Unit	IMatter & British Values								
Get Heartsmart		Му	Becoming	Fill Boris'	How do they	My heart is full	Heart Hunt		
(Meet Boris)		HeartSmart	Boris	Toolbox	feel?	Talking about	Looking for		
		Toolbelt	Using junk	Roll a dice to	Learning to	the things we	hidden hearts		
Christian		Looking at	materials to	find the	read facial	love and how			
Values –		Boris' special	dress up as	missing tools	expressions	they make us			
Thankfulness		tools to learn	Boris	from Boris'	and body	feel			
and Love		what it means		toolbox	language to				
		to be			understand				
		HeartSmart			how someone				
					is feeling	Activity	Game		
				Game	Activity	PSED – MFB	PSED – MR		
		Activity	Activity	PSED - MR	PSED – MFB				
		PSED – SC/SA	PSED - MR						
Other Events	Personal Hygien	e & Handwashing	(Ongoing), Europe	an School Sports	Day, Nasal flu spra	ny, R-Y6 Height & W	/eight		
	Screening, World	d Mental Health D	ay (10.10.21) Blac	k History Month (		·			
Don't forget To		I am loved!	My favourite	My heart!	Twinkle	Who am I?	EYFS has		
Let Love In		Learning that	things	Talking about	Twinkle	Children to find	talent		
(I Am Special)		each of us is	Thinking about	how we	Thinking about	different	Demonstrating		
		loved, special	our favourite	demonstrate	what makes	objects they like	our different		
Christian		and important	things and how	different	out friends		skills and		
Values –			they are all	emotions	special		talents		
Respect and			different						
Love									
		Circle Time	Activity	Activity		Activity			
		PSED – SC/SA	PSED – SC/SA	PSED - MFB		PSED – SC/SA			
					Game		Activity		
					PSED – MR		PSED – SC/SA		
Other Events	Personal Hygiene & Handwashing (Ongoing), UK Parliament Week, Ethos Day, Anti Bullying Week (15 to 19.11.21), Road								
	Safety Week (15 to 21.11.21), Local Charity for Christmas Support, Children in Need, Human Rights Day (10.12.21) EYFS:								
	People Who Help Us – Fire Service, Nurse, Dentist, Midwife etc								

Too Much		I love to	Parachute	Sorting	How do you	Helpful Hearts	Thank you for
Selfie Isn't		Discussion	families	Feeling	do?	Thinking about	helping me
Healthy		about who you	Game to	Looking at	Exploring ways	how we show	Thanking
(I Love Others)		love and what	demonstrate	ways people	to show care	others we care	members of
		you love to do	how	express how	and affection	when we offer	the school
Christian		together	everyone's	they are	for others	our help	community for
Values –			family is	feeling and			their help
Compassion		Activity	different	ways we can		Activity	
and Love		PSED - MR		show we care		PSED - MR	Activity
			Activity		Game		PSED - SC
			PSED – MR	Activity	PSED - MR		
				PSED - MFB			
Other Events	Personal Hygien	e & Handwashing	(Ongoing), World	Religion Day (17.1	L. <mark>22),</mark> Safer Interne	et Day <mark>(8.2.22),</mark> Chi	ldren's Mental
	Health Week <mark>(7-</mark>	<mark>13.2.22),</mark> LGBT His	tory Month (Febru	uary)			
Don't Hold On		Super Friends	Musical	Listening Ears	Soft words,	If I met the	<b>Grumpy Frog</b>
To What's		Discussing	Friends	Game to	hard words	Scrapman	Story
Wrong		what makes a	Game to show	encourage	Thinking about	Being kind to	Exploring
(I Am A Good		super friend	the importance	children to	the types of	others even	saying sorry
Friend)			of including	listen to one	words we use	when their	through story
			others	another	and how they	behaviour is	
Christian					make others	unkind	
Values –		Activity			feel	Activity	Story
Forgiveness		PSED - MR	Game	Game	Activity	PSED - MR	PSED - MFB
and Love			PSED - MR	PSED – MFB	PSED – MR		
Other Events	Personal Hygien	e & Handwashing	(Ongoing), Sun Sat	fety, Dental Healt	h, Healthy Eating,	National Careers V	Veek (7 to
	12.3.22), Sustrar	ns Big Walk and W	heel (21.3.22 – 1.4	1.22)			
Fake Is A		Boris and the	Cheer up	How Rabbit	Hat Game	Thankful Heart	Tell me about
Mistake		Scrapman's	Boris!	got his long	Pretending to	Circle time to	you
(I Tell The		lies	Write or draw	ears	be someone	think about	Sharing and
Truth)		Children to	a postcard for	Story to	else is fun but	what the	celebrating
		differentiate	Boris using	explore the	being me is	children are	differences in
		between lies	kind and	importance of	better	thankful for	our homes
		and truth					and families

Christian			encouraging	telling the		Circle Time	Show & Tell				
Values – Faith		Activity	words	truth	Activity	PSED – SC/SA	PSED – SC/SA				
and Love		PSED - MFB			PSED – SC/SA						
			Activity	Activity							
			PSED - MFB	PSED - MR							
Other Events	Personal Hygien	e & Handwashing	(Ongoing), Nation	al Smile Month <mark>(1</mark>	6.5.22 – 16.6.22)						
No Way		Boris in the	I can challenge	Stuck!	When I grow	Magnetic Maze	Changing				
Through, Isn't		kitchen	Series of	Circle time to	up	Activity to	Caterpillars				
True		Considering	challenges for	consider what	Game and	demonstrate	Considering				
(I Can Do It!)		how we can	children to	to do when	discussion	persevering to	change				
		move forward	practise and	the children	around what	find a way	through the				
Christian		from mistakes	complete	are stuck	children want	through	life cycle of				
Values – Hope		we make			to do when		the caterpillar				
and Love		Discussion	Activity	Circle Time	they grow up	Activity					
		PSED – SC/SA	PSED – SC/SA	PSED – SC/SA	Game	PSED – SC/SA	Activity				
					PSED – SC/SA		PSED – SC/SA				
Other Events						2), Child Safety We	-				
			•		oort Week (18 to 2	4.6.22), World Refu	ugee Day				
		nal RSE Day (30.6.2	•								
RRSA Articles						ırvival and Develop					
(To run	· ·	and Nationality, 8 – Identity, 9 – Keeping Families Together, 12 – Respect for Children's Views, 13 – Sharing Thoughts									
through the	Freely, 14 – Freedom of Thought and Religion, 15 – Setting up or Joining Groups, 16 – Protection or Privacy, 17 – Access to										
whole year)	Information, 19 – Protection From Violence, 22 – Refugee Children, 23 – Children With Disabilities, 24 – Health Water										
	Food and Environment, 27 – Food Clothing & a Safe Home, 28 – Access to Education, 29 – Aims of Education, 30 –										
	•			•		from Sexual Abus					
	Protection from	Exploitation, 39 –	Recovery and Rein	ntegration, 42 – E	veryone Must Kno	w Children's Rights	S				

Unit	IMatter &						
	British Values						
Get Heartsmart		Boris'	Build-a-Boris	<b>Boris Shapes</b>	Happy and You	<b>Boris Face</b>	Boris'
(Meet Boris)		Beginnings	Make a robot	Make a robot	Know It	Dough	Hanging
		Boris the	from junk	from 2D shapes	Song to	Different	Hearts
Christian		robot story –			demonstrate	emotions	Heart rewards
Values –		which voice			different	using play	for children
Thankfulness		should you			emotions	dough	who are
and Love		listen to?					caught being kind
		Story	Activity	Activity	Activity	Activity	Activity
		PSED - MR	PSED – SC/SA	PSED – SC/SA	PSED - MFB	PSED - MFB	PSED - MR
Other Events	, 0			•	Day, Nasal flu spray	, R-Y6 Height & W	/eight
				ck History Month (		Ι	T
Don't forget To	How do I feel?	VIP Crowns	Mirror, Mirror	I am Special	I Am Special	Fingerprint	All About Me
Let Love In	– Individual	Design and	Describe self	Because I Am	Song	Tree	Ball
(I Am Special)	Liberty	make a crown	in mirror and	Game to	Children to	Looking at	Circle time to
			draw a self-	encourage	suggest reasons	uniqueness of	tell the
Christian			portrait	children to	they are special	fingerprints	children
Values –				think about			about
Respect and				why they are			yourself
Love				special	A . 1.* *1		
		A -4: .: .: .	A attribute	A -4: .: 4	Activity	A attivité :	A =4::-::4:-:
		Activity	Activity	Activity	PSED – SC/SA	Activity	Activity
Oth 5t.	Damanal III mian	PSED – SC/SA	PSED - MR	PSED – SC/SA	haa Darr Andi Drilliid	PSED – SC/SA	PSED – SC/SA
Other Events		_			hos Day, Anti Bullyin	•	•
	,	•	•		ildren in Need, Hum	ian kignts Day (10	).12.21) EYFS:
	People who Hel	p Us – Fire Servic	e, Nurse, Dentist,	iviiawite etc			
Too Much Selfie	Everyone Is	Who Is	My House	Catch A Smile	Friendship Web	A Friend In	Bird Feeders
Isn't Healthy	Special -	Special To	Who lives in	Game to	Circle time to use	Need	How can we
(I Love Others)		Me?	your house?	encourage	kind/encouraging		love the

a	Mutual	Who loves		children to	words about one	Game about	wildlife in our
Christian	Respect	and cares		share their	another	looking out for	garden?
Values –		Boris? Who		smiles		and helping	
Compassion		do you love				friends in	
and Love		and care for?				need	
		Circle Time	Activity	Game	Circle Time		Activity
		PSED - MR	PSED - SC	PSED - MR	PSED - MR	Game	PSED - SC
						PSED - MR	
Other Events					1.22), Safer Internet	Day (8.2.22), Chil	dren's Mental
	·	to 13.2.22), LGBT		•		1	T
Don't Hold On	Living Together		Sharing Island	Robots and	I Am A Kind	I Make A	Emoji
To What's	and Getting	Friends	Game	Mechanics	Friend	Good Friend	Emotions
Wrong	Along - Rule of	Together	Game to	Listening to	Game to help	How to be a	Encouraging
(I Am A Good	Law	Thinking	encourage	instructions	children find	good friend	children to
Friend)		about what	sharing and	and co-	simple ways to		describe how
		we like to do	co-operation	operating with	be kind to each		they are
Christian		with our		one another	other		feeling using
Values –		friends					emotions
Forgiveness							
and Love		Game	Game	Game	Activity	Activity	Activity
		PSED - MR	PSED - MR	PSED - MR	PSED - MR	PSED - MR	PSED - MFB
Other Events				• •	th, Healthy Eating, N	ational Careers W	/eek (7 to
		ns Big Walk and W	•	· · · · · · · · · · · · · · · · · · ·	1	1	T
Fake Is A	We All Have A	Boris Has	The Truth	Sorting Words	Animal Game –	Thankful Walk	In My House
Mistake	Voice -	Game to	According To	Sorting words	Thankful To Be	Walk around	Circle time to
(I Tell The	Democracy	demonstrate	Arthur's Story	into kind and	Me	the school to	celebrate the
Truth)		the	Talking about	unkind	Pretending to be	spot things	different
		importance of	the		something else is	children are	things we do
Christian		being kind	importance of		fun but being me	thankful for	with our
Values – Faith		and truthful	telling the		is much better		families
and Love			truth				
and Love			truth				

