Activity PSED - MR</p>	<p><b>Musical Friends</b> Game to show the importance of including others</p> <p>Game PSED - MR</p>	<p><b>Listening Ears</b> Game to encourage children to listen to one another</p> <p>Game PSED – MFB</p>	<p><b>Soft words, hard words</b> Thinking about the types of words we use and how they make others feel</p> <p>Activity PSED – MR</p>	<p><b>If I met the Scrapman</b> Being kind to others even when their behaviour is unkind</p> <p>Activity PSED - MR</p>	<p><b>Grumpy Frog Story</b> Exploring saying sorry through story</p> <p>Story PSED - MFB</p>
<p><b>Other Events</b></p>	<p>Personal Hygiene &amp; Handwashing (Ongoing), Sun Safety, Dental Health, Healthy Eating, National Careers Week (7 to 12.3.22), Sustrans Big Walk and Wheel (21.3.22 – 1.4.22)</p>						
<p>Fake Is A Mistake (I Tell The Truth)</p>		<p><b>Boris and the Scrapman's lies</b> Children to differentiate between lies and truth</p>	<p><b>Cheer up Boris!</b> Write or draw a postcard for Boris using kind and</p>	<p><b>How Rabbit got his long ears</b> Story to explore the importance of</p>	<p><b>Hat Game</b> Pretending to be someone else is fun but being me is better</p>	<p><b>Thankful Heart</b> Circle time to think about what the children are thankful for</p>	<p><b>Tell me about you</b> Sharing and celebrating differences in our homes and families</p>

Nursery PSHE Overview

<p><b>Christian Values – Faith and Love</b></p>		<p>Activity PSED - MFB</p>	<p>encouraging words  Activity PSED - MFB</p>	<p>telling the truth  Activity PSED - MR</p>	<p>Activity PSED – SC/SA</p>	<p>Circle Time PSED – SC/SA</p>	<p>Show &amp; Tell PSED – SC/SA</p>
<p><b>Other Events</b></p>	<p>Personal Hygiene &amp; Handwashing (Ongoing), National Smile Month (16.5.22 – 16.6.22)</p>						
<p>No Way Through, Isn't True (I Can Do It!)</p> <p><b>Christian Values – Hope and Love</b></p>		<p><b>Boris in the kitchen</b> Considering how we can move forward from mistakes we make Discussion PSED – SC/SA</p>	<p><b>I can challenge</b> Series of challenges for children to practise and complete  Activity PSED – SC/SA</p>	<p><b>Stuck!</b> Circle time to consider what to do when the children are stuck  Circle Time PSED – SC/SA</p>	<p><b>When I grow up</b> Game and discussion around what children want to do when they grow up Game PSED – SC/SA</p>	<p><b>Magnetic Maze</b> Activity to demonstrate persevering to find a way through  Activity PSED – SC/SA</p>	<p><b>Changing Caterpillars</b> Considering change through the life cycle of the caterpillar  Activity PSED – SC/SA</p>
<p><b>Other Events</b></p>	<p>Personal Hygiene &amp; Handwashing (Ongoing), Enterprise, World Environment Day (5.6.22), Child Safety Week (3 to 10.6.22), BNF Healthy Eating Week (13 to 19.6.22), National School Sport Week (18 to 24.6.22), World Refugee Day (20.6.22), National RSE Day (30.6.22), Transition to New Classes</p>						
<p><b>RRSA Articles (To run through the whole year)</b></p>	<p>2 – No discrimination, 3 – Best Interests of the Child, 4 – Making Rights Equal, 6 – Life Survival and Development, 7 – Name and Nationality, 8 – Identity, 9 – Keeping Families Together, 12 – Respect for Children’s Views, 13 – Sharing Thoughts Freely, 14 – Freedom of Thought and Religion, 15 – Setting up or Joining Groups, 16 – Protection or Privacy, 17 – Access to Information, 19 – Protection From Violence, 22 – Refugee Children, 23 – Children With Disabilities, 24 – Health Water Food and Environment, 27 – Food Clothing &amp; a Safe Home, 28 – Access to Education, 29 – Aims of Education, 30 – Minority Culture Language and Religion, 31 – Rest Play Culture and Arts, 34 – Protection from Sexual Abuse, 36 – Protection from Exploitation, 39 – Recovery and Reintegration, 42 – Everyone Must Know Children’s Rights</p>						

Reception PSHE Overview

Unit	IMatter & British Values						
Get Heartsmart (Meet Boris)  <b>Christian Values – Thankfulness and Love</b>		<b>Boris’ Beginnings</b> Boris the robot story – which voice should you listen to?  Story PSED - MR	<b>Build-a-Boris</b> Make a robot from junk  Activity PSED – SC/SA	<b>Boris Shapes</b> Make a robot from 2D shapes  Activity PSED – SC/SA	<b>Happy and You Know It</b> Song to demonstrate different emotions  Activity PSED - MFB	<b>Boris Face Dough</b> Different emotions using play dough  Activity PSED - MFB	<b>Boris’ Hanging Hearts</b> Heart rewards for children who are caught being kind  Activity PSED - MR
<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), European School Sports Day, Nasal flu spray, R-Y6 Height & Weight Screening, World Mental Health Day (10.10.21) Black History Month (October)						
Don’t forget To Let Love In (I Am Special)  <b>Christian Values – Respect and Love</b>	<b>How do I feel? – Individual Liberty</b>	<b>VIP Crowns</b> Design and make a crown  Activity PSED – SC/SA	<b>Mirror, Mirror</b> Describe self in mirror and draw a self-portrait  Activity PSED - MR	<b>I am Special Because I Am...</b> Game to encourage children to think about why they are special  Activity PSED – SC/SA	<b>I Am Special Song</b> Children to suggest reasons they are special  Activity PSED – SC/SA	<b>Fingerprint Tree</b> Looking at uniqueness of fingerprints  Activity PSED – SC/SA	<b>All About Me Ball</b> Circle time to tell the children about yourself  Activity PSED – SC/SA
<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), UK Parliament Week, Ethos Day, Anti Bullying Week (15 to 19.11.21), Road Safety Week (15 to 21.11.21), Local Charity for Christmas Support, Children in Need, Human Rights Day (10.12.21) EYFS: People Who Help Us – Fire Service, Nurse, Dentist, Midwife etc						
Too Much Selfie Isn’t Healthy (I Love Others)	<b>Everyone Is Special -</b>	<b>Who Is Special To Me?</b>	<b>My House</b> Who lives in your house?	<b>Catch A Smile</b> Game to encourage	<b>Friendship Web</b> Circle time to use kind/encouraging	<b>A Friend In Need</b>	<b>Bird Feeders</b> How can we love the

Reception PSHE Overview

<p><b>Christian Values – Compassion and Love</b></p>	<p>Mutual Respect</p>	<p>Who loves and cares Boris? Who do you love and care for?</p> <p>Circle Time PSED - MR</p>	<p>Activity PSED - SC</p>	<p>children to share their smiles</p> <p>Game PSED - MR</p>	<p>words about one another</p> <p>Circle Time PSED - MR</p>	<p>Game about looking out for and helping friends in need</p> <p>Game PSED - MR</p>	<p>wildlife in our garden?</p> <p>Activity PSED - SC</p>
<p><b>Other Events</b></p>	<p>Personal Hygiene &amp; Handwashing (Ongoing), World Religion Day (17.1.22), Safer Internet Day (8.2.22), Children’s Mental Health Week (7 to 13.2.22), LGBT History Month (February)</p>						
<p>Don’t Hold On To What’s Wrong (I Am A Good Friend)</p> <p><b>Christian Values – Forgiveness and Love</b></p>	<p>Living Together and Getting Along - Rule of Law</p>	<p><b>We’re All Friends Together</b> Thinking about what we like to do with our friends</p> <p>Game PSED - MR</p>	<p><b>Sharing Island</b> Game Game to encourage sharing and co-operation</p> <p>Game PSED - MR</p>	<p><b>Robots and Mechanics</b> Listening to instructions and co-operating with one another</p> <p>Game PSED - MR</p>	<p><b>I Am A Kind Friend</b> Game to help children find simple ways to be kind to each other</p> <p>Activity PSED - MR</p>	<p><b>I Make A Good Friend</b> How to be a good friend</p> <p>Activity PSED - MR</p>	<p><b>Emoji Emotions</b> Encouraging children to describe how they are feeling using emotions</p> <p>Activity PSED - MFB</p>
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<p>Fake Is A Mistake (I Tell The Truth)</p> <p><b>Christian Values – Faith and Love</b></p>	<p>We All Have A Voice - Democracy</p>	<p><b>Boris Has...</b> Game to demonstrate the importance of being kind and truthful</p>	<p><b>The Truth According To Arthur’s Story</b> Talking about the importance of telling the truth</p>	<p><b>Sorting Words</b> Sorting words into kind and unkind</p>	<p><b>Animal Game – Thankful To Be Me</b> Pretending to be something else is fun but being me is much better</p>	<p><b>Thankful Walk</b> Walk around the school to spot things children are thankful for</p>	<p><b>In My House</b> Circle time to celebrate the different things we do with our families</p>

Reception PSHE Overview

		Game PSED – SC/SA	Story PSED - MFB	Activity PSED - MFB	Activity PSED - MFB	Activity PSED – SC/SA	Activity PSED – SC/SA
<b>Other Events</b>	<b>Personal Hygiene &amp; Handwashing (Ongoing), National Smile Month (16.5.22 – 16.6.22)</b>						
No Way Through, Isn't True (I Can Do It!)  <b>Christian Values – Hope and Love</b>		<b>Nuts and Bolts</b> Challenge the children to match the correct nuts to the correct bolts  Activity PSED – SC/SA	<b>With My...I Can</b> Describing different things that the children can do with their amazing body  Circle Time PSED – SC/SA	<b>We're Going On A Bear Hunt</b> Interactive retelling of the story  Activity PSED – MFB	<b>Incy Wincy Spider</b> Learning perseverance from Incy Wincy Spider  Activity PSED - MFB	<b>Road Blocks</b> Moving cars around the mat by adhering to the road signs  Activity PSED – SC/SA	<b>Cup Stack Challenge</b> Challenge to see how many cups the children can stack before they collapse  Activity PSED – SC/SA
<b>Other Events</b>	<b>Personal Hygiene &amp; Handwashing (Ongoing), Enterprise, World Environment Day (5.6.22), Child Safety Week (3 to 10.6.22), BNF Healthy Eating Week (13 to 19.6.22), National School Sport Week (18 to 24.6.22), World Refugee Day (20.6.22), National RSE Day (30.6.22), Transition to New Classes</b>						
<b>RRSA Articles (To run through the whole year)</b>	<b>2 – No discrimination, 3 – Best Interests of the Child, 4 – Making Rights Equal, 6 – Life Survival and Development, 7 – Name and Nationality, 8 – Identity, 9 – Keeping Families Together, 12 – Respect for Children's Views, 13 – Sharing Thoughts Freely, 14 – Freedom of Thought and Religion, 15 – Setting up or Joining Groups, 16 – Protection or Privacy, 17 – Access to Information, 19 – Protection From Violence, 22 – Refugee Children, 23 – Children With Disabilities, 24 – Health Water Food and Environment, 27 – Food Clothing &amp; a Safe Home, 28 – Access to Education, 29 – Aims of Education, 30 – Minority Culture Language and Religion, 31 – Rest Play Culture and Arts, 34 – Protection from Sexual Abuse, 36 – Protection from Exploitation, 39 – Recovery and Reintegration, 42 – Everyone Must Know Children's Rights</b>						