		Game	Story	Activity	Activity	Activity	Activity			
		PSED – SC/SA	PSED - MFB	PSED - MFB	PSED - MFB	PSED – SC/SA	PSED – SC/SA			
Other Events	Personal Hygiene	e & Handwashing	(Ongoing), Natio	nal Smile Month (1	16.5.22 – 16.6.22)					
No Way		Nuts and With MyI We're Going Incy Wincy Road Blocks Cup St								
Through, Isn't		Bolts	Can	On A Bear Hunt	Spider	Moving cars	Challenge			
True		Challenge the	Describing	Interactive	Learning	around the	Challenge to			
(I Can Do It!)		children to	different	retelling of the	perseverance	mat by	see how many			
		match the	things that	story	from Incy Wincy	adhering to	cups the			
Christian		correct nuts	the children		Spider	the road signs	children can			
Values – Hope		to the correct	can do with				stack before			
and Love		bolts	their amazing				they collapse			
			body							
		Activity	Circle Time	Activity	Activity	Activity	Activity			
		PSED – SC/SA	PSED – SC/SA	PSED – MFB	PSED - MFB	PSED – SC/SA	PSED – SC/SA			
Other Events	Personal Hygiene	e & Handwashing	(Ongoing), Enter	prise, World Enviro	onment Day (5.6.22)	, Child Safety We	ek (3 to			
	10.6.22), BNF He	althy Eating Wee	k (13 to 19.6.22),	National School Sp	port Week (18 to 24	.6.22), World Refu	ugee Day			
	(20.6.22), Nation	al RSE Day (30.6.)	22), Transition to	New Classes						
RRSA Articles	2 – No discrimina	ation, 3 – Best Int	erests of the Chil	d, 4 – Making Righ	ts Equal, 6 – Life Sur	vival and Develop	oment, 7 –			
(To run through	Name and Nation	nality, 8 – Identity	, 9 – Keeping Far	milies Together, 12	– Respect for Child	ren's Views, 13 – S	Sharing			
the whole year)	Thoughts Freely, 14 – Freedom of Thought and Religion, 15 – Setting up or Joining Groups, 16 – Protection or Privacy, 17 –									
	Access to Information, 19 – Protection From Violence, 22 – Refugee Children, 23 – Children With Disabilities, 24 – Health									
	Water Food and Environment, 27 – Food Clothing & a Safe Home, 28 – Access to Education, 29 – Aims of Education, 30 –									
	•			· · ·	rts, 34 – Protection f					
	Protection from	Exploitation, 39 –	Recovery and Re	eintegration, 42 – E	Everyone Must Know	Children's Rights	S			

Unit	IMatter &							
	British Values							
Get	Mental and	Get	Power	Feelings Bingo	What goes in,	Guess Who?	Healthy	Get
Heartsmart	<b>Emotional</b>	HeartSmart	How we can	Understanding	Must come	Who we are	Choices	HeartSmart
(Meet Boris)	Health	Introduction	use our power	our emotions	out – Worms!	grateful for in	Helping Boris	reflection
	1) What	to HeartSmart	in positive and		What we put	our class and	make good	Circle time –
Christian	makes me		negative ways		in our hearts is	why	choices to	What we have
Values –	happy?				what comes		keep healthy	learned about
Thankfulness	What are				out			Get
and Love	feelings?							HeartSmart
	2) What is	HS Film	Activity	Game	Activity	Game	Game	Worksheet
	the	R&HE – CF3,	R&HE – CF3,	R&HE –	R&HE – MW1	R&HE – CF1,	R&HE – MW1,	R&HE – CF3,
	difference	MW1	CF5	PSHE –	PSHE – H2	CF2	PH1	MW1
	between	PSHE – H2, R2	PSHE – R2,			PSHE – R9	PSHE –	PSHE – R2, P4
	good		R12					
	secrets							
	and bad							
	secrets?							
	3) How does							
	my							
	behaviour							
	affect							
	others?	0	(0)		5 1.0	5 2/6/11 1 1 1	0.14.1.1.0	
Other Events	, •	e & Handwashing		•		oray, R-Y6 Height	& Weight Screeni	ng, World
5 4 6		Day (10.10.21) Bla	· · · · · · · · · · · · · · · · · · ·	· · · · · · · · · · · · · · · · · · ·				5 1.6
Don't forget	Healthy	Don't forget	Pants!	Truth or Lies	Would you	Marshmallow	Taking care of	Don't forget
To Let Love In	Lifestyles	to let love in	Learning	Differentiating	rather?	test	me	to let love in
(I Am Special)	1) What	Introduction	about	between	Game of	Learning that	Ways to take	reflection
Christian	foods	to the 1st	appropriate	truths and lies	preference	there is a	care of	Circle time –
Christian	should I	HeartSmart	and	about us		choice in	ourselves	What we have
Values –	eat?	principle	innapropriate			spending and	everyday	learned about
Respect and	,		contact			saving		Don't forget to
Love								let love in

	2)	How can I look after my teeth? Why is it	HS Film R&HE – RR4, MW1 PSHE – R1, R4	Worksheet R&HE – BS3, BS4 PSHE – R10	Activity R&HE – MW1 PSHE – H3	Game R&HE – CF3 PSHE – L8	Activity R&HE – NA PSHE – L7	Activity R&HE – HP4, HP5 PSHE – H1, H6,	Worksheet R&HE – RR4, MW1 PSHE – H4, R1
		important to wash my hands?						H7, H11	
Other Events	(15	5 to 21.11.21)	, Local Charity for	g (Ongoing), UK Pa Christmas Suppo etc, JED World of	rt, Children in Ne	• • • • • • • • • • • • • • • • • • • •		• • • • • • • • • • • • • • • • • • • •	•
Too Much	Liv	ing in The	Too much	Who's	The smartest	Who looks	Teamwork –	<b>Helping Boris</b>	Too much
Selfie Isn't		der World	selfie isn't	missing?	giant in town	after me	Monsters	Discussing	selfie isn't
Healthy	1)	What are	healthy!	Developing an	How can we	Who looks	University	simple rules to	healthy
(I Love Others)		class	Introduction	awareness of	help others?	after us? How	Working as a	help keep us	reflection
		rules?	to the 2 <sup>nd</sup>	our	How have	can we show	team to reach	safe online	Circle time –
Christian	2)	Where	HeartSmart	surroundings	others helped	them our	an end goal		What we have
Values –		does our	principle	and the	us?	appreciation?			learned about
Compassion		money		people around					Too much
and Love		come		us					selfie isn't
	21	from?							healthy
	3)	What is the	HS Film	Activity	Stony	Activity	Film Clip	Worksheet	Worksheet
		environme	R&HE – CF2,	R&HE – CF1	Story R&HE – CF2,	R&HE – F1, F2,	R&HE – CF2	R&HE – OR2,	R&HE – CF2,
		nt?	CF3	PSHE – L4	CF3	F4	PSHE – L3	OR3, ISH1	CF3
		110.	PSHE – R1, R2	13112 24	PSHE – L1	PSHE – H13	TOTIL LO	PSHE – H12	PSHE – R1, R2
	Liv	ing	1.5.12 112,112			. 5/12 1115			1.0.12 112,112
		gether and							
		tting Along							
		y role and							
		role of							
	oth	ners in							

	society) - Rule of Law							
Other Events		ie & Handwashing GBT History Mont			.1.22), Safer Inter	rnet Day (8.2.22),	Children's Menta	l Health Week
Don't Hold On To What's Wrong (I Am A Good Friend)  Christian Values – Forgiveness and Love	Living in The Wider World  1) What are class rules?  2) Where does our money come from?	Don't Hold On To What's Wrong Introduction to the 3 <sup>rd</sup> HeartSmart principle	Goldilocks and Baby Bear Thinking about the motive behind our behaviour, how our behaviour affects others and how to make amends	Forgiveness Fizz Discussion around how forgiveness can help hard situations disappear	Chalk Faces Different ways we can handle negative emotion effectively	Disappointed Robots Exploring different ways to handle disappointme nt	Builders and Wreckers How the words we use can build others up or knock them down	Don't Hold On To What's Wrong reflection Circle time – What have we learnt?  Worksheet R&HE – CF4,
	3) What is the environme nt?  Making it Fair - Democracy	HS Film R&HE – CF4, RR2 PSHE – H2	Activity R&HE – RR1, CF5 PSHE –R2, R4	Activity R&HE – CF4 PSHE – R1	Activity R&HE – MW2, MW3, MW4 PSHE – R6, R7	Activity R&HE – MW3 PSHE – H3, H4	Activity R&HE – MW8, RR6 PSHE – R11, R14	RR2 PSHE – H2
Other Events		ie & Handwashing heel (21.3.22 – 1.		• •	· ·	~·	rs Week (7 to 12.3	3.22), Sustrans
Fake Is A Mistake (I Tell The Truth)  Christian Values – Faith and Love	Keeping Safe  1) What are the rules for keeping me safe at school and outside?	Fake is a mistake Introduction to the 4 <sup>th</sup> HeartSmart principle	The best me Being yourself is the best you, you can be	Don't hide what's inside! Don't hide your true thoughts and feelings	Mask Making Thinking about who we can trust to talk to when we are sad or mad	Telephone Whispers How small lies can have a big impact	Smile! Looking at the importance of good oral hygiene and dental health	Fake is a mistake reflection Circle time – What we have learned about Fake is a mistake!

	<ul> <li>2) What are the rules about household substance s?</li> <li>3) What is an emergenc y and what do I do?</li> <li>Only One You - Individual</li> </ul>	HS Film R&HE – CF2 PSHE – R1	Activity R&HE – NA PSHE – L8	Activity R&HE – CF3, F4 PSHE – R1, R5	Activity R&HE – CF5, BS6, BS7, BS8 PSHE –H13, H4	Game R&HE – CF2 PSHE – R4, R2	Worksheet R&HE – HP4 PSHE – H1	Worksheet R&HE – CF2 PSHE – R1
011 5	Liberty	. 0. 11	(Constant Nation	and Coulter Manager	46533 46633	) 155 W. H. (W	(1	
Other Events		_	(Ongoing), Natio					No
No Way Through, Isn't	Relationships and Sex	No way through isn't	Mission Possible	Tummy Talk Trusting our	Seeds of potential	Hearts that dream	Love a lot, Miss a lot	No way through isn't
True	Education	true!	Learning from	instincts.	There is	Creating	Circle time	true reflection
(I Can Do It!)	1) Who are	Introduction	our	Good secrets v	potential in us	Dreamboards	and activity	Circle time –
(i can bo ic.)	the people	to the final	experiences	bad secrets	all	to capture our	around	What we have
Christian	in my life	HeartSmart	and trying			hopes and	people,	learned
Values – Hope	who love	principle	again			dreams	animals and	
and Love	and care						things we	
	for me?						have lost	
	2) What are	HS Film	Activity	Activity	Activity	Activity	Worksheet	Worksheet
	the	R&HE – MW2	R&HE – MW4	R&HE – BS5,	R&HE – RR1	R&HE – MW6	R&HE – MW2,	R&HE – MW1
	difference	PSHE – H3, H4	PSHE – H3, R7	BS6	PSHE – L1, L4,	PSHE – H2	MW3, MW9	PSHE – H3, H4
	s and			PSHE – R3,	Н9		PSHE – H5, R1	
	similarities			H15				
	between							
	people?							