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<p>Get Heartsmart (Meet Boris)</p> <p><b>Christian Values – Thankfulness and Love</b></p>	<p><b>Mental and Emotional Health</b></p> <p>1) What makes me happy? What are feelings?</p> <p>2) What is the difference between good secrets and bad secrets?</p> <p>3) How does my behaviour affect others?</p>	<p><b>Get HeartSmart</b></p> <p>Introduction to HeartSmart</p> <p>HS Film R&amp;HE – CF3, MW1 PSHE – H2, R2</p>	<p><b>Power</b></p> <p>How we can use our power in positive and negative ways</p> <p>Activity R&amp;HE – CF3, CF5 PSHE – R2, R12</p>	<p><b>Feelings Bingo</b></p> <p>Understanding our emotions</p> <p>Game R&amp;HE – PSHE –</p>	<p><b>What goes in, Must come out – Worms!</b></p> <p>What we put in our hearts is what comes out</p> <p>Activity R&amp;HE – MW1 PSHE – H2</p>	<p><b>Guess Who?</b></p> <p>Who we are grateful for in our class and why</p> <p>Game R&amp;HE – CF1, CF2 PSHE – R9</p>	<p><b>Healthy Choices</b></p> <p>Helping Boris make good choices to keep healthy</p> <p>Game R&amp;HE – MW1, PH1 PSHE –</p>	<p><b>Get HeartSmart reflection</b></p> <p>Circle time – What we have learned about Get HeartSmart Worksheet R&amp;HE – CF3, MW1 PSHE – R2, P4</p>
<b>Other Events</b>	<p>Personal Hygiene &amp; Handwashing (Ongoing), European School Sports Day, Nasal flu spray, R-Y6 Height &amp; Weight Screening, World Mental Health Day (10.10.21) Black History Month (October), JED World of Work</p>							
<p>Don't forget To Let Love In (I Am Special)</p> <p><b>Christian Values – Respect and Love</b></p>	<p><b>Healthy Lifestyles</b></p> <p>1) What foods should I eat?</p>	<p><b>Don't forget to let love in</b></p> <p>Introduction to the 1<sup>st</sup> HeartSmart principle</p>	<p><b>Pants!</b></p> <p>Learning about appropriate and innapropriate contact</p>	<p><b>Truth or Lies</b></p> <p>Differentiating between truths and lies about us</p>	<p><b>Would you rather?</b></p> <p>Game of preference</p>	<p><b>Marshmallow test</b></p> <p>Learning that there is a choice in spending and saving</p>	<p><b>Taking care of me</b></p> <p>Ways to take care of ourselves everyday</p>	<p><b>Don't forget to let love in reflection</b></p> <p>Circle time – What we have learned about Don't forget to let love in</p>

Year One PSHE Overview

	<p>2) How can I look after my teeth?</p> <p>3) Why is it important to wash my hands?</p>	<p>HS Film R&amp;HE – RR4, MW1</p> <p>PSHE – R1, R4</p>	<p>Worksheet R&amp;HE – BS3, BS4</p> <p>PSHE – R10</p>	<p>Activity R&amp;HE – MW1</p> <p>PSHE – H3</p>	<p>Game R&amp;HE – CF3</p> <p>PSHE – L8</p>	<p>Activity R&amp;HE – NA</p> <p>PSHE – L7</p>	<p>Activity R&amp;HE – HP4, HP5</p> <p>PSHE – H1, H6, H7, H11</p>	<p>Worksheet R&amp;HE – RR4, MW1</p> <p>PSHE – H4, R1</p>
<b>Other Events</b>	<p>Personal Hygiene &amp; Handwashing (Ongoing), UK Parliament Week, Ethos Day, Anti Bullying Week (15 to 19.11.21), Road Safety Week (15 to 21.11.21), Local Charity for Christmas Support, Children in Need, Human Rights Day (10.12.21) EYFS: People Who Help Us – Fire Service, Nurse, Dentist, Midwife etc, JED World of Work</p>							
<p>Too Much Selfie Isn't Healthy (I Love Others)</p> <p><b>Christian Values – Compassion and Love</b></p>	<p><b>Living in The Wider World</b></p> <p>1) What are class rules?</p> <p>2) Where does our money come from?</p> <p>3) What is the environment?</p> <p>Living Together and Getting Along (My role and the role of others in</p>	<p><b>Too much selfie isn't healthy!</b></p> <p>Introduction to the 2<sup>nd</sup> HeartSmart principle</p> <p>HS Film R&amp;HE – CF2, CF3</p> <p>PSHE – R1, R2</p>	<p><b>Who's missing?</b></p> <p>Developing an awareness of our surroundings and the people around us</p> <p>Activity R&amp;HE – CF1</p> <p>PSHE – L4</p>	<p><b>The smartest giant in town</b></p> <p>How can we help others? How have others helped us?</p> <p>Story R&amp;HE – CF2, CF3</p> <p>PSHE – L1</p>	<p><b>Who looks after me</b></p> <p>Who looks after us? How can we show them our appreciation?</p> <p>Activity R&amp;HE – F1, F2, F4</p> <p>PSHE – H13</p>	<p><b>Teamwork – Monsters University</b></p> <p>Working as a team to reach an end goal</p> <p>Film Clip R&amp;HE – CF2</p> <p>PSHE – L3</p>	<p><b>Helping Boris</b></p> <p>Discussing simple rules to help keep us safe online</p> <p>Worksheet R&amp;HE – OR2, OR3, ISH1</p> <p>PSHE – H12</p>	<p><b>Too much selfie isn't healthy reflection</b></p> <p>Circle time – What we have learned about Too much selfie isn't healthy</p> <p>Worksheet R&amp;HE – CF2, CF3</p> <p>PSHE – R1, R2</p>



Year One PSHE Overview

	society) - Rule of Law							
<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), World Religion Day (17.1.22), Safer Internet Day (8.2.22), Children's Mental Health Week (7 to 13.2.22), LGBT History Month (February), JED World of Work							
Don't Hold On To What's Wrong (I Am A Good Friend)  <b>Christian Values – Forgiveness and Love</b>	<b>Living in The Wider World</b> 1) What are class rules? 2) Where does our money come from? 3) What is the environment?  Making it Fair - Democracy	<b>Don't Hold On To What's Wrong</b> Introduction to the 3 <sup>rd</sup> HeartSmart principle  HS Film R&HE – CF4, RR2 PSHE – H2	<b>Goldilocks and Baby Bear</b> Thinking about the motive behind our behaviour, how our behaviour affects others and how to make amends Activity R&HE – RR1, CF5 PSHE –R2, R4	<b>Forgiveness Fizz</b> Discussion around how forgiveness can help hard situations disappear  Activity R&HE – CF4 PSHE – R1	<b>Chalk Faces</b> Different ways we can handle negative emotion effectively  Activity R&HE – MW2, MW3, MW4 PSHE – R6, R7	<b>Disappointed Robots</b> Exploring different ways to handle disappointment  Activity R&HE – MW3 PSHE – H3, H4	<b>Builders and Wreckers</b> How the words we use can build others up or knock them down  Activity R&HE – MW8, RR6 PSHE – R11, R14	<b>Don't Hold On To What's Wrong reflection</b> Circle time – What have we learnt?  Worksheet R&HE – CF4, RR2 PSHE – H2
<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), Sun Safety, Dental Health, Healthy Eating, National Careers Week (7 to 12.3.22), Sustrans Big Walk and Wheel (21.3.22 – 1.4.22) National School's Autism Awareness Week, JED World of Work							
Fake Is A Mistake (I Tell The Truth)  <b>Christian Values – Faith and Love</b>	<b>Keeping Safe</b> 1) What are the rules for keeping me safe at school and outside?	<b>Fake is a mistake</b> Introduction to the 4 <sup>th</sup> HeartSmart principle	<b>The best me</b> Being yourself is the best you, you can be	<b>Don't hide what's inside!</b> Don't hide your true thoughts and feelings	<b>Mask Making</b> Thinking about who we can trust to talk to when we are sad or mad	<b>Telephone Whispers</b> How small lies can have a big impact	<b>Smile!</b> Looking at the importance of good oral hygiene and dental health	<b>Fake is a mistake</b> reflection Circle time – What we have learned about Fake is a mistake!