## Year One PSHE Overview

3) What are						
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•						
boys?						
_						
•						
-						
Mutual						
Respect and						
Tolerance						
Personal Hygiene & Handwashing	(Ongoing), Enter	prise, World Envii	ronment Day (5.6	.22), Child Safety	Week (3 to 10.6.2	2), BNF Healthy
Eating Week (13 to 19.6.22), Natio	onal School Sport	Week (18 to 24.6	.22), World Refug	gee Day (20.6.22),	<b>National RSE Day</b>	(30.6.22),
Fransition to New Classes, JED Wo	orld of Work					
2 – No discrimination, 3 – Best Int	erests of the Chil	d, 4 – Making Rig	hts Equal, 6 – Life	Survival and Deve	elopment, 7 – Nar	me and
of Thought and Religion, 15 – Sett	ing up or Joining	Groups, 16 – Prot	ection or Privacy,	, 17 – Access to In	formation, 19 – P	rotection From
Violence, 22 – Refugee Children, 7	23 – Children Witl	h Disabilities, 24 –	- Health Water Fo	od and Environm	ent, 27 – Food Clo	othing & a Safe
					· ·	
	-,		,		, =:::,:::0::	
	the similarities between girls and boys?  Everyone is Special - Mutual Respect and Tolerance  Personal Hygiene & Handwashing Eating Week (13 to 19.6.22), Nationality, 8 – Identity, 9 – Keeping Thought and Religion, 15 – Sett Violence, 22 – Refugee Children, 24 – Access to Education, 25 – Refugee Children, 26 – Received the similarity of the similarity	the similarities between girls and boys?  Everyone is Special - Mutual Respect and Tolerance  Personal Hygiene & Handwashing (Ongoing), Enter Eating Week (13 to 19.6.22), National School Sport Transition to New Classes, JED World of Work 2 - No discrimination, 3 - Best Interests of the Chil Nationality, 8 - Identity, 9 - Keeping Families Toge of Thought and Religion, 15 - Setting up or Joining Violence, 22 - Refugee Children, 23 - Children Withhome, 28 - Access to Education, 29 - Aims of Education, 29 - Aims of Education, 29 - Aims of Education, 29 - Protection from Sexual Abuse, 36 - Protection	the similarities between girls and boys?  Everyone is Special - Mutual Respect and Tolerance  Personal Hygiene & Handwashing (Ongoing), Enterprise, World Environmental Respect and Tolerance  Personal Hygiene & Handwashing (Ongoing), Enterprise, World Environmental Respect and Tolerance  Personal Hygiene & Handwashing (Ongoing), Enterprise, World Environmental Respect to the Child, 4 - Making Right Respect to the Child, 4 - Making Right Respect to the Child, 4 - Making Right Respect to the Child, 8 - Identity, 9 - Keeping Families Together, 12 - Respect to the Child, 8 - Identity, 9 - Keeping Families Together, 12 - Respect to the Child, 15 - Setting up or Joining Groups, 16 - Protection from Respect to the Child, 25 - Access to Education, 26 - Aims of Education, 30 - Minor Respectively.	the similarities between girls and boys?  Everyone is Special - Mutual Respect and Tolerance  Personal Hygiene & Handwashing (Ongoing), Enterprise, World Environment Day (5.6 Eating Week (13 to 19.6.22), National School Sport Week (18 to 24.6.22), World Refug Transition to New Classes, JED World of Work  2 – No discrimination, 3 – Best Interests of the Child, 4 – Making Rights Equal, 6 – Life Nationality, 8 – Identity, 9 – Keeping Families Together, 12 – Respect for Children's Violationality, 8 – Identity, 9 – Keeping Families Together, 12 – Respect for Children's Violationality, 8 – Recovery Refuge Children, 23 – Children With Disabilities, 24 – Health Water Follome, 28 – Access to Education, 29 – Aims of Education, 30 – Minority Culture Language 4 – Protection from Sexual Abuse, 36 – Protection from Exploitation, 39 – Recovery	the similarities between girls and boys?  Everyone is Special - Mutual Respect and Tolerance  Personal Hygiene & Handwashing (Ongoing), Enterprise, World Environment Day (5.6.22), Child Safety Seating Week (13 to 19.6.22), National School Sport Week (18 to 24.6.22), World Refugee Day (20.6.22), Transition to New Classes, JED World of Work  2 – No discrimination, 3 – Best Interests of the Child, 4 – Making Rights Equal, 6 – Life Survival and Development Day (19.6.22), Proposition of the Child, 19.6.22), Proposition of the Child, 20.6.22, Proposition of the Child, 30.6.22, Proposition of the Child, 4 – Making Rights Equal, 6 – Life Survival and Development Day (19.6.22), Proposition of the Child, 4 – Making Rights Equal, 6 – Life Survival and Development Day (19.6.22), Proposition of the Child, 4 – Making Rights Equal, 6 – Life Survival and Development Day (19.6.22), Proposition of the Child, 4 – Making Rights Equal, 6 – Life Survival and Development Day (19.6.22), Proposition of the Child, 4 – Making Rights Equal, 6 – Life Survival and Development Day (19.6.22), Proposition of the Child, 4 – Making Rights Equal, 6 – Life Survival and Development Day (19.6.22), Proposition of the Child, 4 – Making Rights Equal, 6 – Life Survival and Development Day (19.6.22), Proposition of the Child, 4 – Making Rights Equal, 6 – Life Survival and Development Day (19.6.22), Proposition of the Child, 4 – Making Rights Equal, 6 – Life Survival and Development Day (19.6.22), Proposition of the Child, 4 – Making Rights Equal, 6 – Life Survival and Development Day (19.6.22), Proposition of the Child, 4 – Making Rights Equal, 6 – Life Survival and Development Day (19.6.22), Proposition of the Child, 4 – Making Rights Equal, 6 – Life Survival and Development Day (19.6.22), Proposition of the Child, 4 – Making Rights Equal, 6 – Life Survival and Development Day (19.6.22), Proposition of the Child, 4 – Making Rights Equal, 6 – Life Survival and Development Day (19.6.22), Proposition of the Child, 4 – Making Rights Equal, 6 – Life Survival	the similarities between girls and boys?  Everyone is special - Mutual Respect and Tolerance  Personal Hygiene & Handwashing (Ongoing), Enterprise, World Environment Day (5.6.22), Child Safety Week (3 to 10.6.2 Cating Week (13 to 19.6.22), National School Sport Week (18 to 24.6.22), World Refugee Day (20.6.22), National RSE Day Transition to New Classes, JED World of Work  2 - No discrimination, 3 - Best Interests of the Child, 4 - Making Rights Equal, 6 - Life Survival and Development, 7 - Nar Nationality, 8 - Identity, 9 - Keeping Families Together, 12 - Respect for Children's Views, 13 - Sharing Thoughts Freely, of Thought and Religion, 15 - Setting up or Joining Groups, 16 - Protection or Privacy, 17 - Access to Information, 19 - Poliolence, 22 - Refugee Children, 23 - Children With Disabilities, 24 - Health Water Food and Environment, 27 - Food Cladome, 28 - Access to Education, 29 - Aims of Education, 30 - Minority Culture Language and Religion, 31 - Rest Play Culture Protection from Sexual Abuse, 36 - Protection from Exploitation, 39 - Recovery and Reintegration, 42 - Everyone No

Unit	IMatter &							
	British Values							
Get	Mental and	Get	Power Plus	Heart	Bright Hearts	Love Map	<b>Boris Face</b>	Get
Heartsmart	<b>Emotional</b>	HeartSmart	Describing	Decisions	What is in our	Identifying	Plate	HeartSmart
	Health	Introduction	how we can	Considering	hearts, is	special people	Creating a	reflection
Christian	1) What is	to HeartSmart	use our power	the	played out in	and how they	robot face	Circle Time –
Values –	the		in positive and	reputations	our words and	show us love	from healthy	What we have
Thankfulness	difference		negative ways	we would like	actions		food	learned about
and Love	between			to have				Get
	small							HeartSmart
	feelings	HS Film	Activity	Activity	Activity	Worksheet	Activity	Worksheet
	and big	R&HE – CF3,	R&HE – CF3	R&HE – CF2,	R&HE – MW3,	R&HE – F1, F3	R&HE – HE2,	R&HE – CF3,
	feelings?	MW1	PSHE – L1	MW4	MW4	PSHE – R9	HE3	MW1
	2) How can I	PSHE – H2, R2		PSHE – H2	PSHE – H2		PSHE – H1	PSHE – R2, R4
	keep safe							
	online?							
	3) What							
	makes							
	others							
	happy?							
	What is							
	the							
	difference							
	between							
	joking,							
	teasing							
	and							
	bullying? Welcome to							
	Our Class							
	– Mutual							
	respect,							

	tolerance and diversity							
Other Events				pean School Sport (October), JED W	• • • • • • • • • • • • • • • • • • • •	pray, R-Y6 Height	& Weight Screeni	ing, World
Don't forget	Healthy	Don't forget	I am cubes	Trash or truth	Meaning of	Boundin	Heartbeat	Don't forget
To Let Love In  Christian  Values –  Respect and Love	Lifestyles  1) How do I keep myself healthy?  2) Why is it important to keep active?  3) How can I prevent diseases from	to let love in Introduction to the 1st HeartSmart principle  HS FIIM R&HE – RR4, MW1 PSHE – R1, R4	Recognising and celebrating our strengths and ways in which we are all unique  Worksheet R&HE – RR4 PSHE – H3	Learning to differentiate between the truths and lies that we hear or speak about ourselves Activity R&HE – RR4, RR5 PSHE – L3	my name Writing an acrostic poem for your name by selecting words that describe you  Activity R&HE – NA PSHE – L8	Discussion around how being thankful for what we have, changes our attitude  Film Clip R&HE – MW6 PSHE – H3	Noting the difference in our heart rate after physical activity. Loving ourselves means looking after ourselves Activity R&HE – PH1, PH2, PH3 PSHE – H1	to let love in reflection Circle time — What we have learned about Don't forget to let love in!  Worksheet R&HE — RR4, MW1 PSHE — H4, R1
	spreading ?  Living Together and Getting Along (What are the rules?) – Rule of Law and Democracy							
Other Events	(15 to 21.11.21)	•	Christmas Suppo	ort, Children in Ne	• • • • • • • • • • • • • • • • • • • •		o 19.11.21), Road YFS: People Who	•