Year One PSHE Overview

	<p>2) What are the rules about household substances?</p> <p>3) What is an emergency and what do I do?</p> <p>Only One You - Individual Liberty</p>	<p>HS Film R&amp;HE – CF2 PSHE – R1</p>	<p>Activity R&amp;HE – NA PSHE – L8</p>	<p>Activity R&amp;HE – CF3, F4 PSHE – R1, R5</p>	<p>Activity R&amp;HE – CF5, BS6, BS7, BS8 PSHE –H13, H4</p>	<p>Game R&amp;HE – CF2 PSHE – R4, R2</p>	<p>Worksheet R&amp;HE – HP4 PSHE – H1</p>	<p>Worksheet R&amp;HE – CF2 PSHE – R1</p>
<b>Other Events</b>	<p>Personal Hygiene &amp; Handwashing (Ongoing), National Smile Month (16.5.22 – 16.6.22), JED World of Work</p>							
<p>No Way Through, Isn't True (I Can Do It!)</p> <p>Christian Values – Hope and Love</p>	<p><b>Relationships and Sex Education</b></p> <p>1) Who are the people in my life who love and care for me?</p> <p>2) What are the differences and similarities between people?</p>	<p><b>No way through isn't true!</b></p> <p>Introduction to the final HeartSmart principle</p> <p>HS Film R&amp;HE – MW2 PSHE – H3, H4</p>	<p><b>Mission Possible</b></p> <p>Learning from our experiences and trying again</p> <p>Activity R&amp;HE – MW4 PSHE – H3, R7</p>	<p><b>Tummy Talk</b></p> <p>Trusting our instincts. Good secrets v bad secrets</p> <p>Activity R&amp;HE – BS5, BS6 PSHE – R3, H15</p>	<p><b>Seeds of potential</b></p> <p>There is potential in us all</p> <p>Activity R&amp;HE – RR1 PSHE – L1, L4, H9</p>	<p><b>Hearts that dream</b></p> <p>Creating Dreamboards to capture our hopes and dreams</p> <p>Activity R&amp;HE – MW6 PSHE – H2</p>	<p><b>Love a lot, Miss a lot</b></p> <p>Circle time and activity around people, animals and things we have lost</p> <p>Worksheet R&amp;HE – MW2, MW3, MW9 PSHE – H5, R1</p>	<p><b>No way through isn't true reflection</b></p> <p>Circle time – What we have learned</p> <p>Worksheet R&amp;HE – MW1 PSHE – H3, H4</p>

Year One PSHE Overview

	<p>3) What are the similarities between girls and boys?</p> <p>Everyone is Special - Mutual Respect and Tolerance</p>							
<p><b>Other Events</b></p>	<p>Personal Hygiene &amp; Handwashing (Ongoing), Enterprise, World Environment Day (5.6.22), Child Safety Week (3 to 10.6.22), BNF Healthy Eating Week (13 to 19.6.22), National School Sport Week (18 to 24.6.22), World Refugee Day (20.6.22), National RSE Day (30.6.22), Transition to New Classes, JED World of Work</p>							
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Year Two PSHE Overview

Unit	IMatter & British Values							
<p>Get Heartsmart</p> <p><b>Christian Values – Thankfulness and Love</b></p>	<p><b>Mental and Emotional Health</b></p> <p>1) What is the difference between small feelings and big feelings?</p> <p>2) How can I keep safe online?</p> <p>3) What makes others happy? What is the difference between joking, teasing and bullying?</p> <p>Welcome to Our Class – Mutual respect,</p>	<p><b>Get HeartSmart</b></p> <p>Introduction to HeartSmart</p> <p>HS Film R&amp;HE – CF3, MW1 PSHE – H2, R2</p>	<p><b>Power Plus</b></p> <p>Describing how we can use our power in positive and negative ways</p> <p>Activity R&amp;HE – CF3 PSHE – L1</p>	<p><b>Heart Decisions</b></p> <p>Considering the reputations we would like to have</p> <p>Activity R&amp;HE – CF2, MW4 PSHE – H2</p>	<p><b>Bright Hearts</b></p> <p>What is in our hearts, is played out in our words and actions</p> <p>Activity R&amp;HE – MW3, MW4 PSHE – H2</p>	<p><b>Love Map</b></p> <p>Identifying special people and how they show us love</p> <p>Worksheet R&amp;HE – F1, F3 PSHE – R9</p>	<p><b>Boris Face Plate</b></p> <p>Creating a robot face from healthy food</p> <p>Activity R&amp;HE – HE2, HE3 PSHE – H1</p>	<p><b>Get HeartSmart reflection</b></p> <p>Circle Time – What we have learned about Get HeartSmart</p> <p>Worksheet R&amp;HE – CF3, MW1 PSHE – R2, R4</p>

Year Two PSHE Overview

	tolerance and diversity							
<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), European School Sports Day, Nasal flu spray, R-Y6 Height & Weight Screening, World Mental Health Day (10.10.21) Black History Month (October), JED World of Work							
Don't forget To Let Love In  <b>Christian Values – Respect and Love</b>	<b>Healthy Lifestyles</b> 1) How do I keep myself healthy? 2) Why is it important to keep active? 3) How can I prevent diseases from spreading?  Living Together and Getting Along (What are the rules?) – Rule of Law and Democracy	<b>Don't forget to let love in</b> Introduction to the 1 <sup>st</sup> HeartSmart principle  HS Film R&HE – RR4, MW1 PSHE – R1, R4	<b>I am cubes</b> Recognising and celebrating our strengths and ways in which we are all unique  Worksheet R&HE – RR4 PSHE – H3	<b>Trash or truth</b> Learning to differentiate between the truths and lies that we hear or speak about ourselves Activity R&HE – RR4, RR5 PSHE – L3	<b>Meaning of my name</b> Writing an acrostic poem for your name by selecting words that describe you  Activity R&HE – NA PSHE – L8	<b>Boundin</b> Discussion around how being thankful for what we have, changes our attitude  Film Clip R&HE – MW6 PSHE – H3	<b>Heartbeat</b> Noting the difference in our heart rate after physical activity. Loving ourselves means looking after ourselves Activity R&HE – PH1, PH2, PH3 PSHE – H1	<b>Don't forget to let love in reflection</b> Circle time – What we have learned about Don't forget to let love in!  Worksheet R&HE – RR4, MW1 PSHE – H4, R1
<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), UK Parliament Week, Ethos Day, Anti Bullying Week (15 to 19.11.21), Road Safety Week (15 to 21.11.21), Local Charity for Christmas Support, Children in Need, Human Rights Day (10.12.21) EYFS: People Who Help Us – Fire Service, Nurse, Dentist, Midwife etc, JED World of Work							

Year Two PSHE Overview

<p>Too Much Selfie Isn't Healthy (I Love Others)</p> <p><b>Christian Values – Compassion and Love</b></p>	<p><b>Living in the Wider World</b></p> <p>1) What groups am I part of?</p> <p>2) How do we make choices about spending money?</p> <p>3) How can we look after the environment?</p> <p>Making it Fair – Democracy and Rule of Law</p>	<p><b>Too much selfie isn't healthy!</b></p> <p>Introduction to the 2<sup>nd</sup> HeartSmart principle</p> <p>HS Film R&amp;HE – CF2, CF3 PSHE – R1, R2</p>	<p><b>Spot the difference</b></p> <p>Be aware of surroundings and the people around you</p> <p>Activity R&amp;HE – CF1 PSHE – L4</p>	<p><b>Secret Kindness Agents</b></p> <p>Looking for opportunities to do something kind for others</p> <p>Activity R&amp;HE – CF3, RR2 PSHE – R4</p>	<p><b>Everyday heroes</b></p> <p>Thinking about people who look after us in our community</p> <p>Activity R&amp;HE – RR1, RR5, BS8 PSHE – L10</p>	<p><b>We all fit together</b></p> <p>Looking at how we are the same and how we are different</p> <p>Activity R&amp;HE – RR1, RR5 PSHE – L9, R8</p>	<p><b>HeartSmart on the playground, HeartSmart Online</b></p> <p>Rules for keeping safe online</p> <p>Worksheet R&amp;HE – OR2, OR3, OR5, ISH7 PSHE – H12, H14, H15</p>	<p><b>Too much selfie isn't healthy Reflection</b></p> <p>Circle time – What we have learned about too much selfie isn't healthy!</p> <p>Worksheet R&amp;HE – CF2, CF3 PSHE – R1, R2</p>
<p><b>Other Events</b></p>	<p>Personal Hygiene &amp; Handwashing (Ongoing), World Religion Day (17.1.22), Safer Internet Day (8.2.22), Children's Mental Health Week (7 to 13.2.22), LGBT History Month (February), JED World of Work</p>							
<p>Don't Hold On To What's Wrong (I Am A Good Friend)</p> <p><b>Christian Values – Forgiveness and Love</b></p>	<p><b>Living in the Wider World</b></p> <p>1) What groups am I part of?</p> <p>2) How do we make choices about</p>	<p><b>Don't Hold On To What's Wrong</b></p> <p>Introduction to the 3<sup>rd</sup> HeartSmart principle</p> <p>HS Film</p>	<p><b>That's what friends are for (Shrek)</b></p> <p>Saying sorry and offering forgiveness between friends</p> <p>Film Clip R&amp;HE – CF4</p>	<p><b>Balloon Spoons</b></p> <p>Demonstrating how holding onto unforgiveness can make us feel</p> <p>Activity</p>	<p><b>Let the ouch out</b></p> <p>Reflecting on helpful ways to deal with hurt</p> <p>Worksheet</p>	<p><b>Traffic Lights</b></p> <p>Ways to handle negative emotion</p> <p>Activity</p>	<p><b>Crumpled Hearts</b></p> <p>Demonstrating the consequences of teasing or bullying</p> <p>Activity</p>	<p><b>Don't hold on to what's wrong Reflection</b></p> <p>Circle Time – What we have learnt?</p> <p>Worksheet</p>

Year Two PSHE Overview

	<p>spending money? 3) How can we look after the environment?</p> <p>My Many Coloured Day – Individual Liberty</p>	R&HE – CF4, RR2 PSHE – H2	PSHE – R6	R&HE – MW3, MW4 PSHE – H4	R&HE – MW7, MW9 PSHE – H4, H5	R&HE – MW3, MW9 PSHE – H4, H13	R&HE – MMW8, RR6, BS7 PSHE – R13, R14	R&HE – CF1, CF2, CF3, CF4 & CF5 PSHE – H2
<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), Sun Safety, Dental Health, Healthy Eating, National Careers Week (7 to 12.3.22), Sustrans Big Walk and Wheel (21.3.22 – 1.4.22) National School’s Autism Awareness Week, JED World of Work							
<p>Fake Is A Mistake (I Tell The Truth)</p> <p><b>Christian Values – Faith and Love</b></p>	<p><b>Keeping Safe</b> 1) How do medicines help us when we are unwell? 2) How do I keep safe at home? 3) What is my responsibility for keeping myself and others safe?</p>	<p><b>Fake is a Mistake!</b> Introduction to the 4<sup>th</sup> HeartSmart Principle</p> <p>HS Film R&amp;HE – CF2 PSHE – R1</p>	<p><b>Grains of Sand</b> There never has and never will be another one of me</p> <p>Activity R&amp;HE – NA PSHE – L8</p>	<p><b>The truth about me</b> Not all the thoughts we have about ourselves are true</p> <p>Discussion R&amp;HE – MW1, MW4 PSHE – R4, R12</p>	<p><b>Real is a big deal</b> Discussing how different emotions feel</p> <p>Worksheet R&amp;HE – MW2, MW3 PSHE – H4, R1</p>	<p><b>Nice to meet you!</b> Looking at ways to be polite when meeting others</p> <p>Game R&amp;HE – RR3 PSHE – R8</p>	<p><b>Sun Safe!</b> Thinking of ways to stay safe in the sun</p> <p>Activity R&amp;HE – HP2 PSHE – H1</p>	<p><b>Fake is a Mistake Reflection</b> Circle time – What we have learned about Fake is a Mistake! Worksheet R&amp;HE – CF2 PSHE – R1</p>