Too Much Selfie Isn't Healthy	Living in the Wider World  1) What	Too much selfie isn't healthy!	Spot the difference Be aware of	Secret Kindness Agents	Everyday heroes Thinking	We all fit together Looking at	HeartSmart on the playground,	Too much selfie isn't healthy
(I Love Others)	groups am	Introduction	surroundings	Looking for	about people	how we are	HeartSmart	Reflection
,	I part of?	to the 2 <sup>nd</sup>	and the	opportunities	who look after	the same and	Online	Circle time –
Christian	2) How do	HeartSmart	people around	to do	us in our	how we are	Rules for	What we have
Values –	we make	principle	you	something	community	different	keeping safe	learned about
Compassion	choices			kind for others			online	too much
and Love	about							selfie isn't
	spending							healthy!
	money?	HS Film	Activity	Activity	Activity	Activity	Worksheet	Worksheet
	3) How can	R&HE – CF2, CF3	R&HE – CF1 PSHE – L4	R&HE – CF3, RR2	R&HE – RR1,	R&HE – RR1,	R&HE – OR2,	R&HE – CF2, CF3
	we look after the	PSHE – R1, R2	PSHE - L4	PSHE – R4	RR5, BS8 PSHE – L10	RR5 PSHE – L9, R8	OR3, OR5, ISH7	PSHE – R1, R2
	environme	P3HE - K1, K2		P3HE - K4	h2UE - F10	P3HE - L9, KO	PSHE – H12,	P30E - K1, K2
	nt?						H14, H15	
	110:						1114,1113	
	Making it Fair							
	<ul><li>Democracy</li></ul>							
	and Rule of							
	Law							
Other Events	, 0	ne & Handwashing		• , ,	.1.22), Safer Inter	rnet Day (8.2.22),	Children's Menta	l Health Week
		GBT History Mont			I		1	-
Don't Hold On	Living in the	Don't Hold On	That's what	Balloon	Let the ouch	Traffic Lights	Crumpled	Don't hold on
To What's	Wider World	To What's	friends are for	Spoons	out	Ways to	Hearts	to what's
Wrong	1) What	Wrong	(Shrek)	Demonstratin	Reflecting on	handle 	Demonstratin	wrong
(I Am A Good	groups am	Introduction	Saying sorry	g how holding	helpful ways	negative	g the	Reflection
Friend)	I part of?	to the 3 <sup>rd</sup>	and offering	onto	to deal with	emotion	consequences	Circle Time –
Christian	2) How do	HeartSmart	forgiveness	unforgiveness	hurt		of teasing or	What we have
Christian Values –	we make choices	principle	between friends	can make us feel			bullying	learnt? Worksheet
	about		Film Clip	Activity	Worksheet	Activity	Activity	worksneet
Forgiveness and Love	about	HS Film	R&HE – CF4	ACTIVITY	vvorksneet	Activity	Activity	
and Love	<u> </u>	113 FIIIII	NOTE - CF4					

	spending money? 3) How can we look after the environme nt?	R&HE – CF4, RR2 PSHE – H2	PSHE – R6	R&HE – MW3, MW4 PSHE – H4	R&HE – MW7, MW9 PSHE – H4, H5	R&HE – MW3, MW9 PSHE – H4, H13	R&HE – MMW8, RR6, BS7 PSHE – R13, R14	R&HE – CF1, CF2, CF3, CF4 & CF5 PSHE – H2
	My Many Coloured Day – Individual Liberty							
Other Events		ne & Handwashing /heel (21.3.22 – 1.		• • • • • • • • • • • • • • • • • • • •	•	<b>-</b>	rs Week (7 to 12.3	3.22), Sustrans
Fake Is A	Keeping Safe	Fake is a	Grains of Sand	The truth	Real is a big	Nice to meet	Sun Safe!	Fake is a
Mistake (I Tell The Truth)  Christian Values – Faith and Love	1) How do medicines help us when we are unwell?  2) How do I	Mistake! Introduction to the 4 <sup>th</sup> HeartSmart Principle	There never has and never will be another one of me	about me Not all the thoughts we have about ourselves are true	deal Discussing how different emotions feel	you! Looking at ways to be polite when meeting others	Thinking of ways to stay safe in the sun	Mistake Reflection Circle time – What we have learned about Fake is a Mistake!
	keep safe at home?  3) What is my responsibil ity for keeping myself and others safe?	HS Film R&HE – CF2 PSHE – R1	Activity R&HE – NA PSHE – L8	Discussion R&HE – MW1, MW4 PSHE – R4, R12	Worksheet R&HE – MW2, MW3 PSHE – H4, R1	Game R&HE – RR3 PSHE – R8	Activity R&HE – HP2 PSHE – H1	Worksheet R&HE – CF2 PSHE – R1

Other Events	Personal Hygier	ne & Handwashing	g (Ongoing), Natio	onal Smile Month	(16.5.22 – 16.6.22	2), JED World of V	Vork	
No Way	Relationships	'No way	Road Signs	Ways to say	Rainbows	Imagine a	Energy	'No way
Through, Isn't	and Sex	through isn't	Finding	Looking at	from rain	bright future	Detectives	through isn't
True	Education	true'	alternative	seemingly	Overcoming	Imagining	Looking for	true'
(I Can Do It!)	1) What is	Introduction	solutions to	impossible	challenges and	'What if' in a	signs of	Reflection
	private?	to the final	problems	situations in	difficulties	positive way	energy and	Circle time –
Christian	(Body	HeartSmart		different ways			thinking about	What we have
Values – Hope	Parts)	principle					ways to	learned about
and Love	2) What						conserve it	'No way
	happens							through' isn't
	when the							true!
	body	HS Film	Activity	Activity	Activity	Activity	Activity	Worksheet
	grows	R&HE – MW2	R&HE – MW2	R&HE – MW2,	R&HE – MW2,	R&HE – MW1	R&HE – NA	R&HE – MW2
	young to	PSHE – H3, H4	PSHE – H3	MW4	MW4	PSHE – H1, H2	PSHE – L1, L5	PSHE – H3, H4
	old?			PSHE – H4	PSHE – H3			
	3) What is							
	fair,							
	unfair,							
	kind and							
Other E	unkind?		(0			22) Child Cafe	March (2.15.40.63	22) DNE Haalde
Other Events		ne & Handwashing		· · · · · · · · · · · · · · · · · · ·		•	•	•
		B to 19.6.22), Nati w Classes, JED W		. Week (18 to 24.6	o.22), world Relug	gee Day (20.6.22)	, National RSE Da	y (30.6.22),
RRSA Articles		nation, 3 – Best In		ld 4 Making Dig	hts Equal 6 Life	Survival and Day	volonment 7 Na	moand
(To run		Identity, 9 – Keep			· · · · · · · · · · · · · · · · · · ·			
through the	· ·	Religion, 15 – Set		the state of the s				
whole year)	_	Refugee Children,	•		•		· · · · · · · · · · · · · · · · · · ·	
wildle year)	•	ess to Education,		•				
		from Sexual Abus						
	Children's Right		e, 30 – FIOLECTION	THOMESHORALIO	ii, 33 – Recovery a	and hemilegration	i, 42 – Everyone i	VIUST KIIUW
	Ciliuleii 3 Nigiit	.3						

## Year Three PSHE Overview

Heartsmart (Meet Boris)  Christian Values – Thankfulness and Love  Emotional Health 1) How do my feelings affect my behaviour ? How can I manage my	Get HeartSmart Introduction to HeartSmart  HS Film R&HE – CF1,	Batteries Looking at ways we can be positive (kind) and negative (unkind) to one another	Inside Out Recalling memories and associating a feeling with them	Guard your Heart Thinking about the things we need to guard our hearts	My Squad Listing the people in our lives we are grateful for	Full or empty? Thinking of the benefits of living a healthy lifestyle	Get HeartSmart reflection What we have learned about Get
Heartsmart (Meet Boris)  Christian Values – Thankfulness and Love  Emotional Health  1) How do my feelings affect my behaviour ? How can I manage my feelings?	HeartSmart Introduction to HeartSmart HS Film	Looking at ways we can be positive (kind) and negative (unkind) to one another	Recalling memories and associating a feeling with	Heart Thinking about the things we need to guard our hearts	Listing the people in our lives we are	Thinking of the benefits of living a healthy	HeartSmart reflection What we have learned about
the ways we communic ate online? 3) What am I good at?  Democracy for All – Lesson 1 + Lesson 2 Rule of Law and Democracy	CF3, MW1 PSHE – H2, R2	Activity R&HE – CF1, CF2 PSHE – R2	Film Clip R&HE – MW3, MW4 PSHE – H7	from Game R&HE – CF5 PSHE – R3	Worksheet R&HE – F1, CF1 PSHE – R4	Worksheet R&HE – PH1, PH3, PH4	HeartSmart!  Worksheet R&HE – CF3, MW1 PSHE – H1, R2

Don't forget To Let Love In (I Am Special)  Christian Values – Respect and Love	Healthy Lifestyles  1) What is a healthy diet? What is an unhealthy diet?  2) How do I keep safe in the sun?  3) Why is personal	Don't forget to let love in! Introduction to the first HeartSmart principle  HS Film R&HE – RR4, MW1 PSHE – H1, R2	Wear it with pride Learning to accept the encourageme nt given to us by others  Activity R&HE - CF1, CF3 PSHE - L8	Love is Considering what love is and what it isn't  Worksheet R&HE – F6, CF2, CF5 PSHE – L4	Moana Comparing 'Te Fiti' before and after she 'let love in'  Film Clip R&HE – MW2, MW4, MW7 PSHE – R1	Growing gratitude Listing things we are grateful for an why  Activity R&HE – RR3 PSHE – H1	Love yourself Making good choices to keep our hearts healthy  Activity R&HE – HE1,HE2 PSHE – H1, H3	Don't forget to let love in Reflection What we have learned about Don't forget to let love in!  Worksheet R&HE – RR4, MW1 PSHE – H1, H7
	hygiene important ?  Free to be me (Lesson 1)— Individual Liberty							
Other Events	(15 to 21.11.21)	•	Christmas Suppo	ort, Children in Ne	I Ethos Day, Anti Bu ed, Human Rights	, ,	• • • • • • • • • • • • • • • • • • • •	•
Too Much	Living in the	Too much	Flip your	What's your	Elizabeth	No man is an	Padlocked	Too much
Selfie Isn't	Wider World	selfie isn't	phone	emergency	Everest	island	Privacy	selfie isn't
Healthy	1) How do	healthy	How can you	How to	Honouring	Working	Discussing	healthy
(I Love Others)	rules and	Introduction	be #unselfie	respond in an	others for	together,	why it is	Reflection
	law	to the 2 <sup>nd</sup>	and doing something	emergency	their kindness	listening to one another	important to keep personal	What have we learned about