Year Two PSHE Overview

<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), National Smile Month (16.5.22 – 16.6.22), JED World of Work							
<p>No Way Through, Isn't True (I Can Do It!)</p> <p><b>Christian Values – Hope and Love</b></p>	<p><b>Relationships and Sex Education</b></p> <p>1) What is private? (Body Parts)</p> <p>2) What happens when the body grows young to old?</p> <p>3) What is fair, unfair, kind and unkind?</p>	<p><b>'No way through isn't true'</b></p> <p>Introduction to the final HeartSmart principle</p> <p>HS Film R&amp;HE – MW2 PSHE – H3, H4</p>	<p><b>Road Signs</b></p> <p>Finding alternative solutions to problems</p> <p>Activity R&amp;HE – MW2 PSHE – H3</p>	<p><b>Ways to say</b></p> <p>Looking at seemingly impossible situations in different ways</p> <p>Activity R&amp;HE – MW2, MW4 PSHE – H4</p>	<p><b>Rainbows from rain</b></p> <p>Overcoming challenges and difficulties</p> <p>Activity R&amp;HE – MW2, MW4 PSHE – H3</p>	<p><b>Imagine a bright future</b></p> <p>Imagining 'What if...' in a positive way</p> <p>Activity R&amp;HE – MW1 PSHE – H1, H2</p>	<p><b>Energy Detectives</b></p> <p>Looking for signs of energy and thinking about ways to conserve it</p> <p>Activity R&amp;HE – NA PSHE – L1, L5</p>	<p><b>'No way through isn't true' Reflection</b></p> <p>Circle time – What we have learned about 'No way through' isn't true!</p> <p>Worksheet R&amp;HE – MW2 PSHE – H3, H4</p>
<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), Enterprise, World Environment Day (5.6.22), Child Safety Week (3 to 10.6.22), BNF Healthy Eating Week (13 to 19.6.22), National School Sport Week (18 to 24.6.22), World Refugee Day (20.6.22), National RSE Day (30.6.22), Transition to New Classes, JED World of Work							
<b>RRSA Articles (To run through the whole year)</b>	2 – No discrimination, 3 – Best Interests of the Child, 4 – Making Rights Equal, 6 – Life Survival and Development, 7 – Name and Nationality, 8 – Identity, 9 – Keeping Families Together, 12 – Respect for Children's Views, 13 – Sharing Thoughts Freely, 14 – Freedom of Thought and Religion, 15 – Setting up or Joining Groups, 16 – Protection or Privacy, 17 – Access to Information, 19 – Protection From Violence, 22 – Refugee Children, 23 – Children With Disabilities, 24 – Health Water Food and Environment, 27 – Food Clothing & a Safe Home, 28 – Access to Education, 29 – Aims of Education, 30 – Minority Culture Language and Religion, 31 – Rest Play Culture and Arts, 34 – Protection from Sexual Abuse, 36 – Protection from Exploitation, 39 – Recovery and Reintegration, 42 – Everyone Must Know Children's Rights							



Year Three PSHE Overview

Unit	IMatter & British Values							
<p>Get Heartsmart (Meet Boris)</p> <p><b>Christian Values – Thankfulness and Love</b></p>	<p><b>Mental and Emotional Health</b></p> <p>1) How do my feelings affect my behaviour? How can I manage my feelings?</p> <p>2) What are the ways we communicate online?</p> <p>3) What am I good at?</p> <p>Democracy for All – Lesson 1 + Lesson 2– Rule of Law and Democracy</p>	<p><b>Get HeartSmart</b></p> <p>Introduction to HeartSmart</p> <p>HS Film R&amp;HE – CF1, CF3, MW1 PSHE – H2, R2</p>	<p><b>Batteries</b></p> <p>Looking at ways we can be positive (kind) and negative (unkind) to one another</p> <p>Activity R&amp;HE – CF1, CF2 PSHE – R2</p>	<p><b>Inside Out</b></p> <p>Recalling memories and associating a feeling with them</p> <p>Film Clip R&amp;HE – MW3, MW4 PSHE – H7</p>	<p><b>Guard your Heart</b></p> <p>Thinking about the things we need to guard our hearts from</p> <p>Game R&amp;HE – CF5 PSHE – R3</p>	<p><b>My Squad</b></p> <p>Listing the people in our lives we are grateful for</p> <p>Worksheet R&amp;HE – F1, CF1 PSHE – R4</p>	<p><b>Full or empty?</b></p> <p>Thinking of the benefits of living a healthy lifestyle</p> <p>Worksheet R&amp;HE – PH1, PH3, PH4</p>	<p><b>Get HeartSmart reflection</b></p> <p>What we have learned about Get HeartSmart!</p> <p>Worksheet R&amp;HE – CF3, MW1 PSHE – H1, R2</p>
<p><b>Other Events</b></p>	<p>Personal Hygiene &amp; Handwashing (Ongoing), European School Sports Day, Nasal flu spray, R-Y6 Height &amp; Weight Screening, World Mental Health Day (10.10.21) Black History Month (October), JED World of Work</p>							

Year Three PSHE Overview

<p>Don't forget To Let Love In (I Am Special)</p> <p><b>Christian Values – Respect and Love</b></p>	<p><b>Healthy Lifestyles</b></p> <p>1) What is a healthy diet? What is an unhealthy diet?</p> <p>2) How do I keep safe in the sun?</p> <p>3) Why is personal hygiene important ?</p> <p>Free to be me (Lesson 1)– Individual Liberty</p>	<p><b>Don't forget to let love in!</b></p> <p>Introduction to the first HeartSmart principle</p> <p>HS Film R&amp;HE – RR4, MW1 PSHE – H1, R2</p>	<p><b>Wear it with pride</b></p> <p>Learning to accept the encouragement given to us by others</p> <p>Activity R&amp;HE – CF1, CF3 PSHE – L8</p>	<p><b>Love is...</b></p> <p>Considering what love is and what it isn't</p> <p>Worksheet R&amp;HE – F6, CF2, CF5 PSHE – L4</p>	<p><b>Moana</b></p> <p>Comparing 'Te Fiti' before and after she 'let love in'</p> <p>Film Clip R&amp;HE – MW2, MW4, MW7 PSHE – R1</p>	<p><b>Growing gratitude</b></p> <p>Listing things we are grateful for and why</p> <p>Activity R&amp;HE – RR3 PSHE – H1</p>	<p><b>Love yourself</b></p> <p>Making good choices to keep our hearts healthy</p> <p>Activity R&amp;HE – HE1, HE2 PSHE – H1, H3</p>	<p><b>Don't forget to let love in Reflection</b></p> <p>What we have learned about Don't forget to let love in!</p> <p>Worksheet R&amp;HE – RR4, MW1 PSHE – H1, H7</p>
<p><b>Other Events</b></p>	<p>Personal Hygiene &amp; Handwashing (Ongoing), UK Parliament Week, Ethos Day, Anti Bullying Week (15 to 19.11.21), Road Safety Week (15 to 21.11.21), Local Charity for Christmas Support, Children in Need, Human Rights Day (10.12.21) EYFS: People Who Help Us – Fire Service, Nurse, Dentist, Midwife etc, JED World of Work</p>							
<p>Too Much Selfie Isn't Healthy (I Love Others)</p>	<p><b>Living in the Wider World</b></p> <p>1) How do rules and law</p>	<p><b>Too much selfie isn't healthy</b></p> <p>Introduction to the 2<sup>nd</sup></p>	<p><b>Flip your phone</b></p> <p>How can you be #unselfie and doing something</p>	<p><b>What's your emergency</b></p> <p>How to respond in an emergency</p>	<p><b>Elizabeth Everest</b></p> <p>Honouring others for their kindness</p>	<p><b>No man is an island</b></p> <p>Working together, listening to one another</p>	<p><b>Padlocked Privacy</b></p> <p>Discussing why it is important to keep personal</p>	<p><b>Too much selfie isn't healthy Reflection</b></p> <p>What have we learned about</p>

Year Three PSHE Overview

<p><b>Christian Values – Compassion and Love</b></p>	<p>protect me?                  2) What is the difference between my local British communities and global communities?                  3) What are the links between work and money?</p> <p>Welcoming New People (Something Else) – Lesson 1 + 2 – Mutual Tolerance and Respect for Diversity</p>	<p>HeartSmart principle</p> <p>HS Film R&amp;HE – CF2, CF3                  PSHE – R1, R2</p>	<p>kind for others?</p> <p>Worksheet R&amp;HE – CF3, RR2                  PSHE – R7</p>	<p>Activity R&amp;HE – BFA1                  PSHE – H15</p>	<p>Activity R&amp;HE – RR5                  PSHE – R7</p>	<p>and respecting other’s views</p> <p>Game R&amp;HE – CF2, CF3                  PSHE – L8</p>	<p>information private</p> <p>Worksheet R&amp;HE – OR3, OR5                  PSHE – H22</p>	<p>Too much selfie isn’t healthy!                  Worksheet R&amp;HE – CF2, CF3                  PSHE – R1, R2</p>
<p><b>Other Events</b></p>	<p>Personal Hygiene &amp; Handwashing (Ongoing), World Religion Day (17.1.22), Safer Internet Day (8.2.22), Children’s Mental Health Week (7 to 13.2.22), LGBT History Month (February), JED World of Work</p>							
<p>Don’t Hold On To What’s Wrong</p>	<p><b>Living in the Wider World</b>                  1) How do rules and</p>	<p><b>Don’t Hold On To What’s Wrong</b></p>	<p><b>Magic Water</b>                  Demonstrating the effects of saying sorry</p>	<p><b>Play it out</b>                  Considering different ways</p>	<p><b>Balloon Blast</b>                  Demonstrating the benefits</p>	<p><b>Marble Jar</b>                  Discussion around how</p>	<p><b>Who am I?</b>                  Recognising and</p>	<p><b>Don’t hold on to what’s wrong reflection</b></p>

Year Three PSHE Overview

<p>(I Am A Good Friend)</p> <p><b>Christian Values – Forgiveness and Love</b></p>	<p>law protect me?</p> <p>2) What is the difference between my local British communities and global communities?</p> <p>3) What are the links between work and money?</p>	<p>Introduction to the 3<sup>rd</sup> HeartSmart principle</p> <p>HS Film R&amp;HE – CF4, RR2 PSHE – H1</p>	<p>Discussion R&amp;HE – CF4, CF5, RR3 PSHE – R7, R12</p>	<p>to respond to scenarios</p> <p>Worksheet R&amp;HE – CF4 PSHE – R2</p>	<p>of letting go of hurt</p> <p>Activity R&amp;HE – CF4, MW2 PSHE – R12</p>	<p>trust is built and betrayed</p> <p>Film Clip R&amp;HE – CF2, CF5 PSHE – R3</p>	<p>challenging stereotypes</p> <p>Worksheet R&amp;HE – RR7 PSHE – R16</p>	<p>What we have learnt?</p> <p>R&amp;HE – CF4, RR2 PSHE – H1, H7</p>
<p><b>Other Events</b></p>	<p>Personal Hygiene &amp; Handwashing (Ongoing), Sun Safety, Dental Health, Healthy Eating, National Careers Week (7 to 12.3.22), Sustrans Big Walk and Wheel (21.3.22 – 1.4.22) National School’s Autism Awareness Week, JED World of Work</p>							
<p>Fake Is A Mistake (I Tell The Truth)</p> <p><b>Christian Values – Faith and Love</b></p>	<p><b>Keeping Safe</b></p> <p>1) What happens when I breathe smoke in the air?</p> <p>2) How do I recognise risks in my life?</p>	<p><b>Fake is a mistake!</b></p> <p>Introduction to the 4<sup>th</sup> HeartSmart principle</p> <p>HS Film R&amp;HE – CF2 PSHE – R2</p>	<p><b>Spot the Difference</b></p> <p>The real me is the best me</p> <p>Activity R&amp;HE – OR1, ISH6</p>	<p><b>Shame Detectives</b></p> <p>Spotting shame and replacing it with truth</p> <p>Worksheet R&amp;HE – CF3, MW2</p>	<p><b>Circle of Trust</b></p> <p>Thinking about appropriate and inappropriate contact</p> <p>Worksheet R&amp;HE – BS3, BS5</p>	<p><b>Build on Truth</b></p> <p>Importance of truth to build strong friendships</p> <p>Discussion R&amp;HE – CF2</p>	<p><b>Allergy Allies</b></p> <p>Learning the facts and science about allergies</p> <p>Discussion R&amp;HE – HP6 PSHE –</p>	<p><b>Fake is a mistake reflection</b></p> <p>What we have learned about Fake is a mistake!</p> <p>Worksheet R&amp;HE – CF2 PSHE – R2</p>

Year Three PSHE Overview

	<p>3) What do I do in an emergency?</p> <p>Games Without rules – Lessons 1 – 4 *These can be condensed if necessary British Value – Rule of Law</p>		PSHE – R7	PSHE – H1, H6	PSHE – H1	PSHE – R2, R3, R7		
<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), National Smile Month (16.5.22 – 16.6.22), JED World of Work							
<p>No Way Through, Isn't True (I Can Do It!)</p> <p><b>Christian Values – Hope and Love</b></p>	<p><b>Relationships and Sex Education</b></p> <p>1) What is personal space?</p> <p>2) What does a healthy relationship look like?</p> <p>3) Why is being equal in a relationship important?</p>	<p><b>'No way through' isn't true!</b></p> <p>Introduction to the final HeartSmart principle</p> <p>HS Film R&amp;HE – MW2 PSHE – H6, H7</p>	<p><b>Snakes and ladders</b></p> <p>Thinking about progress (ladders) and setbacks (snakes)</p> <p>Activity R&amp;HE – MW3, MW4 PSHE – H5, H7</p>	<p><b>Get back up</b></p> <p>Importance of getting back up and trying again</p> <p>Discussion R&amp;HE – MW1 PSHE – H7</p>	<p><b>I can help!</b></p> <p>Learning how to respond to emergency first aid situations</p> <p>Activity R&amp;HE – BFA2 PSHE – H15</p>	<p><b>Dream Attitudes</b></p> <p>Developing the right attitudes to achieve our dreams</p> <p>Worksheet R&amp;HE – MW1 PSHE – H5, H7</p>	<p><b>Embracing Change</b></p> <p>How to manage change well</p> <p>Activity R&amp;HE – MW2, MW3, MW4 PSHE – H7, H8</p>	<p><b>'No way through' isn't true reflection</b></p> <p>What we have learned about 'No way through' isn't true!</p> <p>Worksheet R&amp;HE – MW2 PSHE – H6, H7</p>

Year Three PSHE Overview

	Plan to be good – Individual Liberty & Rule of Law							
<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), Enterprise, World Environment Day (5.6.22), Child Safety Week (3 to 10.6.22), BNF Healthy Eating Week (13 to 19.6.22), National School Sport Week (18 to 24.6.22), World Refugee Day (20.6.22), National RSE Day (30.6.22), Transition to New Classes, JED World of Work							
<b>RRSA Articles (To run through the whole year)</b>	2 – No discrimination, 3 – Best Interests of the Child, 4 – Making Rights Equal, 6 – Life Survival and Development, 7 – Name and Nationality, 8 – Identity, 9 – Keeping Families Together, 12 – Respect for Children’s Views, 13 – Sharing Thoughts Freely, 14 – Freedom of Thought and Religion, 15 – Setting up or Joining Groups, 16 – Protection or Privacy, 17 – Access to Information, 19 – Protection From Violence, 22 – Refugee Children, 23 – Children With Disabilities, 24 – Health Water Food and Environment, 27 – Food Clothing & a Safe Home, 28 – Access to Education, 29 – Aims of Education, 30 – Minority Culture Language and Religion, 31 – Rest Play Culture and Arts, 34 – Protection from Sexual Abuse, 36 – Protection from Exploitation, 39 – Recovery and Reintegration, 42 – Everyone Must Know Children’s Rights							

Year Four PSHE Overview

Unit	IMatter & British Values							
<p>Get Heartsmart (Meet Boris)</p> <p><b>Christian Values – Thankfulness and Love</b></p>	<p><b>Mental and Emotional Health</b></p> <p>1) What is resilience?</p> <p>2) What does it mean to have responsibility over my choices and actions?</p> <p>3) What is discrimination?</p> <p>Democracy for All – Lesson 1 + Lesson 2 – Rule of Law and Democracy</p>	<p><b>Get HeartSmart</b></p> <p>Introduction to HeartSmart</p> <p>HS Film R&amp;HE – CF1, CF3, MW1 PSHE – H2, R2</p>	<p><b>Words have Power</b></p> <p>Demonstrating consequences of the words we use about ourselves and others</p> <p>Activity R&amp;HE – MW8, RR5, RR6 PSHE – R7</p>	<p><b>Reap what you sow</b></p> <p>Suggesting ways we can grow a desired characteristic e.g kindness</p> <p>Activity R&amp;HE – CF2 PSHE – R11</p>	<p><b>Wily wolf</b></p> <p>Thinking about and discussing how we know who we can trust</p> <p>Discussion R&amp;HE – BS1, BS5 PSHE – R21, H23</p>	<p><b>Family Recipe</b></p> <p>Thinking about the characteristics that make a healthy family life</p> <p>Activity R&amp;HE – F2 PSHE – R4</p>	<p><b>Healthy Minds</b></p> <p>Recognising what positively and negatively affects our mental health</p> <p>Worksheet R&amp;HE – MW1, MW10 PSHE – H1, H14</p>	<p><b>Get HeartSmart reflection</b></p> <p>What we have learned about Get HeartSmart</p> <p>Worksheet R&amp;HE – CF1, CF3, MW1 PSHE – H1, R2</p>
<b>Other Events</b>	<p>Personal Hygiene &amp; Handwashing (Ongoing), European School Sports Day, Nasal flu spray, R-Y6 Height &amp; Weight Screening, World Mental Health Day (10.10.21) Black History Month (October), JED World of Work</p>							
<p>Don't forget To Let Love In (I Am Special)</p>	<p><b>Healthy Lifestyles</b></p> <p>1) How do I make sure</p>	<p><b>Don't forget to let love in!</b></p> <p>Introduction to the first</p>	<p><b>Heart to heart</b></p> <p>Looking at ways we feel loved</p>	<p><b>Brilliant me ball</b></p> <p>Celebrating our strengths</p>	<p><b>One in a million</b></p> <p>Comparing measurement to determine</p>	<p><b>Don't agree with I don't like me</b></p> <p>Highlighting things about</p>	<p><b>Hands Up!</b></p> <p>Creating a catchy rhyme/song or rap to remind</p>	<p><b>Don't forget to let love in reflection</b></p> <p>What we have learned about</p>