Christian	protect	HeartSmart	kind for			and respecting	information	Too much
Values –	me?	principle	others?			other's views	private	selfie isn't
Compassion	2) What is	pp.c					p	healthy!
and Love	the		Worksheet	Activity	Activity	Game	Worksheet	Worksheet
	difference	HS Film	R&HE – CF3,	R&HE – BFA1	R&HE – RR5	R&HE – CF2,	R&HE – OR3,	R&HE – CF2,
	between	R&HE – CF2,	RR2	PSHE – H15	PSHE – R7	CF3	OR5	CF3
	my local	CF3	PSHE – R7			PSHE – L8	PSHE – H22	PSHE – R1, R2
	British	PSHE – R1, R2						,
	communiti	,						
	es and							
	global							
	communiti							
	es?							
	3) What are							
	the links							
	between							
	work and							
	money?							
	Welcoming							
	New People							
	(Something							
	Else) – Lesson							
	1 + 2 – Mutual							
	Tolerance and							
	Respect for Diversity							
Other Events	•	ା ne & Handwashing	(Ongoing) World	d Poligion Day (17	/ 1 22) Safar Inta	rnot Day (8.2.22)	Children's Ments	l Health Week
Other Events		.GBT History Mont			.1.22), Salei IIIle	THEL Day (0.2.22),	Cimulen s Mente	arrieatur vveek
Don't Hold On	Living in the	Don't Hold On	Magic Water	Play it out	Balloon Blast	Marble Jar	Who am I?	Don't hold on
To What's	Wider World	To What's	Demonstratin	Considering	Demonstratin	Discussion	Recognising	to what's
Wrong	1) How do	Wrong	g the effects	different ways	g the benefits	around how	and	wrong
Ŭ.	rules and		of saying sorry	,				reflection

(I Am A Good		law	Introduction		to respond to	of letting go of	trust is built	challenging	What we have
1 '			to the 3 <sup>rd</sup>		•	0.0		0 0	
Friend)		protect			scenarios	hurt	and betrayed	stereotypes	learnt?
Ch. tatte	2)	me?	HeartSmart						
Christian	2)	What is	principle	<b>5</b>					20115 054
Values –		the		Discussion					R&HE – CF4,
Forgiveness		difference		R&HE – CF4,	Worksheet	Activity	Film Clip	Worksheet	RR2
and Love		between	HS Film	CF5, RR3	R&HE – CF4	R&HE – CF4,	R&HE – CF2,	R&HE – RR7	PSHE – H1, H7
		my local	R&HE – CF4,	PSHE – R7,	PSHE – R2	MW2	CF5	PSHE – R16	
		British	RR2	R12		PSHE – R12	PSHE – R3		
		communiti	PSHE – H1						
		es and							
		global							
		communiti							
		es?							
	3)	What are							
		the links							
		between							
		work and							
		money?							
Other Events	Pei	rsonal Hygien	l ne & Handwashing	(Ongoing), Sun S	l afety, Dental Hea	lth, Healthy Eatin	l g, National Caree	rs Week (7 to 12.3	3.22), Sustrans
	Big	Walk and W	heel (21.3.22 – 1.	4.22) National Sch	nool's Autism Awa	areness Week, JED	World of Work		
Fake Is A	Ke	eping Safe	Fake is a	Spot the	Shame	Circle of Trust	<b>Build on Truth</b>	Allergy Allies	Fake is a
Mistake	1)	What	mistake!	Difference	Detectives	Thinking	Importance of	Learning the	mistake
(I Tell The		happens	Introduction	The real me is	Spotting	about	truth to build	facts and	reflection
Truth)		when I	to the 4 <sup>th</sup>	the best me	shame and	appropriate	strong	science about	What we have
		breathe	HeartSmart		replacing it	and	friendships	allergies	learned about
Christian		smoke in	principle		with truth	inappropriate			Fake is a
Values – Faith		the air?				contact			mistake!
and Love	2)	How do I							
		recognise	HS Film	Activity	Worksheet	Worksheet	Discussion	Discussion	Worksheet
		risks in my	R&HE – CF2	R&HE – OR1,	R&HE – CF3,	R&HE – BS3,	R&HE – CF2	R&HE – HP6	R&HE – CF2
		life?	PSHE – R2	ISH6	MW2	BS5		PSHE –	PSHE – R2

	3) What do I do in an emergenc		PSHE – R7	PSHE – H1, H6	PSHE – H1	PSHE – R2, R3, R7		
	у?							
	Games Without rules - Lessons 1 - 4 *These can be							
	condensed if necessary British Value – Rule of Law							
Other Events	Personal Hygien	e & Handwashing	(Ongoing), Natio	nal Smile Month	(16.5.22 – 16.6.22	2), JED World of W	/ork	
No Way	Relationships	'No way	Snakes and	Get back up	I can help!	Dream	Embracing	'No way
Through, Isn't	and Sex	through' isn't	ladders	Importance of	Learning how	Attitudes	Change	through' isn't
True	Education	true!	Thinking	getting back	to respond to	Developing	How to	true reflection
(I Can Do It!)	1) What is	Introduction	about	up and trying	emergency	the right	manage	What we have
	personal	to the final	progress	again	first aid	attitudes to	change well	learned about
Christian	space?	HeartSmart	(ladders) and		situations	achieve our		'No way
Values – Hope	2) What does	principle	setbacks			dreams		through' isn't
and Love	a healthy relationshi p look like?	HS Film R&HE – MW2 PSHE – H6, H7	(snakes) Activity R&HE – MW3, MW4	Discussion R&HE – MW1 PSHE – H7	Activity R&HE – BFA2 PSHE – H15	Worksheet R&HE – MW1 PSHE – H5, H7	Activity R&HE – MW2, MW3, MW4	true! Worksheet R&HE – MW2 PSHE – H6, H7
	3) Why is being	P30E - 00, 07	PSHE – H5, H7	P30E - 07	P30E - 013	P30E - 03, 07	PSHE – H7, H8	P30E - 00, 07
	equal in a relationshi p							
	important ?							

# Year Three PSHE Overview

	Plan to be good – Individual Liberty & Rule of Law
Other Events	Personal Hygiene & Handwashing (Ongoing), Enterprise, World Environment Day (5.6.22), Child Safety Week (3 to 10.6.22), BNF Healthy Eating Week (13 to 19.6.22), National School Sport Week (18 to 24.6.22), World Refugee Day (20.6.22), National RSE Day (30.6.22), Transition to New Classes, JED World of Work
RRSA Articles	2 – No discrimination, 3 – Best Interests of the Child, 4 – Making Rights Equal, 6 – Life Survival and Development, 7 – Name and
(To run	Nationality, 8 – Identity, 9 – Keeping Families Together, 12 – Respect for Children's Views, 13 – Sharing Thoughts Freely, 14 – Freedom
through the	of Thought and Religion, 15 – Setting up or Joining Groups, 16 – Protection or Privacy, 17 – Access to Information, 19 – Protection From
whole year)	Violence, 22 – Refugee Children, 23 – Children With Disabilities, 24 – Health Water Food and Environment, 27 – Food Clothing & a Safe Home, 28 – Access to Education, 29 – Aims of Education, 30 – Minority Culture Language and Religion, 31 – Rest Play Culture and Arts, 34 – Protection from Sexual Abuse, 36 – Protection from Exploitation, 39 – Recovery and Reintegration, 42 – Everyone Must Know Children's Rights

Unit	IMatter & British Values							
Get	Mental and	Get	Words have	Reap what	Wily wolf	Family Recipe	<b>Healthy Minds</b>	Get
Heartsmart	<b>Emotional</b>	HeartSmart	Power	you sow	Thinking	Thinking	Recognising	HeartSmart
(Meet Boris)	Health 1) What is	Introduction to HeartSmart	Demonstratin g	Suggesting ways we can	about and discussing	about the characteristics	what positively and	reflection What we have
Christian	resilience?		consequences	grow a desired	how we know	that make a	negatively	learned about
Values –	2) What does		of the words	characteristic	who we can	healthy family	affects our	Get
Thankfulness	it mean to		we use about	e.g kindness	trust	life	mental health	HeartSmart
and Love	have		ourselves and					
	responsibil		others					
	ity over							
	my	HS Film	Activity	Activity	Discussion	Activity	Worksheet	Worksheet
	choices	R&HE – CF1,	R&HE – MW8,	R&HE – CF2	R&HE – BS1,	R&HE – F2	R&HE – MW1,	R&HE – CF1,
	and	CF3, MW1	RR5, RR6	PSHE – R11	BS5	PSHE – R4	MW10	CF3, MW1
	actions?	PSHE – H2, R2	PSHE – R7		PSHE – R21,		PSHE – H1,	PSHE – H1, R2
	3) What is				H23		H14	
	discrimina							
	tion?							
	Democracy for							
	All – Lesson 1							
	+ Lesson 2							
	– Rule of Law							
	and							
	Democracy							
Other Events	Personal Hygien	ie & Handwashing	g (Ongoing), Europ	ean School Sport	s Day, Nasal flu s	pray, R-Y6 Height	& Weight Screeni	ng, World
	Mental Health D	Day (10.10.21) Bla	ck History Month	(October), JED W	orld of Work			
Don't forget	Healthy	Don't forget	Heart to heart	Brilliant me	One in a	Don't agree	Hands Up!	Don't forget
To Let Love In	Lifestyles	to let love in!	Looking at	ball	million	with I don't	Creating a	to let love in
(I Am Special)	1) How do I	Introduction	ways we feel	Celebrating	Comparing	like me	catchy	reflection
	make sure	to the first	loved	our strengths	measurement	Highlighting	rhyme/song or	What we have
					to determine	things about	rap to remind	learned about

Christian	I sleep	HeartSmart		and	our	our bodies we	others about	Don't forget to
Values –	well?	principle		achievements	uniqueness	are grateful	the	let love in!
Respect and	2) What is	principle		acilieveillellis	uniqueness	for	importance of	let love iii:
Love	fuel for					101	hand washing	
Love	the body?		Activity		Activity	Activity	Activity	Worksheet
	3) How do I	HS Film	R&HE – F1, F3,	Activity	R&HE – NA	R&HE – MW4	R&HE – HP5	R&HE – RR4,
	know if	R&HE – RR4,	F4	R&HE – RR4	PSHE – H5	PSHE – H1	PSHE – H12	MW1
	l'm	MW1	PSHE – R2	PSHE – H5	T SITE TIS	1 3112 111	13112 1112	PSHE – H1, H7
	physically	PSHE – H1, R2	13112 112	1 3112 113				1 3112 111,117
	ill?	13112 111,112						
	Campaign to							
	support the							
	crayons –							
	Lesson 1 + 2							
	- Democracy							
Other Events	Personal Hygien	ne & Handwashing	(Ongoing), UK Pa	rliament Week, E	thos Day, Anti Bu	llying Week (15 to	19.11.21), Road	Safety Week
	(15 to 21.11.21)	, Local Charity for	Christmas Suppo	rt, Children in Ne	ed, Human Rights	Day (10.12.21) E	YFS: People Who	Help Us – Fire
	Service, Nurse, I	Dentist, Midwife e	etc, JED World of V	Work				
Too Much	Living in the	Too much	What's	Guess my	Unseen	Teamwork	True	Too much
Selfie Isn't	Wider World	selfie isn't	missing?	feelings	heroes	makes the	Smartphone	selfie isn't
Healthy	1) What are	healthy!	Being aware	Suggesting	Thinking	dream work!	Developing an	healthy
(I Love Others)	the rights of	Introduction	of	how someone	about and	Recognising	awareness of	Reflection
	the child?	to the 2 <sup>nd</sup>	surroundings	is feeling	thanking the	that we	ways to use	What we have
Christian	2) How do we	HeartSmart	and people	based on their	unseen heroes	sometimes	mobile phones	learned about
Values –	look after our	principle	around you	facial	of our local	need help	and tablets	Too much
Compassion	money?			expressions	community	from others	responsibly	selfie isn't
and Love	3) What is			and body		and working		healthy!
	sustainability?			language		together to		
						achieve a		
						shared goal		R&HE –
	1	LIC Eiles	Cama	A ctivity	A -1::1	C	AA/audualaaa+	DCLLE
		HS Film	Game	Activity	Activity	Game	Worksheet	PSHE –