Year Four PSHE Overview

<p><b>Christian Values – Respect and Love</b></p>	<p>I sleep well? 2) What is fuel for the body? 3) How do I know if I'm physically ill?</p> <p>Campaign to support the crayons – Lesson 1 + 2 - Democracy</p>	<p>HeartSmart principle</p> <p>HS Film R&amp;HE – RR4, MW1 PSHE – H1, R2</p>	<p>Activity R&amp;HE – F1, F3, F4 PSHE – R2</p>	<p>and achievements</p> <p>Activity R&amp;HE – RR4 PSHE – H5</p>	<p>our uniqueness</p> <p>Activity R&amp;HE – NA PSHE – H5</p>	<p>our bodies we are grateful for</p> <p>Activity R&amp;HE – MW4 PSHE – H1</p>	<p>others about the importance of hand washing</p> <p>Activity R&amp;HE – HP5 PSHE – H12</p>	<p>Don't forget to let love in!</p> <p>Worksheet R&amp;HE – RR4, MW1 PSHE – H1, H7</p>
<p><b>Other Events</b></p>	<p>Personal Hygiene &amp; Handwashing (Ongoing), UK Parliament Week, Ethos Day, Anti Bullying Week (15 to 19.11.21), Road Safety Week (15 to 21.11.21), Local Charity for Christmas Support, Children in Need, Human Rights Day (10.12.21) EYFS: People Who Help Us – Fire Service, Nurse, Dentist, Midwife etc, JED World of Work</p>							
<p>Too Much Selfie Isn't Healthy (I Love Others)</p> <p><b>Christian Values – Compassion and Love</b></p>	<p><b>Living in the Wider World</b> 1) What are the rights of the child? 2) How do we look after our money? 3) What is sustainability?</p>	<p><b>Too much selfie isn't healthy!</b> Introduction to the 2<sup>nd</sup> HeartSmart principle</p> <p>HS Film</p>	<p><b>What's missing?</b> Being aware of surroundings and people around you</p> <p>Game R&amp;HE – CF1</p>	<p><b>Guess my feelings</b> Suggesting how someone is feeling based on their facial expressions and body language</p> <p>Activity</p>	<p><b>Unseen heroes</b> Thinking about and thanking the unseen heroes of our local community</p> <p>Activity</p>	<p><b>Teamwork makes the dream work!</b> Recognising that we sometimes need help from others and working together to achieve a shared goal</p> <p>Game</p>	<p><b>True Smartphone</b> Developing an awareness of ways to use mobile phones and tablets responsibly</p> <p>Worksheet</p>	<p><b>Too much selfie isn't healthy Reflection</b> What we have learned about Too much selfie isn't healthy!</p> <p>R&amp;HE – PSHE –</p>



Year Four PSHE Overview

		R&HE – CF2, CF3 PSHE – R1, R2	PSHE – L7, H23	R&HE – MW2, MW3 PSHE – R1	R&HE – RR5, BS8 PSHE – H23	R&HE – CF2, CF3 PSHE – R11, R12	R&HE – ISH2, ISH7 PSHE – H24	
<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), World Religion Day (17.1.22), Safer Internet Day (8.2.22), Children’s Mental Health Week (7 to 13.2.22), LGBT History Month (February), JED World of Work							
Don’t Hold On To What’s Wrong (I Am A Good Friend)  <b>Christian Values – Forgiveness and Love</b>	<b>Living in the Wider World</b> 1) What are the rights of the child? 2) How do we look after our money? 3) What is sustainability?  Free to be Me – Lesson 2 & 3 – Individual Liberty	<b>Don’t hold on to what’s wrong</b> Introduction to the 3 <sup>rd</sup> HeartSmart principle  HS Film R&HE – CF4, RR2 PSHE – H1	<b>Saying sorry</b> Discussing ways to fix broken friendships  Discussion R&HE – CF4, CF5, RR3 PSHE – R12	<b>Pass through the pain barrier</b> Discussing what forgiveness is and the value of forgiving others Discussion R&HE – CF4, MW3 PSHE – H1	<b>Good stress, bad stress</b> Talking about different types of stress and ways to manage negative stress Activity R&HE – MW5, MW9 PSHE – H6	<b>Boundaries</b> Learning about personal boundaries  Discussion R&HE – RR8, BS1 PSHE – R21	<b>Be Kind online</b> Recognising and dealing with online abuse  Worksheet R&HE – ISH1, ISH5, ISH7 PSHE – R18	<b>Don’t hold on to what’s wrong</b> What we have learnt?  Worksheet R&HE – CF4, RR2 PSHE – H1, H7
<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), Sun Safety, Dental Health, Healthy Eating, National Careers Week (7 to 12.3.22), Sustrans Big Walk and Wheel (21.3.22 – 1.4.22) National School’s Autism Awareness Week, JED World of Work							
Fake Is A Mistake (I Tell The Truth)  <b>Christian Values – Faith and Love</b>	<b>Keeping Safe</b> 1) How do I manage risks in my life? 2) What is self-control?	<b>Fake is a mistake!</b> Introduction to the 4 <sup>th</sup> HeartSmart principle	<b>Human BEings not DOings</b> Celebrating one another for who we are not what we do	<b>Voice of Love</b> Who speaks into our lives and are they using the voice of love?	<b>Speak Truth</b> Having the courage to tell the truth isn’t always easy	<b>Dare to be different</b> When dares are fun and when they are not. Thinking of ways to say no to dares	<b>Risky Business</b> Learning the facts and risks associated with smoking	<b>Fake is a mistake reflection</b> What we have learned about Fake is a mistake

Year Four PSHE Overview

	<p>3) <b>What is the difference between legal and illegal drugs? Are all drugs harmful?</b></p> <p>We Are Britain – Lesson 3 – 7 – Mutual Tolerance and Respect for Diversity</p>	<p>HS Film R&amp;HE – CF2 PSHE – H1</p>	<p>Activity R&amp;HE – RR1, CF3 PSHE – H1, H5</p>	<p>Worksheet R&amp;HE – F2, CF3 PSHE – H1, R10</p>	<p>Story R&amp;HE – CF5 PSHE – R2, H13</p>	<p>Activity R&amp;HE – RR8, BS1, BS5 PSHE – R15, H10</p>	<p>Activity R&amp;HE – DAT1 PSHE – H17</p>	<p>Worksheet R&amp;HE – CF2 PSHE – R2</p>
<b>Other Events</b>	<b>Personal Hygiene &amp; Handwashing (Ongoing), National Smile Month (16.5.22 – 16.6.22), JED World of Work</b>							
<p>No Way Through, Isn't True (I Can Do It!)</p> <p><b>Christian Values – Hope and Love</b></p>	<p><b>Relationships and Sex Education</b></p> <p>1) <b>What is diversity?</b></p> <p>2) <b>Do boys and girls have different roles?</b></p> <p>3) <b>What changes can happen in my body?</b></p>	<p><b>'No way through' isn't true</b></p> <p>Introduction to the final HeartSmart principle</p> <p>HS Film R&amp;HE – MW2 PSHE – H6, H7</p>	<p><b>Endurance Expedition</b></p> <p>Thinking about the skills and attitudes needed to meet a challenge</p> <p>Activity R&amp;HE – MW3, MW4 PSHE – H7</p>	<p><b>Habits – help or hinder?</b></p> <p>Considering the habits we need to develop or change to reach our goals</p> <p>Worksheet R&amp;HE – MW4, MW5 PSHE – H16</p>	<p><b>Just keep swimming</b></p> <p>How to persevere and hold onto hope</p> <p>Film Clip R&amp;HE – MW3, MW4 PSHE – H7, R2</p>	<p><b>Dreamers</b></p> <p>Dreaming of the future</p> <p>Activity R&amp;HE – NA PSHE – H5</p>	<p><b>Changing me!</b></p> <p>Key facts about the changes that take place in puberty between 9 - 11</p> <p>Worksheet R&amp;HE – CAB1 PSHE – H8, H13</p>	<p><b>'No way through' isn't true</b></p> <p>What we have learned about 'No way through' isn't true</p> <p>Worksheet R&amp;HE – MW2 PSHE – H6, H7</p>

Year Four PSHE Overview

	<p>Encouraging Difference (Giraffes can't Dance) Lesson 2 &amp; (Happy Feet) Lesson 3 – Respect for Diversity, Individual Liberty</p>							
<p><b>Other Events</b></p>	<p>Personal Hygiene &amp; Handwashing (Ongoing), Enterprise, World Environment Day (5.6.22), Child Safety Week (3 to 10.6.22), BNF Healthy Eating Week (13 to 19.6.22), National School Sport Week (18 to 24.6.22), World Refugee Day (20.6.22), National RSE Day (30.6.22), Transition to New Classes, JED World of Work</p>							
<p><b>RRSA Articles (To run through the whole year)</b></p>	<p>RRSA Articles (To run through the whole year) 2 – No discrimination, 3 – Best Interests of the Child, 4 – Making Rights Equal, 6 – Life Survival and Development, 7 – Name and Nationality, 8 – Identity, 9 – Keeping Families Together, 12 – Respect for Children's Views, 13 – Sharing Thoughts Freely, 14 – Freedom of Thought and Religion, 15 – Setting up or Joining Groups, 16 – Protection or Privacy, 17 – Access to Information, 19 – Protection From Violence, 22 – Refugee Children, 23 – Children With Disabilities, 24 – Health Water Food and Environment, 27 – Food Clothing &amp; a Safe Home, 28 – Access to Education, 29 – Aims of Education, 30 – Minority Culture Language and Religion, 31 – Rest Play Culture and Arts, 34 – Protection from Sexual Abuse, 36 – Protection from Exploitation, 39 – Recovery and Reintegration, 42 – Everyone Must Know Children's Rights</p>							

Year Five PSHE Overview

Unit	IMatter & British Values							
<p>Get Heartsmart (Meet Boris)</p> <p><b>Christian Values – Thankfulness and Love</b></p>	<p><b>Mental and Emotional Health</b></p> <p>1) What is mental health?</p> <p>2) How do I negotiate and compromise?</p> <p>3) How do I stay safe on a mobile or tablet?</p> <p>4) How can I be happy being me? (body image)</p> <p>People Equal Poem/Performing the poem – Lesson 1</p> <p>Exploring the meaning of equality using the People</p>	<p><b>Get HeartSmart</b></p> <p>Introduction to HeartSmart</p> <p>HS Film R&amp;HE – CF1, CF3, MW1 PSHE – H2, R2</p>	<p><b>Boss v Leader</b></p> <p>Considering how powerful people lead others</p> <p>Activity R&amp;HE – RR1, BS4 PSHE – L6</p>	<p><b>Lion Heart</b></p> <p>Describing the heart reputation we would like</p> <p>Activity R&amp;HE – CF2, RR1 PSHE – H5</p>	<p><b>Watch what you watch watch</b></p> <p>Discussing how to know what we should and shouldn't watch</p> <p>Worksheet R&amp;HE – ISH2, ISH4 PSHE – H2</p>	<p><b>Letter of thanks</b></p> <p>Writing letters of thanks to people who support and encourage us</p> <p>Activity R&amp;HE – F1, F2, F4 PSHE – R4</p>	<p><b>Sleep Well</b></p> <p>Thinking about the importance of good quality sleep for health</p> <p>Discussion R&amp;HE – HP3 PSHE – H2</p>	<p><b>Get HeartSmart reflection</b></p> <p>What we have learned about Get HeartSmart</p> <p>Worksheet R&amp;HE – CF1, CF3, MW1 PSHE – H1, R2</p>