Other Events  Don't Hold On To What's Wrong (I Am A Good Friend)  Christian Values – Forgiveness and Love		R&HE – CF2, CF3 PSHE – R1, R2  e & Handwashing GBT History Mont Don't hold on to what's wrong Introduction to the 3 <sup>rd</sup> HeartSmart principle  HS Film R&HE – CF4, RR2 PSHE – H1			R&HE – RR5, BS8 PSHE – H23 C.1.22), Safer Inter Good stress, bad stress Talking about different types of stress and ways to manage negative stress Activity R&HE – MW5, MW9 PSHE – H6	R&HE – CF2, CF3 PSHE – R11, R12 met Day (8.2.22),  Boundaries Learning about personal boundaries  Discussion R&HE – RR8, BS1 PSHE – R21	R&HE – ISH2, ISH7 PSHE – H24  Children's Menta  Be Kind online Recognising and dealing with online abuse  Worksheet R&HE – ISH1, ISH5, ISH7 PSHE – R18	Don't hold on to what's wrong What we have learnt?  Worksheet R&HE – CF4, RR2 PSHE – H1, H7
Other Events		I e & Handwashing heel (21.3.22 – 1.4					rs Week (7 to 12.3	3.22), Sustrans
Fake Is A	Keeping Safe	Fake is a	Human BEings	Voice of Love	Speak Truth	Dare to be	Risky Business	Fake is a
Mistake	1) How do I	mistake!	not DOings	Who speaks	Having the	different	Learning the	mistake
(I Tell The	manage	Introduction	Celebrating	into our lives	courage to tell	When dares	facts and risks	reflection
Truth)	risks in my	to the 4 <sup>th</sup>	one another	and are they	the truth isn't	are fun and	associated	What we have
<b>a</b>	life?	HeartSmart	for who we	using the	always easy	when they are	with smoking	learned about
Christian	2) What is	principle	are not what	voice of love?		not. Thinking		Fake is a
Values – Faith	self-		we do			of ways to say		mistake
and Love	control?					no to dares		

	3) What is the difference between legal and illegal drugs? Are all drugs harmful?  We Are Britain – Lesson 3 – 7 – Mutual Tolerance and Respect for Diversity	HS FIIM R&HE – CF2 PSHE – H1	Activity R&HE – RR1, CF3 PSHE – H1, H5	Worksheet R&HE – F2, CF3 PSHE – H1, R10	Story R&HE – CF5 PSHE – R2, H13	Activity R&HE – RR8, BS1, BS5 PSHE – R15, H10	Activity R&HE – DAT1 PSHE – H17	Worksheet R&HE – CF2 PSHE – R2
Other Events		1				2), JED World of W		T and
No Way	Relationships	'No way	Endurance	Habits – help	Just keep	Dreamers	Changing me!	'No way
Through, Isn't	and Sex	through' isn't	Expedition	or hinder?	swimming	Dreaming of	Key facts	through' isn't
True	Education 1) What is	true Introduction	Thinking about the	Considering the habits we	How to	the future	about the changes that	true What we have
(I Can Do It!)	diversity?	to the final	skills and	need to	persevere and hold onto		take place in	learned about
Christian	2) Do boys	HeartSmart	attitudes	develop or	hope		puberty	'No way
Values – Hope	and girls	principle	needed to	change to	Поре		between 9 -	through' isn't
and Love	have	principie	meet a	reach our			11	true
u 2010	different		challenge	goals				i.uc
	roles?			g				
	3) What	HS Film	Activity	Worksheet	Film Clip	Activity	Worksheet	Worksheet
	changes	R&HE – MW2	R&HE – MW3,	R&HE – MW4,	R&HE – MW3,	R&HE – NA	R&HE – CAB1	R&HE – MW2
	can	PSHE – H6, H7	MW4	MW5	MW4	PSHE – H5	PSHE – H8,	PSHE – H6, H7
	happen in		PSHE – H7	PSHE – H16	PSHE – H7, R2		H13	
	my body?							

## Year Four PSHE Overview

	Encouraging Difference (Giraffes can't Dance) Lesson 2 & (Happy Feet) Lesson 3 - Respect for
	Diversity, ndividual Liberty
Other Events	Personal Hygiene & Handwashing (Ongoing), Enterprise, World Environment Day (5.6.22), Child Safety Week (3 to 10.6.22), BNF Healthy Eating Week (13 to 19.6.22), National School Sport Week (18 to 24.6.22), World Refugee Day (20.6.22), National RSE Day (30.6.22), Fransition to New Classes, JED World of Work
RRSA Articles (To run through the whole year)	RRSA Articles (To run through the whole year) 2 – No discrimination, 3 – Best Interests of the Child, 4 – Making Rights Equal, 6 – Life Survival and Development, 7 – Name and Nationality, 8 – Identity, 9 – Keeping Families Together, 12 – Respect for Children's Views, 13 – Sharing Thoughts Freely, 14 – Freedom of Thought and Religion, 15 – Setting up or Joining Groups, 16 – Protection or Privacy, 17 – Access to Information, 19 – Protection From Violence, 22 – Refugee Children, 23 – Children With Disabilities, 24 – Health Water Food and Environment, 27 – Food Clothing & a Safe Home, 28 – Access to Education, 29 – Aims of Education, 30 – Minority Culture Language and Religion, 31 – Rest Play Culture and Arts, 34 – Protection from Sexual Abuse, 36 – Protection from Exploitation, 39 – Recovery and Reintegration, 42 – Everyone Must Know Children's Rights

Unit	IMatter &							
	British Values							
Get	Mental and	Get	Boss v Leader	Lion Heart	Watch what	Letter of	Sleep Well	Get
Heartsmart	<b>Emotional</b>	HeartSmart	Considering	Describing the	you watch	thanks	Thinking	HeartSmart
(Meet Boris)	Health	Introduction	how powerful	heart	watch	Writing letters	about the	reflection
	1) What is	to HeartSmart	people lead	reputation we	Discussing	of thanks to	importance of	What we have
Christian	mental		others	would like	how to know	people who	good quality	learned about
Values –	health?				what we	support and	sleep for	Get
Thankfulness	2) How do I				should and	encourage us	health	HeartSmart
and Love	negotiate				shouldn't			
	and				watch			
	compromi	HS Film	Activity	Activity	Worksheet	Activity	Discussion	Worksheet
	se?	R&HE – CF1,	R&HE – RR1,	R&HE – CF2,	R&HE – ISH2,	R&HE – F1, F2,	R&HE – HP3	R&HE – CF1,
	3) How do I	CF3, MW1	BS4	RR1	ISH4	F4	PSHE – H2	CF3, MW1
	stay safe	PSHE – H2, R2	PSHE – L6	PSHE – H5	PSHE – H2	PSHE – R4		PSHE – H1, R2
	on a							
	mobile or							
	tablet?							
	4) How can I							
	be happy							
	being me?							
	(body Image)							
	iiiiage)							
	People Equal							
	Poem/Perfor							
	ming the							
	poem – Lesson							
	1							
	Exploring the							
	meaning of							
	equality using							
	the People							

	Equal Poem –							
	Lesson 2 –							
	Mutual							
	tolerance and							
	respect for							
	diversity							
Other Events		L & Handwaching	l g (Ongoing), Europ	lean School Sport	c Day Nacal fluic	ray R-V6 Height	l & Waight Scraani	ng World
Other Events		_	ck History Month	•	• • • • • • • • • • • • • • • • • • • •	oray, it To Height	& Weight Screen	iig, world
Don't forget	Healthy	Don't forget	Gunner	Make the	Under	Allocating	Help!	Don't forget
To Let Love In	Lifestyles	to let love in!	Making the	right voice	pressure	Resources	Who to go to	to let love in
(I Am Special)	1) How can	Introduction	connection	choice	Thinking	Recognising	for help and	Reflection
(. / op co.a.)	we stop	to the 1st	between	Considering	about diff.	that resources	how to keep	What we have
Christian	the spread	HeartSmart	Gunner's story	the way the	sources of	can be	asking until	learned in
Values –	of	principle	and don't	words we	pressure,	allocated in	help is given	Don't forget to
Respect and	infection?		forget to let	listen to about	including from	different ways	' '	let love in!
Love	2) Why is it		love in!	ourselves	our friends,	and these		
	important			make us feel	and ways we	choices affect		
	to know				can respond	others		
	about	HS Film	Activity	Activity	Activity	Activity	Activity	Worksheet
	nutritional	R&HE – RR4,	R&HE – CF2	R&HE – F6,	R&HE – BS5,	R&HE – NA	R&HE – BS6,	R&HE – RR4,
	content of	MW1	PSHE – R11	CF5, MW1	BS8	PSHE – L15	BS7, BS8	MW1
	food?	PSHE – H1, R2		PSHE – H1	PSHE – H13,		PSHE – H23	PSHE – H1, H7
					H14			
Other Events	Personal Hygien	e & Handwashing	g (Ongoing), UK Pa	rliament Week, E	thos Day, Anti Bu	llying Week (15 to	19.11.21), Road	Safety Week
	(15 to 21.11.21)	, Local Charity for	Christmas Suppo	rt, Children in Ne	ed, Human Rights	Day (10.12.21) E	YFS: People Who	Help Us – Fire
	Service, Nurse, I	Dentist, Midwife e	etc, JED World of V	Nork				
Too Much	Living in the	Too much	When I'm	Read my lips	Honour	<b>Great Groups</b>	Be aware	Too much
Selfie Isn't	Wider World	selfie isn't	feeling	Listening to	Thinking of	To investigate	what you	selfie isn't
Healthy	1) How are	healthy!	lonely	what others	people who	the purpose	share	healthy
(I Love Others)	rules and	Introduction	What we can	say	deserve	and role of	Developing an	Reflection
	law made	to the 2 <sup>nd</sup>	do when we		honour and	different	awareness of	What we have
Christian	and	HeartSmart	feel lonely		suggesting	groups (inc.	what you	learned about
Values –	changed?	principle					should and	Too much

Compassion and Love	2) What is fair trade? 3) How can I develop my enterprise skills?  Individual Liberty – Lesson 1 and Indidual Liberty	HS Film R&HE – CF2, CF3 PSHE – R1, R2	Activity R&HE – MW7, OR4 PSHE – H1	Game R&HE – RR1, RR2 PSHE – R10	ways to honour them Activity R&HE – RR5 PSHE – L9, L11	pressure groups) Activity R&HE – NA PSHE – L10	shouldn't share online Activity R&HE – OR1, OR4, ISH3 PSHE – H25	selfie isn't healthy! Worksheet R&HE – CF2, CF3 PSHE – R1, R2
	(Supporting other peoples' liberty) Lesson 2 – Individual Liberty							
Other Events	, 0	_	 g (Ongoing), World th (February), JED	• , ,	.1.22), Safer Inter	net Day (8.2.22),	Children's Menta	l Health Week
Don't Hold on	Living in the	Don't hold on	Different	Nelson	Emotions	I did not I am	Bully Busting	Don't hold on
to what's	Wider World	to what is	perspective	Mandela	don't drive!	Discussing	Recognising	to what is
wrong	1) How are	wrong	Developing	Describing	How to handle	how we	bullying in all	wrong
(I Am A Good	rules and	Introduction	simple	what Nelson	our emotions	respond to our	its forms and	Reflection
Friend)	law made	to the 3 <sup>rd</sup>	strategies to	Mandela's life		own mistakes	thinking about	What we have
	and	HeartSmart	resolve	teaches us			strategies to	learnt.
Christian	changed?	principle	conflict	about			deal with	
Values –	2) What is			forgiveness			bullying	Worksheet
Forgiveness	fair trade?		Activity	Discussion	Activity	Discussion	Worksheet	R&HE – CF4,
and Love	3) How can I	HS Film	R&HE – CF4,	R&HE – MW1	R&HE – MW2,	R&HE – MW3	R&HE – RR6,	RR2
	develop		RR2	PSHE – R2	MW3	PSHE – H1	MW8	PSHE – H1, H7

Other Events						_	PSHE – R18 rs Week (7 to 12.3	3.22), Sustrans
5 1 1 4		heel (21.3.22 – 1.4					- ··	
Fake Is A	Keeping Safe	Fake is a	Time to get	No need to	Soft shells	Hearts that	Decisions,	Fake is a
Mistake (I Tell The	1) How do I	mistake! Introduction	real	hide what's inside	Knowing who we can trust	welcome feedback	<b>Decisions!</b> Finding out	mistake Reflection
Truth)	respond to dares?	to the 4 <sup>th</sup>	How images we see online	Exploring how	to be	How feedback	about the risks	What we have
i i utilij	2) What are	HeartSmart	and in the	shame can	vulnerable	can help us	associated	learned about
Christian	'habits'?	principle	media don't	make us want	and open with	grow	with alcohol	Fake is a
Values – Faith	3) Who or	principie	always	to hide how	and open with	BIOW	for young	mistake!
and Love	what		represent	we really feel			people	
	influences		reality	,				
	me?							
		HS Film	Discussion	Activity	Film Clip	Activity	Activity	Worksheet
	Rules and	R&HE – CF2	R&HE - OR1,	R&HE – CF3,	R&HE – CF2,	R&HE – CF1,	R&HE – DAT1	R&HE – CF2
	Laws – Lesson	PSHE – R2	OR4, ISH6	MW2, MW3	BS1, BS8	CF3	PSHE – H17	PSHE – R2
	1– Rule of Law		PSHE – H4,	PSHE – H7,	PSHE – R2,	PSHE – R1, R7,		
			L17, L18	H14, R9	R21	R12		
Other Events	Personal Hygien	  e & Handwashing	(Ongoing) Natio	nal Smile Month	  16 5 22 = 16 6 22	  } IED World of W	/ork	
No Way	Relationships	'No way	Egg in the	Success isn't	Hope Light	Period Relay	What am I?	'No way
Through, Isn't	and Sex	through' isn't	flask	always what	Looking at the	Key facts	How to look	through' isn't
True	Education	true	Demonstratin	you see	power of	about the	after ourselves	true
(I Can Do It!)	1) What is	Introduction	g that 'No way	How the	Hope and how	menstrual	during puberty	Reflection
,	puberty?	to the final	through' isn't	successes we	it can keep us	cycle		What we have
			true	achieve on the	going			learned about

## Year Five PSHE Overview

Christian Values – Hope and Love	3) 4)	What are the different relationshi ps in my life? What is unwanted touch? Understan ding FGM (Additiona I lesson)	Heart Smart principle  HS Film R&HE – MW2 PSHE – H6, H7	Activity R&HE – MW4 PSHE – H7	inside can often be greater than those seen on the outside Worksheet R&HE – MW4 PSHE – H1, H5	Activity R&HE – MW1, MW4 PSHE – H1, H5	Worksheet R&HE – CAB2 PSHE – H13	Game R&HE – CAB1, CAB2 PSHE – H13	'No way through' isn't true! Worksheet R&HE – MW2 PSHE – H6, H7
Other Events	Ea	ting Week (13	ie & Handwashing B to 19.6.22), Nations W Classes, JED Wo	onal School Sport	•	, ,		•	
RRSA Articles (To run through the whole year)	Su - S Ac an an	rvival and Device tharing Thougons to Inform d Environmer d Religion, 31	o run through the velopment, 7 – Na hts Freely, 14 – Fr nation, 19 – Prote nt, 27 – Food Cloth – Rest Play Cultu 2 – Everyone Mus	ame and Nationali reedom of Thougl ction From Violer ning & a Safe Hom re and Arts, 34 – I	ity, 8 – Identity, 9 ht and Religion, 1. nce, 22 – Refugee ne, 28 – Access to Protection from S	– Keeping Familion – Keeping Familion – Setting up or J Children, 23 – Ch Education, 29 – A	es Together, 12 – Joining Groups, 16 ildren With Disab Aims of Education	Respect for Childi 5 – Protection or F ilities, 24 – Health , 30 – Minority Cu	ren's Views, 13 Privacy, 17 – n Water Food ulture Language

Unit	IMatter & British Values							
Get	Mental and	Get	Powerful	Stone trainers	Secret	Tying the knot	Healthy food,	Get
Heartsmart	<b>Emotional</b>	HeartSmart	Poses	Comparing	Scenarios	Recognising	healthy heart	HeartSmart
(Meet Boris)	Health	Introduction	Demonstrate	our hearts to	Recognising	the	Learning	reflection
	1) How can I	to HeartSmart	that our body	trainers – how	when it is right	importance of	about the	What we have
Christian	challenge		language can	do we keep	to keep a	commitment	Eatwell plate	learned about
Values –	negative		be used to	our hearts soft	secret and	in marriage	and how to	Get
Thankfulness	thoughts		help us feel	but strong	when a secret		plan a healthy	HeartSmart
and Love	and		more		should be		meal	
	feelings?		powerful		shared			
	2) What is	HS Film	Activity	Worksheet	Discussion	Activity	Activity	Worksheet
	stereotypi	R&HE – CF1,	R&HE – RR4,	R&HE – MW1,	R&HE – BS2,	R&HE – F5	R&HE – HE2	R&HE – CF1,
	ng?	CF3, MW1	MW6	MW3, MW4	BS5	PSHE – R5	PSHE – H3	CF3, MW1
	3) How can	PSHE – H2, R2	PSHE – H6	PSHE – H1	PSHE – R9,			PSHE – H1, R2
	the				H14			
	internet							
	positively							
	and							
	negatively							
	affect our							
	mental							
	health?							
	Democracy for							
	All – Lesson 2							
	British Value –							
	Democracy							
Other Events	, 0	•		•	ts Day, Nasal flu s	oray, R-Y6 Height	& Weight Screen	ing, World
			1	(October), JED W		T	T	T
Don't forget	Healthy	Don't forget	What are you	People say I	Thumbs up	Gratitude Jar	Signs to spot	Don't forget
To Let Love In	Lifestyles	to let love in	worth?	am	Recalling	Thinking of		to let love in
(I Am Special)					significant	the things we		Reflection