Year Five PSHE Overview

	Equal Poem – Lesson 2 – Mutual tolerance and respect for diversity							
<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), European School Sports Day, Nasal flu spray, R-Y6 Height & Weight Screening, World Mental Health Day (10.10.21) Black History Month (October), JED World of Work							
Don't forget To Let Love In (I Am Special)  <b>Christian Values – Respect and Love</b>	<b>Healthy Lifestyles</b> 1) How can we stop the spread of infection? 2) Why is it important to know about nutritional content of food?	<b>Don't forget to let love in!</b> Introduction to the 1 <sup>st</sup> HeartSmart principle  HS Film R&HE – RR4, MW1 PSHE – H1, R2	<b>Gunner</b> Making the connection between Gunner's story and don't forget to let love in!  Activity R&HE – CF2 PSHE – R11	<b>Make the right voice choice</b> Considering the way the words we listen to about ourselves make us feel  Activity R&HE – F6, CF5, MW1 PSHE – H1	<b>Under pressure</b> Thinking about diff. sources of pressure, including from our friends, and ways we can respond Activity R&HE – BS5, BS8 PSHE – H13, H14	<b>Allocating Resources</b> Recognising that resources can be allocated in different ways and these choices affect others Activity R&HE – NA PSHE – L15	<b>Help!</b> Who to go to for help and how to keep asking until help is given  Activity R&HE – BS6, BS7, BS8 PSHE – H23	<b>Don't forget to let love in Reflection</b> What we have learned in Don't forget to let love in!  Worksheet R&HE – RR4, MW1 PSHE – H1, H7
<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), UK Parliament Week, Ethos Day, Anti Bullying Week (15 to 19.11.21), Road Safety Week (15 to 21.11.21), Local Charity for Christmas Support, Children in Need, Human Rights Day (10.12.21) EYFS: People Who Help Us – Fire Service, Nurse, Dentist, Midwife etc, JED World of Work							
Too Much Selfie Isn't Healthy (I Love Others)  <b>Christian Values –</b>	<b>Living in the Wider World</b> 1) How are rules and law made and changed?	<b>Too much selfie isn't healthy!</b> Introduction to the 2 <sup>nd</sup> HeartSmart principle	<b>When I'm feeling lonely...</b> What we can do when we feel lonely	<b>Read my lips</b> Listening to what others say	<b>Honour</b> Thinking of people who deserve honour and suggesting	<b>Great Groups</b> To investigate the purpose and role of different groups (inc.	<b>Be aware what you share</b> Developing an awareness of what you should and	<b>Too much selfie isn't healthy Reflection</b> What we have learned about Too much

Year Five PSHE Overview

<p><b>Compassion and Love</b></p>	<p>2) What is fair trade? 3) How can I develop my enterprise skills?</p> <p>Individual Liberty – Lesson 1 and Individual Liberty (Supporting other peoples’ liberty) Lesson 2 – Individual Liberty</p>	<p>HS Film R&amp;HE – CF2, CF3 PSHE – R1, R2</p>	<p>Activity R&amp;HE – MW7, OR4 PSHE – H1</p>	<p>Game R&amp;HE – RR1, RR2 PSHE – R10</p>	<p>ways to honour them  Activity R&amp;HE – RR5 PSHE – L9, L11</p>	<p>pressure groups)  Activity R&amp;HE – NA PSHE – L10</p>	<p>shouldn’t share online Activity R&amp;HE – OR1, OR4, ISH3 PSHE – H25</p>	<p>selfie isn’t healthy! Worksheet R&amp;HE – CF2, CF3 PSHE – R1, R2</p>
<p><b>Other Events</b></p>	<p>Personal Hygiene &amp; Handwashing (Ongoing), World Religion Day (17.1.22), Safer Internet Day (8.2.22), Children’s Mental Health Week (7 to 13.2.22), LGBT History Month (February), JED World of Work</p>							
<p>Don’t Hold on to what’s wrong (I Am A Good Friend)  <b>Christian Values – Forgiveness and Love</b></p>	<p><b>Living in the Wider World</b> 1) How are rules and law made and changed? 2) What is fair trade? 3) How can I develop</p>	<p><b>Don’t hold on to what is wrong</b> Introduction to the 3<sup>rd</sup> HeartSmart principle  HS Film</p>	<p><b>Different perspective</b> Developing simple strategies to resolve conflict  Activity R&amp;HE – CF4, RR2</p>	<p><b>Nelson Mandela</b> Describing what Nelson Mandela’s life teaches us about forgiveness Discussion R&amp;HE – MW1 PSHE – R2</p>	<p><b>Emotions don’t drive!</b> How to handle our emotions  Activity R&amp;HE – MW2, MW3</p>	<p><b>I did not I am</b> Discussing how we respond to our own mistakes  Discussion R&amp;HE – MW3 PSHE – H1</p>	<p><b>Bully Busting</b> Recognising bullying in all its forms and thinking about strategies to deal with bullying Worksheet R&amp;HE – RR6, MW8</p>	<p><b>Don’t hold on to what is wrong Reflection</b> What we have learnt.  Worksheet R&amp;HE – CF4, RR2 PSHE – H1, H7</p>

Year Five PSHE Overview

	my enterprise skills?	R&HE – CF4, RR2 PSHE – H1	PSHE – R7, R12, L8		PSHE – H6		PSHE – R18	
	Democracy for All – Lesson 1 – Democracy							
<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), Sun Safety, Dental Health, Healthy Eating, National Careers Week (7 to 12.3.22), Sustrans Big Walk and Wheel (21.3.22 – 1.4.22) National School’s Autism Awareness Week, JED World of Work							
Fake Is A Mistake (I Tell The Truth)  Christian Values – Faith and Love	<b>Keeping Safe</b> 1) How do I respond to dares? 2) What are ‘habits’? 3) Who or what influences me?	<b>Fake is a mistake!</b> Introduction to the 4 <sup>th</sup> HeartSmart principle  HS Film R&HE – CF2 PSHE – R2	<b>Time to get real</b> How images we see online and in the media don’t always represent reality  Discussion R&HE – OR1, OR4, ISH6 PSHE – H4, L17, L18	<b>No need to hide what’s inside</b> Exploring how shame can make us want to hide how we really feel  Activity R&HE – CF3, MW2, MW3 PSHE – H7, H14, R9	<b>Soft shells</b> Knowing who we can trust to be vulnerable and open with  Film Clip R&HE – CF2, BS1, BS8 PSHE – R2, R21	<b>Hearts that welcome feedback</b> How feedback can help us grow  Activity R&HE – CF1, CF3 PSHE – R1, R7, R12	<b>Decisions, Decisions!</b> Finding out about the risks associated with alcohol for young people  Activity R&HE – DAT1 PSHE – H17	<b>Fake is a mistake Reflection</b> What we have learned about Fake is a mistake!  Worksheet R&HE – CF2 PSHE – R2
<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), National Smile Month (16.5.22 – 16.6.22), JED World of Work							
No Way Through, Isn’t True (I Can Do It!)	<b>Relationships and Sex Education</b> 1) What is puberty?	<b>‘No way through’ isn’t true</b> Introduction to the final	<b>Egg in the flask</b> Demonstrating that ‘No way through’ isn’t true	<b>Success isn’t always what you see</b> How the successes we achieve on the	<b>Hope Light</b> Looking at the power of Hope and how it can keep us going	<b>Period Relay</b> Key facts about the menstrual cycle	<b>What am I?</b> How to look after ourselves during puberty	<b>‘No way through’ isn’t true Reflection</b> What we have learned about

Year Five PSHE Overview

<p><b>Christian Values – Hope and Love</b></p>	<p>2) What are the different relationships in my life? 3) What is unwanted touch? 4) Understanding FGM (Additional lesson)</p>	<p>Heart Smart principle  HS Film R&amp;HE – MW2 PSHE – H6, H7</p>	<p>Activity R&amp;HE – MW4 PSHE – H7</p>	<p>inside can often be greater than those seen on the outside Worksheet R&amp;HE – MW4 PSHE – H1, H5</p>	<p>Activity R&amp;HE – MW1, MW4 PSHE – H1, H5</p>	<p>Worksheet R&amp;HE – CAB2 PSHE – H13</p>	<p>Game R&amp;HE – CAB1, CAB2 PSHE – H13</p>	<p>‘No way through’ isn’t true!  Worksheet R&amp;HE – MW2 PSHE – H6, H7</p>
<p><b>Other Events</b></p>	<p>Personal Hygiene &amp; Handwashing (Ongoing), Enterprise, World Environment Day (5.6.22), Child Safety Week (3 to 10.6.22), BNF Healthy Eating Week (13 to 19.6.22), National School Sport Week (18 to 24.6.22), World Refugee Day (20.6.22), National RSE Day (30.6.22), Transition to New Classes, JED World of Work</p>							
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Year Six PSHE Overview

Unit	IMatter & British Values							
Get Heartsmart (Meet Boris)  <b>Christian Values – Thankfulness and Love</b>	<b>Mental and Emotional Health</b> 1) How can I challenge negative thoughts and feelings? 2) What is stereotyping? 3) How can the internet positively and negatively affect our mental health?  Democracy for All – Lesson 2 British Value – Democracy	<b>Get HeartSmart</b> Introduction to HeartSmart  HS Film R&HE – CF1, CF3, MW1 PSHE – H2, R2	<b>Powerful Poses</b> Demonstrate that our body language can be used to help us feel more powerful Activity R&HE – RR4, MW6 PSHE – H6	<b>Stone trainers</b> Comparing our hearts to trainers – how do we keep our hearts soft but strong  Worksheet R&HE – MW1, MW3, MW4 PSHE – H1	<b>Secret Scenarios</b> Recognising when it is right to keep a secret and when a secret should be shared Discussion R&HE – BS2, BS5 PSHE – R9, H14	<b>Tying the knot</b> Recognising the importance of commitment in marriage  Activity R&HE – F5 PSHE – R5	<b>Healthy food, healthy heart</b> Learning about the Eatwell plate and how to plan a healthy meal  Activity R&HE – HE2 PSHE – H3	<b>Get HeartSmart reflection</b> What we have learned about Get HeartSmart  Worksheet R&HE – CF1, CF3, MW1 PSHE – H1, R2
<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), European School Sports Day, Nasal flu spray, R-Y6 Height & Weight Screening, World Mental Health Day (10.10.21) Black History Month (October), JED World of Work							
Don't forget To Let Love In (I Am Special)	<b>Healthy Lifestyles</b>	<b>Don't forget to let love in</b>	<b>What are you worth?</b>	<b>People say I am</b>	<b>Thumbs up</b> Recalling significant	<b>Gratitude Jar</b> Thinking of the things we	<b>Signs to spot</b>	<b>Don't forget to let love in Reflection</b>