	- 23			344 11 .					344
	1)	How is my	Introduction	Working out	Encouraging	events and	are grateful	Identifying	What we have
Christian		mental	to the 1st	what we are	one another	people in our	for each week	early signs of	learned about
Values –		and	HeartSmart	worth	with kind and	lives so far		illness	Don't forget to
Respect and		physical	principle		positive words				let love in!
Love		wellbeing			& accepting				
		connected			the words				
		?			spoken about				
	2)	How do I			us				
		keep				Activity	Activity		Worksheet
		physically	HS Film	Activity	Activity	R&HE – F1, F3,	R&HE – MW1		R&HE – RR4,
		healthy?	R&HE – RR4,	R&HE – RR4	R&HE – CF3	CF1	PSHE – H1	Activity	MW1
	3)	Can I plan	MW1	PSHE – H5	PSHE – H5	PSHE – R4		R&HE – HP1	PSHE – H1, H7
		and	PSHE – H1, R2					PSHE – NA	
		prepare a							
		healthy							
İ		meal?							
1		ilical:							
Other Events		rsonal Hygien	e & Handwashing			• • • • • • • • • • • • • • • • • • • •			•
Other Events	(15	rsonal Hygien 5 to 21.11.21)	, Local Charity for	Christmas Suppo	rt, Children in Ne	• • • • • • • • • • • • • • • • • • • •			•
Other Events	(15 Sei	rsonal Hygien to 21.11.21) vice, Nurse, [	_	Christmas Suppo etc, JED World of V	rt, Children in Ne	• • • • • • • • • • • • • • • • • • • •		YFS: People Who	•
Too Much	(15 Sei	rsonal Hygien 5 to 21.11.21) rvice, Nurse, I ing in the	, Local Charity for Dentist, Midwife e Too much	Christmas Suppoetc, JED World of V	rt, Children in Ne Work Listen up!	• • • • • • • • • • • • • • • • • • • •	Day (10.12.21) E	YFS: People Who  Social media –	Help Us – Fire  Too much
	(15 Sei	rsonal Hygien to 21.11.21) vice, Nurse, [	, Local Charity for Dentist, Midwife e	Christmas Suppo etc, JED World of V	rt, Children in Ne Work	ed, Human Rights	Day (10.12.21) E	YFS: People Who	Help Us – Fire
Too Much	(15 Sei Liv Wi	rsonal Hygien 5 to 21.11.21) rvice, Nurse, I ing in the	, Local Charity for Dentist, Midwife e Too much	Christmas Suppoetc, JED World of V	rt, Children in Ne Work Listen up!	ed, Human Rights You go before	Day (10.12.21) E	YFS: People Who  Social media –	Help Us – Fire  Too much
Too Much Selfie Isn't	(15 Sei Liv Wi	rsonal Hygien to 21.11.21) vice, Nurse, I ing in the der World	, Local Charity for Dentist, Midwife e Too much selfie isn't healthy! Introduction	Christmas Suppo etc, JED World of V All the same, all different	rt, Children in Ne Work Listen up! Pratising being	You go before me	Day (10.12.21) E	Social media – good or bad?	Too much selfie isn't
Too Much Selfie Isn't Healthy	(15 Sei Liv Wi	rsonal Hygien 5 to 21.11.21) rvice, Nurse, I ing in the der World Why is it	, Local Charity for Dentist, Midwife e Too much selfie isn't healthy!	Christmas Suppo etc, JED World of V All the same, all different Demonstratin	rt, Children in Ne Work Listen up! Pratising being	You go before me Thinking of	Day (10.12.21) E  Growing together Considering	Social media – good or bad? Discussing the	Too much selfie isn't healthy
Too Much Selfie Isn't Healthy	(15 Sei Liv Wi	rsonal Hygien to 21.11.21) rvice, Nurse, I ing in the der World Why is it important	, Local Charity for Dentist, Midwife e Too much selfie isn't healthy! Introduction	Christmas Suppo etc, JED World of V All the same, all different Demonstratin g ways we are	rt, Children in Ne Work Listen up! Pratising being	You go before me Thinking of ways the	Growing together Considering ways we can	Social media – good or bad? Discussing the benefits and	Too much selfie isn't healthy Refection
Too Much Selfie Isn't Healthy (I Love Others)	(15 Sei Liv Wi	rsonal Hygien 5 to 21.11.21) rvice, Nurse, I ing in the der World Why is it important to be	, Local Charity for Dentist, Midwife of Too much selfie isn't healthy! Introduction to the 2 <sup>nd</sup>	All the same, all different Demonstratin g ways we are different and	rt, Children in Ne Work Listen up! Pratising being	You go before me Thinking of ways the generations	Growing together Considering ways we can be a good	Social media – good or bad? Discussing the benefits and dangers of	Too much selfie isn't healthy Refection What we have
Too Much Selfie Isn't Healthy (I Love Others)	(15 Sei Liv Wi	rsonal Hygien to 21.11.21) rvice, Nurse, I ing in the der World Why is it important to be critical of	, Local Charity for Dentist, Midwife of Too much selfie isn't healthy! Introduction to the 2 <sup>nd</sup> HeartSmart	All the same, all different Demonstratin g ways we are different and ways we are	rt, Children in Ne Work Listen up! Pratising being	You go before me Thinking of ways the generations before us have	Growing together Considering ways we can be a good friend and	Social media – good or bad? Discussing the benefits and dangers of	Too much selfie isn't healthy Refection What we have learned about
Too Much Selfie Isn't Healthy (I Love Others) Christian Values –	(15 Sei Liv Wi	rsonal Hygien to 21.11.21) rvice, Nurse, I ing in the der World Why is it important to be critical of the media	, Local Charity for Dentist, Midwife of Too much selfie isn't healthy! Introduction to the 2 <sup>nd</sup> HeartSmart	All the same, all different Demonstratin g ways we are different and ways we are	rt, Children in Ne Work Listen up! Pratising being	You go before me Thinking of ways the generations before us have overcome	Growing together Considering ways we can be a good friend and support one	Social media – good or bad? Discussing the benefits and dangers of	Too much selfie isn't healthy Refection What we have learned about Too much
Too Much Selfie Isn't Healthy (I Love Others)  Christian Values – Compassion	(15 Sei Liv Wi	rsonal Hygien to 21.11.21) rvice, Nurse, I ing in the der World Why is it important to be critical of the media online and	, Local Charity for Dentist, Midwife of Too much selfie isn't healthy! Introduction to the 2 <sup>nd</sup> HeartSmart	All the same, all different Demonstratin g ways we are different and ways we are	rt, Children in Ne Work Listen up! Pratising being	You go before me Thinking of ways the generations before us have overcome challenges	Growing together Considering ways we can be a good friend and support one	Social media – good or bad? Discussing the benefits and dangers of	Too much selfie isn't healthy Refection What we have learned about Too much selfie isn't
Too Much Selfie Isn't Healthy (I Love Others)  Christian Values – Compassion	(15 Sei Liv Wi 1)	rsonal Hygien to 21.11.21) rvice, Nurse, I ing in the der World Why is it important to be critical of the media online and offline?	, Local Charity for Dentist, Midwife of Too much selfie isn't healthy! Introduction to the 2 <sup>nd</sup> HeartSmart	All the same, all different Demonstratin g ways we are different and ways we are	rt, Children in Ne Work Listen up! Pratising being	You go before me Thinking of ways the generations before us have overcome challenges that we	Growing together Considering ways we can be a good friend and support one	Social media – good or bad? Discussing the benefits and dangers of	Too much selfie isn't healthy Refection What we have learned about Too much selfie isn't
Too Much Selfie Isn't Healthy (I Love Others)  Christian Values – Compassion	(15 Sei Liv Wi 1)	rsonal Hygien to 21.11.21) rvice, Nurse, I ing in the der World Why is it important to be critical of the media online and offline? How do	, Local Charity for Dentist, Midwife of Too much selfie isn't healthy! Introduction to the 2 <sup>nd</sup> HeartSmart principle	All the same, all different Demonstratin g ways we are different and ways we are the same	rt, Children in Ne Work Listen up! Pratising being a good listener	You go before me Thinking of ways the generations before us have overcome challenges that we benefit from	Growing together Considering ways we can be a good friend and support one another	Social media – good or bad? Discussing the benefits and dangers of social media	Too much selfie isn't healthy Refection What we have learned about Too much selfie isn't healthy

	3) What do I want to be?  Rules and Laws – Lesson 2	PSHE – R1, R2	PSHE – L11	PSHE – R10		PSHE – R10	PSHE – H22, H24	PSHE – R1, R2
	British Values							
Other Events	, •	e & Handwashing		• , ,	'.1.22), Safer Inter	net Day (8.2.22),	Children's Menta	l Health Week
	•	GBT History Mont			Γ		T	I
Don't Hold On	Living in the	Don't Hold On	Work it out	Power of	Way to say	Bit by bit	Deep Impact	Don't Hold On
To What's	Wider World	To What's	Developing	forgiveness –	Exploring how	Discussing	Considering	To What's
Wrong	1) Why is it	Wrong	strategies to	Jimmy	our tone and	how to build	the impact of	Wrong
(I Am A Good	important	Introduction	resolve	Mizen's	body language	trust between	bullying	Reflection
Friend)	to be	to the 3 <sup>rd</sup>	conflict and	parents	communicates	friends		What we have
	critical of	HeartSmart	disputes	Discussing	more than			learnt.
Christian	the media	principle		how we	our words			
Values –	online and			benefit when				
Forgiveness	offline?			we choose to				
and Love	2) How do			forgive others				Worksheet
	people		Activity	Discussion	Activity	Activity	Activity	R&HE – CF4,
	manage	HS Film	R&HE – CF4,	R&HE – MW1	R&HE – RR2,	R&HE – CF2,	R&HE – RR6,	RR2
	money?	R&HE – CF4,	RR2	PSHE – R12	OR1	CF5	MW8	PSHE – H1, H7
	3) What do I	RR2	PSHE – R12		PSHE – R2	PSHE –R9, R21	PSHE – R14	
	want to	PSHE – H1						
	be?							
Other Events	Personal Hygien	  e & Handwashing	(Ongoing), Sun S	l afety. Dental Hea	l lth. Healthy Fatin	National Caree	 rs Week (7 to 12 3	3.22). Sustrans
	, 0	heel (21.3.22 – 1.4		• •		•		,, 5 a a a a a a
Fake Is A	Keeping Safe	Fake is a	This is me!	HeartSmart	Boundaries	Vaccines –	Fix it, Find	Fake is a
Mistake	1) How do	mistake!	Being proud of	Self-talk	for Respect	Facts vs fake	out, Fit in!	mistake
(I Tell The	drugs	Introduction	who we are	Catching	Learning how	news!	Find out facts	Reflection
Truth)	affect the	to the 4 <sup>th</sup>		negative self-	to use		about legal	

Christian Values – Faith and Love	mind and body?  2) How do I manage	HeartSmart principle		talk and replacing it with positive self-talk	boundaries to establish respectful friendships	Finding out facts about vaccinations	and illegal substances and their risks	What we have learned about Fake is a mistake!
	peer pressure?  3) What are basic emergenc y first aid skills?	HS Film R&HE – CF2 PSHE – R2	Discussion R&HE – NA PSHE – H6, H7, R16	Discussion R&HE – MW1 PSHE – H1, H6, H7	Activity R&HE – BS1, RR2 PSHE – R3, R10, R18	Activity R&HE – HP6, ISH6 PSHE –	Activity R&HE – DAT1 PSHE – H17	Worksheet R&HE – CF2 PSHE – R2
	Individual Liberty – Lessons 3 – 5 (Staying free and avoiding peer pressure, Exploring							
	Human Rights & Exploring my individual liberties and my values) – Individual Liberty							
Other Events	, ,	e & Handwashing				•		
No Way	Relationships	'No way	The bridge to	Self-	Hearts filled	Where the	Under	'No way
Through, Isn't	and Sex	through' isn't	yet	awareness	with hope	magic	construction –	through' isn't
True	Education	true	Demonstratin	Thinking	Looking at the	happens	the teenage	true
(I Can Do It!)	1) What	Introduction	g that 'No way	about how we	power of	Learning to	brain!	Reflection
	changes	to the final	through' isn't true	are feeling, why we feel	Hope and how	step out of our comfort zones		What we have learned about

Christian Values – Hope and Love	happen in my life?  2) What happens in a loving relationshi p and what is a forced marriage?  3) How is a baby made?  Lesson 3 & 4 - People Equal Poem, Illustrating the poem, Writing	HeartSmart principle  HS Film R&HE – MW2 PSHE – H6, H7	Activity R&HE – MW3 PSHE – H1, H5, H7	that way and what we need  Activity R&HE – MW1, MW3, MW4 PSHE – H2, H16	it can keep us going  Activity R&HE – MW4 PSHE – H1, H7	Activity R&HE – MW4 PSHE – H8, H9	How the brain changes during puberty  Activity R&HE – CAB1 PSHE – H13	'No way through' isn't true! Worksheet R&HE – MW2 PSHE – H6, H7
	a class People Equal poem British Value – Mutual Tolerance and respect for diversity							
Other Events	Personal Hygiene & Handwashing (Ongoing), Enterprise, World Environment Day (5.6.22), Child Safety Week (3 to 10.6.22), BNF Healthy Eating Week (13 to 19.6.22), National School Sport Week (18 to 24.6.22), World Refugee Day (20.6.22), National RSE Day (30.6.22), Transition to New Classes, JED World of Work							
RRSA Articles (To run	RRSA Articles (To run through the whole year) 2 – No discrimination, 3 – Best Interests of the Child, 4 – Making Rights Equal, 6 – Life Survival and Development, 7 – Name and Nationality, 8 – Identity, 9 – Keeping Families Together, 12 – Respect for Children's Views, 13 – Sharing Thoughts Freely, 14 – Freedom of Thought and Religion, 15 – Setting up or Joining Groups, 16 – Protection or Privacy, 17 –							

## Year Six PSHE Overview

through the	
whole year)	

Access to Information, 19 – Protection From Violence, 22 – Refugee Children, 23 – Children With Disabilities, 24 – Health Water Food and Environment, 27 – Food Clothing & a Safe Home, 28 – Access to Education, 29 – Aims of Education, 30 – Minority Culture Language and Religion, 31 – Rest Play Culture and Arts, 34 – Protection from Sexual Abuse, 36 – Protection from Exploitation, 39 – Recovery and Reintegration, 42 – Everyone Must Know Children's Rights