Year Six PSHE Overview

<p><b>Christian Values – Respect and Love</b></p>	<p>1) How is my mental and physical wellbeing connected ? 2) How do I keep physically healthy? 3) Can I plan and prepare a healthy meal?</p>	<p>Introduction to the 1<sup>st</sup> HeartSmart principle  HS Film R&amp;HE – RR4, MW1 PSHE – H1, R2</p>	<p>Working out what we are worth  Activity R&amp;HE – RR4 PSHE – H5</p>	<p>Encouraging one another with kind and positive words &amp; accepting the words spoken about us  Activity R&amp;HE – CF3 PSHE – H5</p>	<p>events and people in our lives so far  Activity R&amp;HE – F1, F3, CF1 PSHE – R4</p>	<p>are grateful for each week  Activity R&amp;HE – MW1 PSHE – H1</p>	<p>Identifying early signs of illness  Activity R&amp;HE – HP1 PSHE – NA</p>	<p>What we have learned about Don't forget to let love in!  Worksheet R&amp;HE – RR4, MW1 PSHE – H1, H7</p>
<p><b>Other Events</b></p>	<p>Personal Hygiene &amp; Handwashing (Ongoing), UK Parliament Week, Ethos Day, Anti Bullying Week (15 to 19.11.21), Road Safety Week (15 to 21.11.21), Local Charity for Christmas Support, Children in Need, Human Rights Day (10.12.21) EYFS: People Who Help Us – Fire Service, Nurse, Dentist, Midwife etc, JED World of Work</p>							
<p>Too Much Selfie Isn't Healthy (I Love Others)  <b>Christian Values – Compassion and Love</b></p>	<p><b>Living in the Wider World</b> 1) Why is it important to be critical of the media online and offline? 2) How do people manage money?</p>	<p><b>Too much selfie isn't healthy!</b> Introduction to the 2<sup>nd</sup> HeartSmart principle  HS Film R&amp;HE – CF2, CF3</p>	<p><b>All the same, all different</b> Demonstrating ways we are different and ways we are the same  Game R&amp;HE – CF3, RR1, RR5</p>	<p><b>Listen up!</b> Practising being a good listener  Activity R&amp;HE – CF4, RR1</p>	<p><b>You go before me</b> Thinking of ways the generations before us have overcome challenges that we benefit from Activity R&amp;HE – RR5 PSHE – L11</p>	<p><b>Growing together</b> Considering ways we can be a good friend and support one another Activity R&amp;HE – CF2, CF3</p>	<p><b>Social media – good or bad?</b> Discussing the benefits and dangers of social media  Discussion R&amp;HE – ISH2, ISH3, ISH4</p>	<p><b>Too much selfie isn't healthy</b> <b>Reflection</b> What we have learned about Too much selfie isn't healthy  Worksheet R&amp;HE – CF2, CF3</p>

Year Six PSHE Overview

	3) What do I want to be?  Rules and Laws – Lesson 2 British Values	PSHE – R1, R2	PSHE – L11	PSHE – R10		PSHE – R10	PSHE – H22, H24	PSHE – R1, R2
<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), World Religion Day (17.1.22), Safer Internet Day (8.2.22), Children’s Mental Health Week (7 to 13.2.22), LGBT History Month (February), JED World of Work							
Don’t Hold On To What’s Wrong (I Am A Good Friend)  <b>Christian Values – Forgiveness and Love</b>	<b>Living in the Wider World</b> 1) Why is it important to be critical of the media online and offline? 2) How do people manage money? 3) What do I want to be?	<b>Don’t Hold On To What’s Wrong</b> Introduction to the 3 <sup>rd</sup> HeartSmart principle  HS Film R&HE – CF4, RR2 PSHE – H1	<b>Work it out</b> Developing strategies to resolve conflict and disputes  Activity R&HE – CF4, RR2 PSHE – R12	<b>Power of forgiveness – Jimmy Mizen’s parents</b> Discussing how we benefit when we choose to forgive others Discussion R&HE – MW1 PSHE – R12	<b>Way to say</b> Exploring how our tone and body language communicates more than our words  Activity R&HE – RR2, OR1 PSHE – R2	<b>Bit by bit</b> Discussing how to build trust between friends  Activity R&HE – CF2, CF5 PSHE –R9, R21	<b>Deep Impact</b> Considering the impact of bullying  Activity R&HE – RR6, MW8 PSHE – R14	<b>Don’t Hold On To What’s Wrong Reflection</b> What we have learnt.  Worksheet R&HE – CF4, RR2 PSHE – H1, H7
<b>Other Events</b>	Personal Hygiene & Handwashing (Ongoing), Sun Safety, Dental Health, Healthy Eating, National Careers Week (7 to 12.3.22), Sustrans Big Walk and Wheel (21.3.22 – 1.4.22) National School’s Autism Awareness Week, JED World of Work							
Fake Is A Mistake (I Tell The Truth)	<b>Keeping Safe</b> 1) How do drugs affect the	<b>Fake is a mistake!</b> Introduction to the 4 <sup>th</sup>	<b>This is me!</b> Being proud of who we are	<b>HeartSmart Self-talk</b> Catching negative self-	<b>Boundaries for Respect</b> Learning how to use	<b>Vaccines – Facts vs fake news!</b>	<b>Fix it, Find out, Fit in!</b> Find out facts about legal	<b>Fake is a mistake Reflection</b>

Year Six PSHE Overview

<p><b>Christian Values – Faith and Love</b></p>	<p>mind and body?                  2) How do I manage peer pressure?                  3) What are basic emergency first aid skills?</p> <p>Individual Liberty – Lessons 3 – 5 (Staying free and avoiding peer pressure, Exploring Human Rights &amp; Exploring my individual liberties and my values) – Individual Liberty</p>	<p>HeartSmart principle</p> <p>HS Film R&amp;HE – CF2 PSHE – R2</p>	<p>Discussion R&amp;HE – NA PSHE – H6, H7, R16</p>	<p>talk and replacing it with positive self-talk</p> <p>Discussion R&amp;HE – MW1 PSHE – H1, H6, H7</p>	<p>boundaries to establish respectful friendships</p> <p>Activity R&amp;HE – BS1, RR2 PSHE – R3, R10, R18</p>	<p>Finding out facts about vaccinations</p> <p>Activity R&amp;HE – HP6, ISH6 PSHE –</p>	<p>and illegal substances and their risks</p> <p>Activity R&amp;HE – DAT1 PSHE – H17</p>	<p>What we have learned about Fake is a mistake!</p> <p>Worksheet R&amp;HE – CF2 PSHE – R2</p>
<p><b>Other Events</b></p>	<p>Personal Hygiene &amp; Handwashing (Ongoing), National Smile Month (16.5.22 – 16.6.22), JED World of Work, Kooth Counselling sessions</p>							
<p>No Way Through, Isn't True (I Can Do It!)</p>	<p><b>Relationships and Sex Education</b>                  1) What changes</p>	<p><b>'No way through' isn't true</b>                  Introduction to the final</p>	<p><b>The bridge to yet</b>                  Demonstrating that 'No way through' isn't true</p>	<p><b>Self-awareness</b>                  Thinking about how we are feeling, why we feel</p>	<p><b>Hearts filled with hope</b>                  Looking at the power of Hope and how</p>	<p><b>Where the magic happens</b>                  Learning to step out of our comfort zones</p>	<p><b>Under construction – the teenage brain!</b></p>	<p><b>'No way through' isn't true Reflection</b>                  What we have learned about</p>

Year Six PSHE Overview

<p><b>Christian Values – Hope and Love</b></p>	<p>happen in my life?                  2) What happens in a loving relationship and what is a forced marriage?                  3) How is a baby made?</p> <p>Lesson 3 &amp; 4 - People Equal Poem, Illustrating the poem, Writing a class People Equal poem                  British Value – Mutual Tolerance and respect for diversity</p>	<p>HeartSmart principle</p> <p>HS Film                  R&amp;HE – MW2                  PSHE – H6, H7</p>	<p>Activity                  R&amp;HE – MW3                  PSHE – H1, H5, H7</p>	<p>that way and what we need</p> <p>Activity                  R&amp;HE – MW1, MW3, MW4                  PSHE – H2, H16</p>	<p>it can keep us going</p> <p>Activity                  R&amp;HE – MW4                  PSHE – H1, H7</p>	<p>Activity                  R&amp;HE – MW4                  PSHE – H8, H9</p>	<p>How the brain changes during puberty</p> <p>Activity                  R&amp;HE – CAB1                  PSHE – H13</p>	<p>‘No way through’ isn’t true!                  Worksheet                  R&amp;HE – MW2                  PSHE – H6, H7</p>
<p><b>Other Events</b></p>	<p>Personal Hygiene &amp; Handwashing (Ongoing), Enterprise, World Environment Day (5.6.22), Child Safety Week (3 to 10.6.22), BNF Healthy Eating Week (13 to 19.6.22), National School Sport Week (18 to 24.6.22), World Refugee Day (20.6.22), National RSE Day (30.6.22), Transition to New Classes, JED World of Work</p>							
<p><b>RRSA Articles (To run</b></p>	<p>RRSA Articles (To run through the whole year) 2 – No discrimination, 3 – Best Interests of the Child, 4 – Making Rights Equal, 6 – Life Survival and Development, 7 – Name and Nationality, 8 – Identity, 9 – Keeping Families Together, 12 – Respect for Children’s Views, 13 – Sharing Thoughts Freely, 14 – Freedom of Thought and Religion, 15 – Setting up or Joining Groups, 16 – Protection or Privacy, 17 –</p>							

Year Six PSHE Overview

<b>through the whole year)</b>	Access to Information, 19 – Protection From Violence, 22 – Refugee Children, 23 – Children With Disabilities, 24 – Health Water Food and Environment, 27 – Food Clothing & a Safe Home, 28 – Access to Education, 29 – Aims of Education, 30 – Minority Culture Language and Religion, 31 – Rest Play Culture and Arts, 34 – Protection from Sexual Abuse, 36 – Protection from Exploitation, 39 – Recovery and Reintegration, 42 – Everyone Must Know Children’s Rights
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